



2009-2010 MEN'S SWIMMING & DIVING YEARBOOK



BRIAN LIVINGSTON



JOE McSHANE



RYAN BOATE



JOSH RODRIGUEZ



AT A GLANCE

HOLY CROSS QUICK FACTS

Location:	Worcester, MA 01610
Founded:	1843
Enrollment:	2,866
Color:	Royal Purple
Nickname:	Crusaders
Affiliations:	NCAA Division I, Patriot League
President:	Rev. Michael C. McFarland, S.J.
Director of Admissions:	Ann McDermott
Office Phone:	(508) 793-2443
Director of Financial Aid:	Lynne M. Myers
Office Phone:	(508) 793-2265
Director of Athletics:	Richard M. Regan, Jr.
Associate Director of Athletics:	Bill Bellerose
Associate Director of Athletics:	Ann Zelesky
Associate Director of Athletics:	Rose Shea
Assistant Director of Athletics:	Frank Mastrandrea
Head Athletic Trainer:	Anthony Cerundolo
Director of Athletic Media Relations:	Charles Bare
Assistant Director of Athletic Media Relations:	Jim Wrobel
Assistant Director of Athletic Media Relations:	Meredith Cook
Asst. Media Relations/Compliance:	Anna Poulter-Hendrickson
Manager of Events and Promotions:	Jennifer Kagno
Fundraising Coordinator:	Scott Graham
Web Site:	www.GoHolyCross.com

COACHING STAFF

Head Coach:	Barry Parenteau (Bridgewater State, '74)
Overall Record:	192-277-1
Record at Holy Cross (Men's):	36-97 (14th Season)
Record at Holy Cross (Women's):	156-180-1 (35th Season)
Diving Coach:	Wilson Aybar (Clark, '99)
Assistant Coach:	Ian Hennessey (Holy Cross, '03)
Volunteer Assistant Coach:	Paul Parenteau
Men's Swimming Office Phone:	(508) 793-3430
E-Mail Address:	bparente@holycross.edu
Mailing Address:	Barry Parenteau Head Men's Swimming Coach College of the Holy Cross One College Street Worcester, MA 01610

TEAM INFORMATION

2008-2009 Overall Record:	1-9
Letterwinners Returning / Lost:	14 / 11
Newcomers:	6

MISSION STATEMENT

COLLEGE OF THE HOLY CROSS DEPARTMENT OF ATHLETICS

The Mission of the Athletic Department of the College of the Holy Cross is to promote the intellectual, physical, and moral development of students. Through Division I athletic participation, our young men and women student-athletes learn a self-discipline that has both present and long-term effects; the interplay of individual and team effort; pride and self esteem in both victory and defeat; a skillful management of time; personal endurance and courage; and the complex relationships between friendship, leadership, and service. Our athletics program, in the words of the College Mission Statement, calls for "a community marked by freedom, mutual respect, and civility."

Besides teaching these virtues, a few sports played at Holy Cross have the added value of focusing alumni and student support and enhancing our reputation locally and nationally. While Holy Cross continues to commit itself to accomplishment in these sports, which are a rich part of our tradition, we choose to do so in a way that complements the pursuit of academic excellence.

Holy Cross is committed to the guiding principles of the Patriot League, of which we are a founding member: presidential control of athletics; the cultivation of the ideal scholar-athlete; and participation in a wide variety of sports. Commitment to the last principle assures that the College sponsors, in a very evident way, gender equity.

The department of athletics is also committed to compliance with all College policies and regulations involved in Division I membership in the National Collegiate Athletic Association and the Eastern College Athletic Conference. As a member of the NCAA, Holy Cross also advocates student-athlete welfare, diversity, gender equity, sportsmanship, and ethical conduct in its athletic programs.

CREDITS

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RECRUITING INFORMATION

CORRESPONDENCE

It is important for prospective student-athletes to get in touch with coach Parenteau as soon as possible. A simple e-mail or letter of inquiry into the swimming and diving program will initiate the recruiting process. Recruiting questionnaires for most sports are also available at www.GoHolyCross.com. The spring of your junior year or early senior year is the most appropriate time to contact the coach.

INTERVIEWS

Students are strongly encouraged to have admissions interviews. The office offers interviews from the summer until Dec. 30. Alumni interviews in most metropolitan areas are available. Students must first submit an application and indicate they would like an alumni interview before December 1.

EARLY DECISION

Students who are absolutely, 100 percent confident Holy Cross is their top college choice are encouraged to apply during the early decision process.

FINANCIAL AID

Financial aid is awarded on the basis of need. Prospective student-athletes should complete the CSS Profile Form in early fall.

NCAA ELIGIBILITY CERTIFICATION

The NCAA Eligibility Center certifies academic eligibility and amateurism for all prospective student-athletes who wish to compete in intercollegiate athletics at the Division I or II level. Prospective student-athletes must register

at <https://web1.ncaa.org/eligibilitycenter> and complete the online release form. Prospective student-athletes must arrange for the appropriate national testing agency to send copies of standardized test scores (e.g., SAT or ACT) directly to the NCAA Eligibility Center. Prospects must also complete the amateurism questionnaire. An institution may not provide an official visit to a prospective student-athlete until he or she registers with the NCAA Eligibility Center.

TELEPHONE CALLS

As per NCAA bylaw 13.1.3.1, institutional staff members may not telephone a prospect (or the prospect's relatives or legal guardians) prior to July 1 following the prospect's completion of the junior year in high school. After July 1, institutional staff members may telephone a prospect once per week (measured Sunday through Saturday). The once-per-week limit applies to the entire institution.

VIDEO TAPES

In an attempt to make an accurate assessment as soon as possible, it is recommended that video tapes be forwarded to coach Parenteau's attention as soon as possible. The video need not be an elaborate production. Some simple game or practice tape is sufficient with you being easily identified.

EVALUATIONS

As per NCAA bylaw 13.02.6.1, an evaluation is any off-campus activity designed to assess the academic qualifications or athletic ability of a prospect, including any visit to a prospect's educational institution (during which no contact occurs) or the observation of a prospect participating in any practice or competition at any size. We are limited in our number of evaluations per prospective student-athlete.

CONTACTS

As per NCAA bylaw 13.02.3, a contact is any face-to-face encounter between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or takes place on the grounds of the prospect's high school, or at the site of organized competition or practice involving the prospect's high school, preparatory school, two-year college, or all-star team is considered a contact, regardless of the conversation that occurs. We are limited to three off-campus contacts per prospective student-athlete.

OFFICIAL VISITS

According to NCAA bylaw 13.7.1.2, a prospect may not make more than five expense-paid visits to NCAA member institutions, regardless of the number of sports in which the prospect is involved. An institution may not provide an expense-paid visit to a prospect who has not presented the institution with a high school (or college) academic transcript and a score from a PSAT, an SAT, a PACTPlus or an ACT test taken on a national testing date under national testing conditions. Prospects must be registered with the NCAA Eligibility Center prior to making an official visit.

UNOFFICIAL VISITS

According to NCAA bylaw 13.8.1, a prospect may visit an institution's campus at the prospect's own expense an unlimited number of times and may make an unofficial visit before the prospect's senior year in high school.

ADMISSIONS AND IMPORTANT DATES

ADMISSIONS AND APPLICATIONS:

To join our mailing list and receive more information about the College of the Holy Cross, please visit <https://applyweb.com/public/inquiry?hcinq>. The application form (www.commonapp.org) can be sent electronically or mailed to the Admissions Office together with your application fee.

CALENDAR:

A typical recruiting calendar for a prospective student-athlete interested in swimming and diving would go something like this:

- Spring of Junior Year — Make unofficial visits to schools of interest and contact coach Parenteau if Holy Cross falls within your top-five list of potential colleges.
- Summer before Senior Year — Coach Parenteau will be in contact regarding student-athlete's interest and possible visit date.
- Dec. 15 of Senior Year — Deadline for admissions early decision.
- Jan. 15 of Senior Year — Deadline for admissions regular decision.

APPLICATION DEADLINES:

- December 1 — Last day to request alumni interview (application needs to be postmarked by this date).
- December 15 — Deadline for admissions early decision.
- December 30 — Last day for on-campus interviews.
- January 15 — Deadline for admissions regular decision.



SEASON OUTLOOK

2009-2010 MEN'S SWIMMING & DIVING

Returners

- 14 of 25 letterwinners

Newcomers

- Holy Cross welcomes six newcomers to its program.

The Holy Cross men's swimming and diving team returns to the pool ready to show what it is capable of. The Crusaders are committed to success in and out of the pool, as the team returns 14 members of last year's squad, nine of whom were members of the Patriot League Academic Honor Roll. The Crusaders also welcome six newcomers to the team. Head coach **Barry Parenteau's** excitement for the upcoming season has been confirmed by the team's hard work at practice. "This team is hard-working, with a lot of swimmers who want to step up and swim well," commented Parenteau. The Crusaders will put their hard work and commitment to the test when they open the season on Oct. 17 at the Hart Center.

BACKSTROKE

Returners

- Stefan Opolski
- Patrick McMahon

Newcomer

- Connor Bowman

The graduation of last season's top backstroker Brian Hendrickson and the absence of Aidan McGrath, caused by a junior year abroad opportunity, opens the door for senior **Stefan Opolski** and sophomore **Patrick McMahon** to lead the Crusaders. Opolski looks to take over the top spot, as he recorded the third fastest Holy Cross time in the 100 back at the 2009 Patriot League Championship with a time of 58.64. The improvements Opolski made last season combined with his versatility makes him a natural leader in the backstroke events. Newcomer **Connor Bowman** will add some much needed strength, as he will swim on relays and in a variety of backstroke events.

BREASTSTROKE

Returners

- Sean Hager
- Brian Livingston
- Matt Mullaney
- Michael Ragone
- Michael Burns

Newcomer

- Brian Power

Top breaststrokers **Brian Livingston** and **Michael Burns** return to lead the Crusaders in the breaststroke events. Last season the duo battled back and forth for the top times in the 100 and 200

breast, with Burns edging Livingston out in the 100 with a time of 1:02.13 and Livingston edging Burns out in the 200 with a time of 2:14.78. This year at the Worcester City Championship, Livingston will look to continue his reign atop the breaststroke events, as he owns two titles and the meet record in the 100 and took first in the 200 last season. Burns, who finished second behind Livingston in both events, will continue to push Livingston. Livingston and Burns will also be chasing the school record in the 100 breast and will see competition from newcomer **Brian Power**. Junior **Sean Hager** also returns as a top performer for the Crusaders, as he is a good all around swimmer and can swim events based on the need of the team. Returners **Michael Ragone** and **Matt Mullaney** will also bolster the lineup in the breaststroke events.



Sean Hager

BUTTERFLY

Returners

- Aaron Brosnan
- Sean Hager
- Nick Larsen

Juniors **Nick Larsen** and Hager, along with senior **Aaron Brosnan** return to the pool to lead Holy Cross in the butterfly events. This season, Larsen will look to carry over his success from last season's Patriot League Championship when he swam the team's top times of the season in the 50 (24.74) and 200 fly (2:08.33). Hager will also look to continue his success from last season's Patriot League Championship when he swam the season's fastest time in the 100 fly (55.33). Brosnan will continue to push Larsen and Hager, as he recorded the second fastest times in the 100 (55.56) and 200 fly (2:10.17) last season.



SEASON OUTLOOK

SPRINT FREESTYLE

Returners

- Matthew Hynes
- Nick Larsen
- Joseph McShane

Newcomers

- Connor Bowman
- Chris Malfitano
- Edward Supple
- John Vatalaro

Top Holy Cross sprinter, senior **Joseph McShane** returns to lead the Crusaders in the sprint freestyle events. Last season, McShane had a break-out year, recording Holy Cross' top times in the 50 (22.18), 100 (48.05) and 200 free (1:46.63) events at the Patriot League Championship and looks to continue that success in the 2009-2010 season. Helping the Crusaders recover from the loss of a graduating class full of sprinters will be juniors **Matthew Hynes** and **Larsen**. Newcomers **Connor Bowman**, **Chris Malfitano**, **Edward Supple** and **John Vatalaro** will help the Crusaders in the 50, 100 and 200 events, along with the sprint relays.

DISTANCE FREESTYLE

Returners

- Ryan Boate
- Michael Burns
- Stefan Opolski
- Matt Sottile

Newcomer

- Brian Lyons

Captain and last season's top performer, senior **Ryan Boate** returns to lead the Crusaders in the distance events. Boate led the Crusaders last season with top times in the 500 (5:00.09), 1000 (10:51.75) and 1650 freestyle (17:23.56) events. Boate recorded his top times in the 500 and 1650 at the Patriot League Championship and looks to translate those top times into success this season. Burns returns to push Boate in the 500 free, as last season he recorded four of the top five times in that event. Opolski returns to provide leadership and knowledge of the distance races and sophomore **Matt Sottile** will add depth. Newcomer **Brian Lyons** will help Holy Cross in the middle distance events.



Michael Burns

INDIVIDUAL MEDLEY

Returners

- Aaron Brosnan
- Sean Hager
- Brian Livingston
- Matt Sottile

Livingston and Hager will team up to lead the Crusaders in the individual medley events again in 2009-2010. Last season, Livingston and Hager recorded the fastest Holy Cross times in the 200 and 400 IM. Livingston swam his fastest time of the season in the 200 IM at the Patriot League Championship, while Hager recorded his fastest time in the 400 IM at the Terrier Invitational. This season Hager will try to repeat as champion in the 400 IM at the Worcester City Championship and better last season's third place performance in the 200. Brosnan and Sottile will help the Crusaders improve in the IM events, adding depth and flexibility to the events.

DIVING

Returners

- Joshua Rodriguez
- Adam DeVito

Holy Cross fans can look forward to another exciting season on the diving board, as the Crusaders return top diver, sophomore **Adam DeVito**. DeVito returns to the boards full of promise after last season's record setting performances. DeVito, the current Holy Cross record holder in all diving events, will be joined by the diving captain, senior **Josh Rodriguez**. Together the pair will lead the Crusaders in the diving events, as both divers are working on increasing the difficulty of their dives.

2009-2010 SCHEDULE

Holy Cross will open the season at home against Patriot League opponent Lehigh on Saturday, Oct. 17. The Crusaders will continue action on the road at Fairfield on Saturday, Oct. 18, before welcoming Springfield to the Hart Center Pool on Oct. 31. Holy Cross will host Army (Nov. 11) and travel to the Terrier Invitational hosted by Boston University (Nov. 20-22). The Crusaders will close out the first half of the season on Dec. 4-5 at the Harold Anderson Invitational hosted by Rhode Island.

The Crusaders kick off the 2010 portion of the season on Jan. 20 at Bryant before hosting the Worcester City Championship on Jan. 22-23. Holy Cross will host Providence on Jan. 30 and then close out the regular season at Boston College on Feb. 4. Holy Cross will wrap up the season at the Patriot League Championship on Feb. 18-20 in Annapolis, Md.

2009-2010 ROSTER



2009-2010 HOLY CROSS MEN'S SWIMMING ROSTER

NAME	CL.	EVENT	HOMETOWN / HIGH SCHOOL
Ryan Boate	Sr.	Distance/Free	Pleasantville, N.Y. / Fordham Prep
Connor Bowman	So.	Free/Back	Princeton, N.J. / The Hun School of Princeton
Aaron Brosnan	Sr.	IM/Fly	Westford, Mass. / St. John's Prep
Michael Burns	So.	Breast/Free	East Amherst, N.Y. / Williamsville North
Adam DeVito	So.	Diving	Walpole, Mass. / Xaverian Brothers
Sean Hager	Jr.	IM/Breast	Westfield, N.J. / The Pingry School
Matthew Hynes	Jr.	Free	Maywood, N.J. / Regis
Nick Larsen	Jr.	Free/Fly	Whitman, Mass. / Boston College
Brian Livingston	Sr.	Breast/IM	Auburn, Wash. / O'Dea
Brian Lyons	Fr.	Free	Greenwich, Conn. / Fordham Preparatory
Chris Malfitano	Fr.	Free	Harrison, N.Y. / Harrison
Patrick McMahon	So.	Back	Middletown, N.Y. / Minisink Valley
Joseph McShane	Sr.	Free	Chatham, N.J. / Chatham
Matt Mullaney	Jr.	Breast	Livingston, N.J. / Seton Hall Prep
Stefan Opolski	Sr.	Free/Back	Haverhill, Mass. / Haverhill
Brian Power	Fr.	Breast	Southport, Conn. / Fairfield College Preparatory
Michael Ragone	Sr.	Breast	New Rochelle, N.Y. / Regis
Joshua Rodriguez	Sr.	Diving	Dudley, Mass. / Shepherd Hill
Matt Sottile	So.	IM	Wethersfield, Conn. / Wethersfield
Edward Supple	Fr.	Free	Needham, Mass. / St. Sebastians School
John Vatalaro	Fr.	Free	Strongsville, Ohio / St. Ignatius

Head Coach: Barry Parenteau (14th season (M), Bridgewater State '74)

Diving Coach: Wilson Aybar (7th Season, Clark '99)

Assistant Coach: Ian Hennessey (4th Season, Holy Cross '03)

Volunteer Assistant Coach: Paul Parenteau

Captains: Ryan Boate, Brian Livingston, Joseph McShane and Joshua Rodriguez

2009-2010 SCHEDULE



DAY	DATE	OPPONENT	TIME
Saturday	Oct. 17	LEHIGH *	2:00 p.m.
Sunday	Oct. 18	at Fairfield	1:00 p.m.
Saturday	Oct. 31	SPRINGFIELD	1:00 p.m.
Wednesday	Nov. 11	ARMY *	4:00 P.M.
Friday	Nov. 20	at Terrier Invitational	6:00 p.m.
Saturday	Nov. 21	at Terrier Invitational	10:00 a.m.
Sunday	Nov. 22	at Terrier Invitational	10:00 a.m.
Friday	Dec. 4	at Harold Anderson Invitational.	5:00 p.m.
Saturday	Dec. 5	at Harold Anderson Invitational.	10:00 a.m.
Wednesday	Jan. 20	at Bryant.	6:00 p.m.
Friday	Jan. 22	WORCESTER CITY CHAMPIONSHIP	6:00 p.m.
Saturday	Jan. 23	WORCESTER CITY CHAMPIONSHIP	10:00 a.m.
Saturday	Jan. 30	PROVIDENCE.	1:00 p.m.
Thursday	Feb. 4	at Boston College	6:00 p.m.
Thursday	Feb. 18	at Patriot League Championship	10:30 a.m.
Friday	Feb. 19	at Patriot League Championship	10:30 a.m.
Saturday	Feb. 20	at Patriot League Championship	10:30 a.m.

Home meets, listed in ALL CAPS, are held at the Hart Center

*Patriot League Meets



COACHING STAFF



BARRY PARENTEAU

HEAD COACH
35TH SEASON
BRIDGEWATER STATE, '74

Barry Parenteau enters his 35th season in 2009-2010 as a coach of the Holy Cross swimming and diving programs.

Parenteau has coached the Holy Cross women's swimming and diving team since its inception in 1975 and took over the head coaching responsibilities for the men's team in 1996 following the retirement of his father, Paul, who guided the Crusader men for more than 30 years. Parenteau assumed a full-time role at Holy Cross in 1983 when he was named Aquatics Director of the swimming and diving facility at the Hart Recreation Center.

Parenteau has had hundreds of student-athletes named to the Patriot League Academic honor roll and his teams have repeatedly received Division I Academic Progress Rate public recognition awards from the NCAA. Parenteau has had two student-athletes named Patriot League Swimmer of the Meet and one named Diver of the Meet, two student-athletes named Patriot League Scholar Athlete of the Year and two student-athletes named to the Patriot League All-Decade team.

Last season, Parenteau had 26 student-athletes named to the Patriot League Academic honor roll, three student-athletes received Patriot League weekly honors and three student-athletes competed at the ECAC Championship. The women's team claimed its eighth title at the Worcester City Championship. Maggie Gousman '10 reset her own school record in the 100 meter breaststroke and Adam DeVito '12 broke school records on the one meter and three meter diving boards.

The highly respected Parenteau was honored as Coach of the Year in the Metro Atlantic Athletic Conference after the 1984-85, 1987-88 and 1989-90 campaigns. In 1986-87, the women's team had its finest season ever, finishing with a 9-1 dual meet slate and a sixth place finish at the New England Championships. Parenteau has had three student-athletes receive the Honorable John P. Cooney



Memorial Award and one named Crusader of the Year. Callie Taffe '81, the former school record holder in the 50 yard breaststroke, earned AIAW All-America honors in 1981. Taffe, Marie Kenny '85, Mary McNaughton '87, Colleen Lynch '95 and Jill Addesa '92 have all been inducted into the Holy Cross Varsity Club Hall of Fame.

Parenteau began swimming competitively for the YMCA in Worcester as a youth. After graduating from St. John's High School in Shrewsbury, Mass., he continued his competitive swimming career at Bridgewater State College where he held school records in the 50, 100 and 200 freestyle events.

Parenteau has his American Swimming Coaches Association (ASCA) Level III certification, in addition to being certified in lifeguard training and water safety, and standard first aid and adult CPR. He is a 37-year volunteer with the American Red Cross and is a nationally certified pool and spa director. Parenteau is also a member of the Central Massachusetts Conference of Football Officials, refereeing both high school and college football games. A popular and long-time member of the College's Athletic Association, Parenteau makes his home in nearby Millbury with his wife Dale and their three daughters, Laine, Kaley and Malen.





COACHING STAFF



**WIL
AYBAR**
DIVING COACH
7TH SEASON
CLARK, 1999

Wil Aybar enters his seventh season in 2009-2010 as the head men's and women's diving coach at Holy Cross.

Last season, Aybar coached Adam DeVito to new school records on the three meter and one meter diving boards. DeVito narrowly missed qualifying for the NCAA Zone Diving Championship and took fifth on the three meter board at the Patriot League Championship.

Aybar has had four student-athletes named Patriot League Diver of the Week and multiple divers earn Worcester City Championship Diver of the Meet honors.

A 1999 graduate of Clark University, Aybar was a four-year member of the swimming and diving team. He received the Most Improved Diver award in 1996 and holds the record for the one meter and three meter springboards. He also served as the head diving coach for Clark University and WPI from 2000 to 2003. He has been the head diving coach for the Nashawtuc Country Club team from the summer of 2000 to the present. He is currently instructing area high school divers at the Central Massachusetts Diving Club.

Aybar is currently a Spanish teacher in the Worcester Public School System at Doherty Memorial High School. He makes his home in Webster with his wife Marisol and their son Wil Jr.



**IAN
HENNESSEY**
ASSISTANT COACH
4TH SEASON
HOLY CROSS, 2003

Ian Hennessey is entering his fourth season in 2009-2010 as the assistant swimming coach for Holy Cross. He is responsible for much of the strength and conditioning program as well as on-deck coaching.

A 2003 graduate of Holy Cross, Hennessey finds himself in the Holy Cross record books for a variety of relays. Along with former teammates Steve Finnochchi, Mike Emmons and Scott Rimm, Hennessey helped set school records in the 400 medley relay, and the 200, 400 and 800 free relays.

After graduating from Holy Cross, Hennessey went into the Air Education Training Command for the United States Air Force. After completing the training with a rank of 2nd Lieutenant, Hennessey was named Assistant Officer in Charge of the Missile Maintenance Team Section in 2003. After showing impressive leadership skills, Hennessey moved up to 1st Lieutenant and was named Officer in Charge of the Vehicle Support Section in 2004 and then progressed onto be Officer in Charge of the Missile Handling Section in 2005.

Hennessey currently works as a middle-school science teacher at Oxford Middle School in Oxford, Mass. and serves as a Captain in the Air Force Reserve. He and his wife, Beth Jenusaitis-Hennessey '04, reside in Marlborough.



MEET THE CRUSADERS



RYAN

BOATE

SR. • DISTANCE/FREE

CAPTAIN

PLEASANTVILLE, N.Y.

FORDHAM PREP

2008-2009: Swam a personal-best time in the 200 (1:53.01) and 500 (5:00.09) free at the Patriot League Championship...had a personal best in the 100 free (55.03) at the Worcester City Championship. **2007-2008:** Had personal-best times in the 200 free (1:54.30) and 1650 free (17:13.46) at the Patriot League Championship...received the Outstanding Season Award. **2006-2007:** Swam a personal-best time of 5:01.87 in the 500 free at the Patriot League Championship. **Before**

BOATE'S TOP TIMES

Event (yards)	Time	Date
100 Free	55.03	1/23/2009
200 Free	1:53.01	2/19/2009
500 Free	5:00.09	2/19/2009
1000 Free	10:50.53	2/6/2008
1650 Free	17:13.46	2/21/2008

Holy Cross: Four-year letter winner on the Fordham Prep swim team under head coach Dominick Galimi...swam the 100 breast, 200 IM, 200 free and 500 free...team captain senior season... member of the Badger Swim Club. **Personal:** Son of Kenan and MaryEllen Boate...has one brother Chris, who attends Iona College...majoring in Economics with a pre med concentration.



MEET THE CRUSADERS



BRIAN LIVINGSTON SR. • BREAST/IM CAPTAIN AUBURN, WASH. O'DEA H.S.

2008-2009: Set new personal-bests in the 200 breast with a time of 2:14.78 and in the 200 IM with a time of 2:05.60 at the Patriot League Championship...successfully defended his title in the 100 breast at the Worcester City Championship with a time of 1:03.41....swam a personal-best in the 100 free (52.01) at the Terrier Invitational... named to the Patriot League Academic Honor Roll. **2007-2008:** Patriot League Championship consolation finalist in the 100 breast with a personal-best time of 1:01.35 and in the 200 breast with a personal-best time of 2:16.95...broke the Worcester City Championship meet record in the 100 breaststroke (1:03.08). **2006-2007:**

LIVINGSTON'S TOP TIMES

Event (yards)	Time	Date
100 Free	52.01	11/21/2008
50 Breast	28.30	2/15/2007
100 Breast	1:01.35	2/21/2008
200 Breast	2:14.78	2/19/2009
200 IM	2:05.60	2/19/2009

Swam a season-best time in the 100 breast (1:02.71), 200 breast (2:19.35) and the 200 IM (2:09.74) at the Patriot League Championship. **Before Holy Cross:** Four-year varsity letterwinner for O'Dea H.S. swim team under coach Tom Schutte...Washington state runner up in 2003-2004...district champions and Washington state runner up in 2004-2005...Washington state meet finalist in the 100 breast and the 200 medley relay...team was four-year Metro League champions 2003-2006...captain his senior year...swam for King Aquatic club under coach Sean Hutchison. **Personal:** Majoring in Classics.





MEET THE CRUSADERS



JOSEPH McSHANE

SR. • FREE

CAPTAIN

CHATHAM, N.J.

CHATHAM H.S.

2008-2009: Set new personal-records in the 50 free (22.18), 100 free (48.05) and 200 free (1:46.63) at the Patriot League Championship...placed second in the 100 free at the Worcester City Championship with a time of 50.44...named to the Patriot League Academic Honor Roll...named Most Valuable swimmer by teammates. **2007-2008:** Swam personal-best times in the 50 free (22.87), 100 free (50.11) and 200 free (1:50.07) at the Patriot League Championship...named to the Patriot League Academic Honor Roll. **2006-2007:** Had season-best

McSHANE'S TOP TIMES

Event (yards)	Time	Date
50 Free	22.18	2/19/2009
100 Free	48.05	2/19/2009
200 Free	1:46.63	2/19/2009

times in the 50 free (23.68), 100 free (52.42) and 200 free (1:56.77) at the Patriot League Championship. **Before Holy Cross:** Four-year member of the Chatham H.S. swimming team coached by Dave Steele...named captain for the 2005-2006 season...won the coaches award in 2003-2004 ...was a National swimmer...captain of Summit Y Seals under Coach Hank Buntkin...all-time four-year high point scorer for Chatham...broke school records in 100 free, 100 fly, 200 free, 200 medley relay, 200 and 400 yard relay...member of the cross country team. **Personal:** Son of Joe and Virginia McShane...has one brother...Political Science major.



MEET THE CRUSADERS



JOSHUA RODRIGUEZ

**SR. • DIVING
CAPTAIN
DUDLEY, MASS
SHEPARD HILL H.S.**

2008-2009: Scored personal-best dives on the one meter board (220.40) and three meter board (232.15) and took second in both events at the Worcester City Championship...named to the Patriot League Academic Honor Roll. **2007-2008:** Finished 14th in the one meter dive with a score of 158.95 at the Patriot League Championship...named diver of the meet at Worcester City Championship for his first place finish in the one meter (187.05) and three meter (170.17) diving competitions. **2006-2007:** Won the three meter diving competition at the Worcester City Championship with a season-best score of 175.64...named the men's Diver of the Meet. **Before Holy Cross:** Member of the track and cross country team at Shepard Hill H.S. **Personal:** Majoring in Political Science.

RODRIGUEZ'S TOP DIVES

Event	Score	Date
One Meter (6 dives)	220.40	1/23/2009
One Meter (11 dives)	344.85	1/23/2009
Three Meter (6 dives)	232.15	1/23/2009
Three Meter (11 dives)	355.80	1/23/2009



MEET THE CRUSADERS



AARON BROSNAN SR. • IM/FLY WESTFORD, MASS. ST. JOHN'S PREP

2008-2009: **2007-2008:** Had season-best performances in the 100 back (55.50) and 100 fly (52.92) at the Patriot League Championship. **2006-2007:** Named Pa-

triot League Swimmer of the Week (Feb. 14)...swam a personal-best time of 55.42 in the 100 back and 2:03.67 in the 200 IM at the Patriot League Championship...named Crusader of the Week (Feb. 5). **Before Holy Cross:** Four-year varsity member of the St. John's Prep swimming team under coach Tony Padyaskis...received the most valuable player award in 2006...a *Boston Globe* All-Scholastic member...*Salem News* All-Scholastic member...state champions,

BROSNAN'S TOP TIMES

Event	Time	Date
1000 Free	10:58.74	2/6/2008
100 Back	55.42	2/15/2007
200 Back	2:07.43	2/3/2007
100 Fly	52.48	2/15/2007
200 Fly	2:01.93	10/24/2007
100 IM	58.20	11/8/2006
200 IM	2:03.67	2/15/2007
400 Im	4:34.36	1/22/2007

conference champions, sectional champions and undefeated in 2006...member of the Patriot Swim Club in the USA Swimming league...also a member of the water polo team. **Personal:** Son of Michael and Deborah Brosnan...has one brother and one sister...Biology major.



MEET THE CRUSADERS



STEFAN OPOLSKI SR. • FREE/BACK HAVERHILL, MASS HAVERHILL H.S.

2008-2009: Set new personal-best times in the 100 back (58.64), 200 back (2:08.78) and 200 IM (2:08.96) at the Patriot League Championship...named Most Improved

Swimmer...named to the Patriot League Academic Honor Roll.

2007-2008: Swam personal-best times in the 100 back (59.93) and the 200 back (2:09.80) at the Patriot League Championship...named to the Patriot League Academic Honor Roll. **2006-2007:** Had a personal-best time of 5:14.51 in the 500 free at the Patriot League

OPOLSKI'S TOP TIMES

Event (yards)	Time	Date
500 Free	5:14.51	2/15/2007
1650 Free	19:52.94	1/26/2007
100 Back	58.64	2/19/2009
200 Back	2:08.78	2/19/2009
200 IM	2:08.96	2/19/2009

Championship...named to the Patriot League Academic Honor Roll. **Before Holy Cross:** Four-year varsity athlete for the Haverhill H.S. swim team...named captain his senior year...competed in the freestyle and backstroke...member of the new wave swim club team in the USA Swimming league coached by Rick Battistini. **Personal:** Son of John and Laury Opolski...Economics major.





MEET THE CRUSADERS



MICHAEL RAGONE SR. • BREAST NEW ROCHELLE, N.Y. REGIS H.S.

2008-2009: Swam a season-best time of 24.28 in the 50 free, 1:06.82 in the 100 breast and 2:32.63 in the 200 breast at the Patriot League Championship...

swam a season-best time of 57.45 in the 100 free against Springfield College. **2007-2008:** Named to the Patriot League Academic Honor Roll...swam personal-best times in the 50 free (24.15), 100 breaststroke (1:06.60) and 200 breaststroke (2:31.41) at the Patriot League Championship. **2006-2007:** Named to the Patriot League Academic Honor Roll...swam a season-best time of 25.03 in the 50 free, 1:09.50 in the 100 breast and 2:36.73 in the 200 breast at the Patriot League Championship. **Before Holy Cross:** Member of the tennis team at Regis H.S...member of the Rye Y Wave Ryeders club team coached by Kate Tiedemann...named captain in 2005. **Personal:** Son of Matthew '82 and Maureen '82 Ragone...has one sister...majoring in Biology.

RAGONE'S TOP TIMES

Event (yards)	Time	Date
50 Free	24.15	2/21/2008
100 Free	56.11	2/21/2008
100 Breast	1:06.60	2/21/2008
200 Breast	2:31.41	2/21/2008



MATTHEW HYNES JR. • FREE MAYWOOD, N.J. REGIS H.S.

2008-2009: Recorded a personal-best time in the 100 breast (1:13.60) and 200 breast (2:39.61) at the Patriot League Championship...named to the Patriot

League Academic Honor Roll. **2007-2008:** Swam a personal-best time of 1:18.40 in the 100 breast at the Worcester City Champion-

ship...named to the Patriot League Academic Honor Roll. **Before Holy Cross:** Competed in track and field and baseball at Regis H.S. **Personal:** Son of Thomas and Laura Hynes...has two sisters...Accounting major.

HYNES' TOP TIMES

Event (yards)	Time	Date
50 Free	26.80	2/19/2009
100 Breast	1:13.60	2/19/2009
200 Breast	2:39.61	2/19/2009



MATT MULLANEY JR. • BREAST LIVINGSTON, N.J. SETON HALL PREP

2008-2009: Swam a season-best time of 1:23.59 in the 100 breast at the Hart Center against Army...named to the Patriot League Academic Honor Roll with a 4.0

grade point average. **2007-2008:** Had personal-best performances in the 100 breast (1:16.80) and 200 breast (2:47.22) at the Worcester City Championship...swam a personal-best time of 1:00.27 in the 100 free at the Patriot League Championship...named to the Patriot League Academic Honor Roll with a perfect 4.0 grade point. **Before Holy Cross:** Four-year varsity member of the Seton Hall Prep swim team under head coach Randy Schweitzer...helped lead team to four consecutive Essex County and Iron Hills Conference Championships from 2003-2007...won the Senior Award in 2007...received the NJSIAA and ETS Scholar-Athlete Award for Seton Hall Prep in 2007 as a senior. **Personal:** Son of Ken and Marie Mullaney...has one brother, Kevin '07...has one sister, Maura...his brother was a captain of the Holy Cross men's swimming team...majoring in Economics.

MULLANEY'S TOP TIMES

Event (yards)	Time	Date
50 Free	27.43	10/24/2007
100 Free	1:00.27	2/21/2008
100 Breast	1:16.80	1/25/2008
200 Breast	2:47.22	1/25/2008

MEET THE CRUSADERS



SEAN HAGER JR. • IM WESTFIELD, N.J. THE PINGRY SCHOOL

2008-2009: Swam a personal-best time in the 200 breast (2:20.70) and 100 fly (55.33) at the Patriot League Championship...placed first in the 400 IM at the

Worcester City Championship with a time of 4:37.22...named to the Patriot League Academic Honor Roll. **2007-2008:** Had personal-best performances in the 100 breaststroke (1:04.55), 200 breaststroke (2:22.84) and 200 IM (2:05.07) at the Patriot League Championship. **Before Holy Cross:** Four-year varsity swimmer at

HAGER'S TOP TIMES

Event (yards)	Time	Date
100 Breast	1:04.55	2/21/2008
200 Breast	2:20.70	2/19/2009
100 Fly	55.33	2/19/2009
200 IM	2:05.07	2/21/2008
400 IM	4:33.82	11/16/2007

The Pingry School...named co-captain his senior year...won the swimming award in 2006 and 2007...won 2007 conference honors in the 100 yard breaststroke and the 200 yard IM...*The Star Ledger* 2007 "Unsung Heroes" Award...member of NJ Prep School Championship Team 2004-2007...record holder in 200 yard free relay and 200 medley relay...scholastic all-American senior year. **Personal:** Majoring in Sociology.



MEET THE CRUSADERS



NICK

LARSEN

JR. • FREE/FLY

WHITMAN, MASS.

BOSTON COLLEGE H.S.

2008-2009: Swam personal-best times in the 50 free (23.83), 100 free (54.18), 100 fly (55.96) and 200 fly (2:08.33) at the Patriot League Championship. **2007-**

2008: Had personal-best performances in the 50 free (24.28), 100 fly (57.49) and 200 fly (2:14.97) at the Patriot League Championship.

LARSEN'S TOP TIMES

Event (yards)	Time	Date
50 Free	23.83	2/19/2009
100 Free	54.18	2/19/2009
200 Free	2:01.17	2/5/2009
100 Fly	55.96	2/19/2009
200 Fly	2:08.33	2/19/2009

Before Holy Cross: Four-year varsity swimmer at Boston College H.S...named captain his senior year...team won state championship in the 2004-2005 season...swam on the Weymouth Waves club team coached by Mike Reilly. **Personal:** Majoring in Biology.



MEET THE CRUSADERS



MICHAEL BURNS

So. • FREE/BREAST
EAST AMHERST, N.Y.
WILLIAMSVILLE NORTH

2008-2009: Had personal-best times in the 1650 free (18:13.54), 100 breast (1:02.13) and 200 breast (2:17.30) at the Patriot League Championship...

named to the Patriot League Academic Honor Roll. **Before Holy Cross:** Four-year letterwinner at Williamsville North H.S. under coach Flynn Burroughs...helped team to two ECIC, one section VI championships and two undefeated seasons...New York state

BURNS' TOP TIMES

Event (yards)	Time	Date
1650 Free	18:13.54	2/19/2009
100 Breast	1:02.13	2/19/2009
200 Breast	2:17.30	2/19/2009

qualifier in 100 breaststroke senior year...swims for STAR swim club (UBAM branch) under coaches Flynn Burroughs and Michael Tomes...served as captain of both high school and club team...four-year member of volleyball team...treasurer of WNHS National Honor Society. **Personal:** Son of Michael and Barbara Burns...has two sisters...majoring in Biology.



MEET THE CRUSADERS

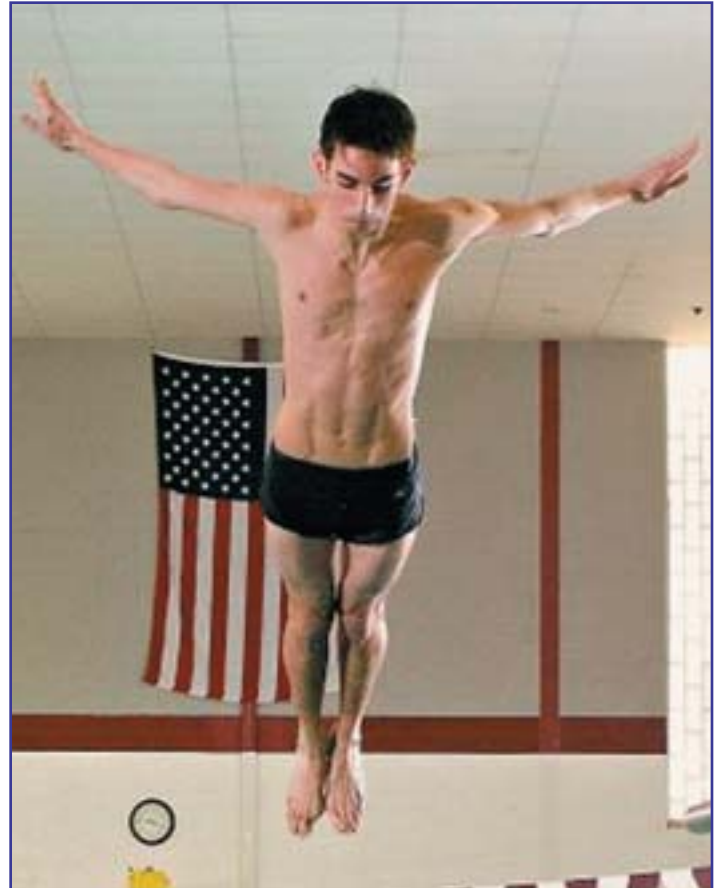


ADAM DEVITO

So. • DIVING
WALPOLE, MASS.
XAVERIAN BROTHERS

2008-2009: Set a school record in the one meter, six dive competition at the Hart Center against Boston College (305.63)... broke the school record in the one meter,

11 dive (425.40), three meter, six dive (311.50) and three meter, 11 dive (467.35) competition at the Worcester City Championship... placed eighth on the three meter board with a score of 185.15 at the ECAC Championship...named Patriot League Diver of the Week on Oct. 22. **Before Holy Cross:** Four-year member of the diving team at Xaverian Brothers...team captain in 2008...named most improved, MVP and Student Athlete of the Year...Catholic Conference All-Star...set dual and championship meet records set in 2008...played first doubles on the tennis team...team captain in 2008...Catholic Conference All-Star. **Personal:** Son of John and Rebecca DeVito... has one brother...has not declared a major.



DEVITO'S TOP DIVES

Event	Score	Date
One Meter (6 dives)	305.63	2/5/2009
One Meter (11 dives)	425.40	1/23/2009
Three Meter (6 dives)	311.50	1/23/2009
Three Meter (11 dives)	467.35	1/23/2009

MEET THE CRUSADERS



PATRICK McMAHON

So. • BACK
MIDDLETOWN, N.Y.
MINISINK VALLEY

2008-2009: Swam personal-best times in the 100 back (1:02.01), 200 back (2:12.16) and 400 IM (4:55.01) at the Patriot League Championship. **Before Holy Cross:** Five-

year member of Minisink Valley H.S. swim team...team captain senior year...named Hardest Trainer '07-'08...also a member of

McMAHON'S TOP TIMES

Event (yards)	Time	Date
100 Free	57.23	1/23/2009
100 Back	1:02.01	2/19/2009
200 Back	2:12.16	2/19/2009
200 IM	2:20.06	12/05/2008
400 IM	4:55.01	2/19/2009

the cross country team...swam for the Middletown Recreation swim team. **Personal:** Son of Richard McMahon and Marianne McGoldrick...brother Richard swam at Colgate...majoring in Accounting.



MEET THE CRUSADERS



CONNOR BOWMAN

So. • FREE/BACK
PRINCETON, N.J.
THE HUN SCHOOL OF
PRINCETON

2008-2009: Did not compete. **Before Holy Cross:** Four-year member of the

varsity swimming and diving team at the Hun School of Princeton... team captain senior year...named MVP sophomore year...also a two-year member of the rowing team...member of the Honor Roll sophomore, junior and senior years. **Personal:** Son of Ronald and Maureen '83 Bowman...mother was a member of the Holy Cross field hockey and rowing teams...has one sister, Ceara...grandfather Richard Galton '54 was a member of the Holy Cross swim team... aunt Cassie Galton '79 was a member of the rowing team...uncle John '81 was a member of the rowing team...major is undeclared.



MATT SOTTILE

So. • IM
WETHERSFIELD, CONN.
WETHERSFIELD

2008-2009: Swam a personal-best time in the 50 free (26.00) against Army... had personal-best times in the 500 free (5:35.38) and 1650 free (19:09.05) at the

Terrier Invitational. **Before Holy Cross:** Four-year member of the Wethersfield H.S. swim team...All-Conference junior and senior year...All-Academic all four years...Connecticut Scholar Athlete...member of the tennis team...swam on the LEHY club team. **Personal:** Son of John and Mary Sottile...has one brother and one sister...majoring in Economics/Accounting.

SOTTILE'S TOP TIMES

Event (yards)	Time	Date
50 Free	26.00	11/5/2008
200 Free	2:06.75	10/11/2008
500 Free	5:35.38	11/21/2008
1650 Free	19:09.05	11/21/2008
200 IM	2:25.52	10/22/2008

MEET THE CRUSADERS



**BRIAN
LYONS**
FR. • FREE
GREENWICH, CONN.
FORDHAM PREPARATORY

Before Holy Cross: Four-year member of the Fordham Preparatory varsity swim team...received Coach's award in 2007 and 2009...team went undefeated in 2008

and 2009...state champions in 2007, 2008 and 2009...one-year member of the varsity hockey team...two-year member of the varsity tennis team...member of the Badger Swim Club...named to the Principal's Honor Roll in 2007 and 2008...member of the National Honor Society. **Personal:** Son of Robert and Brenda Lyons...has one brother, Sean, and one sister, Deirdre...major is undeclared.



**CHRIS
MALFITANO**
FR. • FREE
HARRISON, N.Y.
HARRISON H.S.

Before Holy Cross: Member of the Harrison H.S. swim team. **Personal:** Major is undeclared.



**BRIAN
POWER**
FR. • BREAST
SOUTHPORT, CONN.
FAIRFIELD COLLEGE
PREPARATORY

Before Holy Cross: Three-year member of the varsity swimming and diving team

at Fairfield College Preparatory...team captain senior year...received Coach's award senior year...named a *Connecticut Post* All-Star...also a two-time YMCA Nationals qualifier...member of National Honor Society and Cardinal Key Club. **Personal:** Son of Jay and LeeAnne Power...has one brother, Jamie, and one sister, Caroline...majoring in Biology.



**EDWARD
SUPPLE**
FR. • FREE
NEEDHAM, MASS.
ST. SEBASTIANS SCHOOL

Before Holy Cross: Member of the St. Sebastians School swim team. **Personal:** Majoring in Political Science.



**JOHN
VATALARO**
FR. • FREE
STRONGSVILLE, OHIO
ST. IGNATIUS

Before Holy Cross: Four-year member of the varsity swim team at Saint Ignatius H.S...team captain senior year...named Most Improved sophomore season...re-

ceived the John B. Lewis award senior year...two-year member of the varsity baseball team...received All-Cuyahoga River baseball conference honorable mention in 2008...team was 2008 Division I state runner-up and 2009 Division I state semifinalist...member of National Honor Society...graduated with High Honors. **Personal:** Son of Peter and Doreen Vatalaro...has one sister, Michelle. **Personal:** Major is undeclared.

2008-2009 RESULTS



DATE	OPPONENT	EVENT LOCATION	RESULT
Oct. 11	Fairfield	Worcester, Mass.	L, 178-120
Oct. 19	Lehigh	Worcester, Mass.	L, 183-60
Oct. 22	Springfield	Springfield, Mass.	L, 132-106
Nov. 5	Army	West Point, N.Y.	L, 162-131
Nov. 21-23	Terrier Invitational	Boston, Mass.	6th of 6
Dec. 5-6	Harold Anderson Invitational	Kingston, R.I.	6th of 7
Jan. 13	Boston University	Boston, Mass.	L, 133-99
Jan. 23-24	Worcester City Championship	Worcester, Mass.	2nd of 3
Jan. 31	Providence	Providence, R.I.	L, 194-106
Feb. 3	Bryant	Worcester, Mass.	L, 139-123
Feb. 5	Boston College	Worcester, Mass.	L, 151-134
Feb. 19-21	Patriot League Championship	Lewisburg, Pa.	8th of 8
Feb. 28	ECAC Open Championship	Cambridge, Mass.	21st of 23



2008-2009 Holy Cross Men's Swimming & Diving Team



ALL-TIME RECORDS

SWIMMING RECORDS

EVENT	ATHLETE	TIME	LOCATION	YEAR
50 Freestyle	Scott Rimm	21.25	PL Championship	2004
100 Freestyle	Scott Rimm	46.22	PL Championship	2003
200 Freestyle	Scott Rimm	1:41.24	PL Championship	2003
500 Freestyle	Mike Emmons	4:38.11	PL Championship	2002
1000 Freestyle	Mike Emmons	10:01.66	Vermont	2002
1650 Freestyle	Mike Emmons	16:46.28	ECAC	2003
100 Backstroke	Scott Rimm	52.29	PL Championship	2002
200 Backstroke	Mark Fretta	1:58.39	ECAC	1996
100 Breaststroke	Kevin Walsh	59.79	Holy Cross	1990
200 Breaststroke	Kevin Walsh	2:11.40	URI	1990
100 Butterfly	Mike Emmons	51.84	PL Championship	2003
200 Butterfly	Mike Emmons	1:53.62	PL Championship	2002
100 IM	Rich Schoeb	57.19	Bridgewater	1987
200 IM	Mike Emmons	1:58.17	ECAC	2003
400 IM	Mike Emmons	4:12.17	ECAC	2003
200 Medley Relay	Scott Rimm, Tom Connors Mike Emmons, Ian Hennessey	1:39.53	PL Championship	2003
400 Medley Relay	Scott Rimm, Steve Finocchi, Mike Emmons, Ian Hennessey	3:34.34	PL Championship	2002
200 Free Relay	Stephen Finocchi, Ian Hennessey, Mike Emmons, Scott Rimm	1:27.03	PL Championship	2002
400 Free Relay	Stephen Finocchi, Ian Hennessey, Mike Emmons, Scott Rimm	3:11.59	PL Championship	2002
800 Free Relay	Mike Emmons, Ian Hennessey, Stephen Finocchi, Scott Rimm	7:02.49	PL Championship	2002

DIVING RECORDS

EVENT	ATHLETE	SCORE	LOCATION	YEAR
1 M (Five dives)	Adam DeVito	175.87	Providence	2009
1 M (Six dives)	Adam DeVito	305.63	Holy Cross	2009
1 M (11 dives)	Adam DeVito	425.40	Holy Cross	2009
3 M (Six dives)	Adam DeVito	311.50	Holy Cross	2009
3 M (11 dives)	Adam DeVito	467.35	Holy Cross	2009



HONORS & AWARDS

PATRIOT LEAGUE

ACADEMIC HONOR ROLL

Rob Acker (2008, 2009)
 Matthew Arthur (2001, 2002)
 Mathieu Aubuchon (1996, 1997)
 Brian Bauman (1996, 1997)
 Eric Bovlm (1998, 1999)
 Nick Braccia (1995, 1998)
 Michael Brombach (2009)
 Roger Brunelle (1994)
 Tyler Burbridge (1999)
 Jerome Burke (2003, 2004)
Michael Burns (2009)
 Sean Callahan (2002)
 Kevin Carolan (1993)
 Todd Chen (2005)
 Dennis Collins (1992)
 Thomas Connors (2001, 2002)
 Joseph Corsetti (1999, 2001)
 Brian Crimmins (1998)
 Patrick Cronan (2001)
 Dennis Dillingham (1995, 1996)
 Paul Donerty (1994)
 Michael Dougher (2007, 2008)



Brian Hendrickson

David Drummond (2006)
 Andrew DuMont (1999, 2001, 2002)
 Michael Durkin (1998)
 Sean Egan (1999)
 Garrett Eucalitto (2003)
 Andrew Ferrara (2006)
 Stephen Finocchi (2002)
 Matthew Frigault (2004, 2005, 2006, 2007)
 Richard Fronapfel (1996)

Andrew Gassman (1997, 1998)
 Jason Gintert (2005)
 Rich Griffen (1992, 1993, 1995)
 Matthew Grogan (2006, 2007)
Sean Hager (2009)
 Hugh Hayden (2005, 2006)
 Brian Hendrickson (2006, 2007, 2008, 2009)
 Ian Hennessey (2003)
 Michael Holzapfel (1997, 1998)
Matthew Hynes (2008, 2009)
 Brian Jackson (2007)
 Peter Juda (2001)
 Robert Kavanagh (2001)
 Ryan Keating (2005)
 Thomas Kelly (1998)
 Dan Kennedy (2009)
 Robert Kennedy (1994, 1995)



Sean O'Reilly

Kevin Kitson (2006)
 Christopher Kral (1997)
 Brian Lasonde (2009)
 Brian Lawless (1998)
 Jason Longchamps (1994)
 Chris Lorette (1999, 01)
 Ian MacLaren (2006, 2008, 2009)
 Mike Marquet (2007, 2009)
 Aiden McGrath (2008, 2009)
 Dekker McKeever (2002)
Joseph McShane (2008, 2009)
 Louis Minora (1998)
 Kevin Mullaney (2004, 2005, 2006, 2007)
Matt Mullaney (2008, 2009)
Stefan Opolski (2007, 2008, 2009)
 Robert O'Connell (1995, 1996, 1997)

Sean O'Reilly (2007, 2008)
 David Picotte (2004)
 Aaron Qureshi (1995, 1996, 1998)
Michael Ragone (2007, 2008)
 John Ringwood (2006, 2007, 2008)
 Joshua Rodriguez (2009)
 Michael Sandstrom (2002)
 Michael Santulli (2002)
 Jim Shea (1992)
 Matthew Shea (2007)
 William Sheehan (1994, 1995, 1996, 1997)
 Mike Shiekh (1992, 1993)
 Chris Smith (2006, 2007, 2008)
 Timothy Streeto (1993)
 Michael Sugrue (1995)
 Shannon Sweeney (2005, 2007, 2008)
 Matt Talucci (2005, 2006)
 George Tarr (1998, 1999)
 Joshua Wright (1995)

PATRIOT LEAGUE DIVING COACH OF THE YEAR

Brian Boyer, 2001
 Brian Boyer, 2002

PATRIOT LEAGUE SWIMMER OF THE WEEK

Mike Emmons, 1/28/2003
 Aaron Brosnan, 2/12/2007

PATRIOT LEAGUE DIVER OF THE WEEK

Tim Tuck, 11/26/2003
 Connor O'Neil, 2/12/2007
 Adam DeVito, 10/22/2008



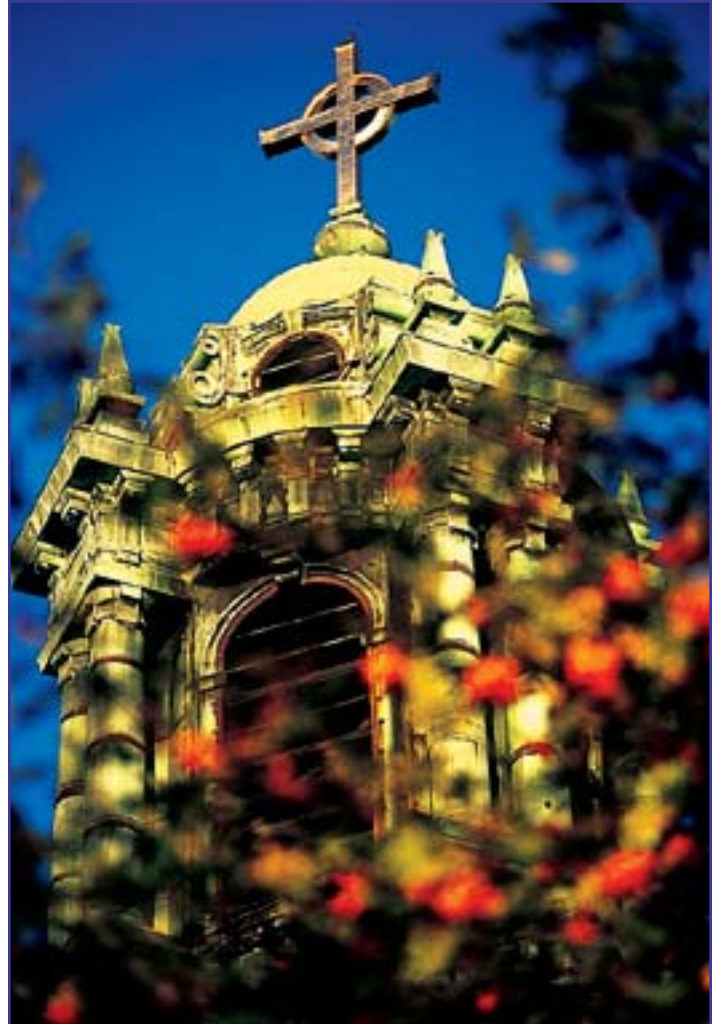


ABOUT HOLY CROSS

Holy Cross is renowned for its academic excellence and mentoring-based, liberal arts education in the Jesuit tradition. An exclusively undergraduate institution with just over 2,800 students, Holy Cross is the oldest Catholic college in New England. Founded in 1843 in Worcester, Mass., the campus occupies 174 beautifully landscaped acres, featuring traditional and contemporary architecture, state-of-the-art facilities, and striking views from atop Mount St. James.

Academic life at Holy Cross is serious, challenging and exciting. Student-professor exchanges in the classroom, as well as in countless informal settings, are at the center of academic life at Holy Cross. With a student to faculty ratio of 10 to one, the opportunity for individual attention is readily available. Few classes exceed an enrollment of 40, and most average 19 students.

Holy Cross professors are widely respected in their academic specialties. Many have national reputations for their research and publications, creative performances, recordings and exhibitions. Almost all of the approximately 300 full- and part-time faculty



members hold doctoral degrees from some of the finest universities here and abroad.

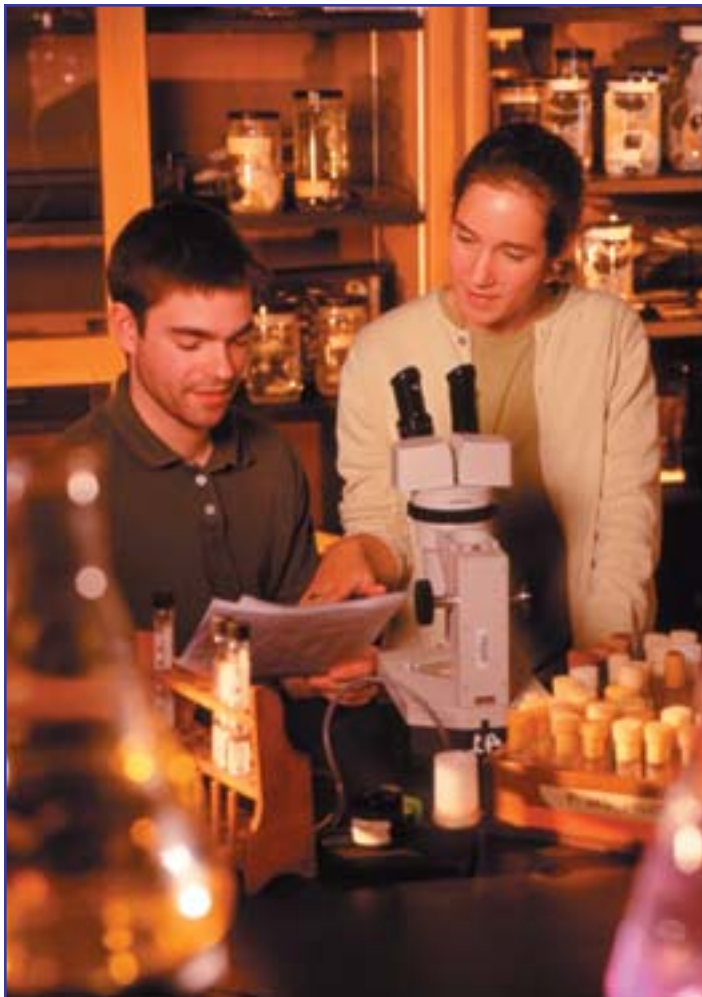
Among the major academic facilities on campus are Dinand Library (which, along with three other specialized libraries on campus, has total holdings of more than 650,000 volumes); Iris and B. Gerald Cantor Art Gallery (with a regular schedule of world-class exhibitions); Brooks Concert Hall (acclaimed by performers and acoustical experts as one of the finest medium-sized performance spaces in the region); St. Joseph Memorial Chapel (built in 1924 and containing the recently renovated McCooey Chapel on the lower level); Hogan Campus Center (with bookstore, post office, coffee lounge, cafeteria and pub); Carol and Park B. Smith Hall (housing the Center for Religion, Ethics and Culture and the Rehm Library); the Multimedia Resource Center in Edith Stein Hall; and the science complex in Haberlin, O'Neil and Swords Halls.

Coeducational since 1972, Holy Cross enrolls a student body of proven accomplishment. Almost all graduated in the top 20 percent of their high school classes. Most live in 10 residence halls





ABOUT HOLY CROSS



on campus, all fully connected to the college's computer network. Students, elected by their peers, represent their classmates at faculty meetings, on major college committees, and in a consultative capacity on the appointment and promotion of faculty. There are more than 100 co-curricular offerings on campus and diverse opportunities for innovative academic options such as the first-year program, community-based learning, Washington semester, internships and full-year study abroad.

Holy Cross integrates faith and knowledge with an emphasis on service, in keeping with the Jesuits' commitment to educate "men and women for others." A distinguishing and all-important characteristic of education at Holy Cross is the emphasis placed upon the service of faith and the promotion of justice. The Office of the College Chaplains advises Student Programs for Urban Development (SPUD), which is the largest student organization on campus. More than 450 students are involved in 37 direct-service programs in Worcester.

The athletics program has a storied tradition that continues today with 27 varsity sports and charter membership in the Pa-

triot League, recognized for its development of scholar-athletes. The college sponsors many club and intramural sports programs, and has excellent athletics facilities, including a football stadium, a baseball stadium, a soccer stadium, a hockey rink and the Hart Recreation Center, home to the basketball, swimming and hockey teams. The Smith Wellness Center includes a specialized strength and conditioning facility for varsity student-athletes, as well as aerobic equipment and workout areas for the general student body.

The college offers focused preprofessional advising programs for students interested in medicine and health, law, business and engineering. The results for successful postgraduate study are well-documented:

- Graduates are admitted to medical school at rates better than twice the national average.
- Each year, more than 100 Holy Cross graduates enter law schools accredited by the American Bar Association – one of the highest rates in the nation.
- Holy Cross is in the top three percent of four-year colleges in the number of students going on to earn doctorates.
- Holy Cross students have won Rhodes, Truman and Marshall scholarships, Watson fellowships, Fulbright grants and many other awards.
- More than 10 percent of Holy Cross alumni are currently practicing medicine.

Among the many Holy Cross alumni with stellar records of achievement are a Nobel Laureate; three Pulitzer Prize winners; two members of the Naismith Memorial Basketball Hall of Fame; a U.S. Supreme Court justice; a U.S. Poet Laureate; numerous members of the U.S. Congress; hundreds of journalists, authors and media commentators; and countless CEOs, educators and business and community leaders.

HOLY CROSS AT A GLANCE

Affiliation: Roman Catholic —

Established by the Society of Jesus (the Jesuits)

Undergraduate enrollment: 2,866

44% Male / 56% Female /

17% Minority and International

Percent out of state: 63%

Number of U.S. states and territories: 46

Number of foreign countries: 15

Student to Faculty ratio: 10 to 1

Number of faculty: 259 full time; 59 part time

Percentage of faculty who hold doctorates or terminal degrees: 92%

Varsity sports: 27 (701 participants)

Intramural sports: 7 (1,741 participants)

Club sports: 18



ACADEMIC OFFERINGS

MAJORS

Anthropology
 Biology
 Chemistry
 Classics
 Computer Science
 Economics
 Economics-Accounting
 English
 French
 German
 History
 Italian
 Mathematics
 Music
 Philosophy
 Physics
 Political Science
 Psychology
 Religious Studies
 Russian
 Sociology
 Spanish
 Studies in World Literatures
 Theatre
 Visual Arts: History
 Visual Arts: Studio

MINORS

Anthropology
 Chemistry
 Computer Science
 Economics
 Economics-Accounting
 French
 German
 Italian
 Philosophy
 Physics
 Russian
 Visual Arts: History
 Visual Arts: Studio



CONCENTRATIONS

Established multidisciplinary programs of study with curricular and cocurricular components:

Africana Studies
 Asian Studies
 Biochemistry
(biology and chemistry majors only)
 Biological Psychology
(biology and psychology majors only)
 Latin American & Latino Studies
 Peace & Conflict Studies
 Women's & Gender Studies

STUDENT-DESIGNED MULTIDISCIPLINARY PROGRAMS

Holy Cross students have the option of creating independent majors and minors. Some examples include:

Architecture
 Catholic Studies
 Environmental Sciences
 Environmental Studies
 Film Making
 Medieval and Renaissance
 Studies
 Public Policy
 Urban Studies

CERTIFICATE PROGRAMS

American Sign Language/Deaf Studies
 Gerontology
 Teacher Education



UNIQUE PROGRAMS

MONTSERRAT

All first-year students are part of a challenging academic and co-curricular program called Montserrat. Embracing the excitement and discovery of living and learning at Holy Cross, this program — expressly designed for first-year students — integrates academic, co-curricular and residential experiences in unique ways. One of the cornerstones of a Holy Cross education is the commitment to Jesuit values. So it is fitting that the program is named after the mountain in Spain where, in 1522, St. Ignatius of Loyola (the founder of the Jesuit order) decided to begin a new life. Students entering Holy Cross are also beginning a new chapter of their lives — and Montserrat provides experiences in and out of the classroom to enhance their journey, while supplying the tools to climb to new places.

COLLEGE HONORS

In the college honors program, academically accomplished students pursue multidisciplinary studies in the natural sciences, social sciences and humanities. Guided by rotating faculty experts, students regularly meet and work to explore how knowledge from different areas can be tested and integrated across disciplines. The program incorporates an honors colloquium — a series of interdisciplinary discussions — and a thesis. Honors students publicly present their findings at the annual academic conference, a highlight of the academic year.

WASHINGTON SEMESTER

Each semester, 15 juniors and first-semester seniors are accepted into a highly selective program in the nation's capital. Students work with members of congress or federal agencies, assist advocacy and public policy groups, and explore up-close the arts, history and culture of Washington, D.C. With support from their Holy Cross advisor, students pursue internships that consist of four full work days, and a public policy seminar one night each week. On the fifth weekday, they conduct independent research for their Washington thesis paper.



WHAT THE GUIDEBOOKS SAY

- Among the nation's top 50 "most competitive" colleges and universities, as ranked by *Barron's Profiles of American Colleges*.
- Graduates 91% of students in four years – ranked fourth among the nation's undergraduate, liberal arts colleges; named to *Kaplan's* list of colleges and universities with "Impressive Graduation Rates."
- Listed in the top 20 colleges for academics in *The Princeton Review's* "The Best 351 Colleges."
- *Peterson's Guide to Four-Year Colleges* cites a 95% first-year retention rate.
- Named one of the country's "most beautiful urban campuses" in *Kaplan's National Guidance Counselor Survey*.
- Ranked 15th for "professors who make themselves accessible" in a student survey by *The Princeton Review*.
- Regarding the college's mission, *Kaplan's Guide to the 328 Most Interesting Colleges* says, "The Jesuit tradition of 'being men and women for others' shines at Holy Cross."
- According to *The Insider's Guide to the Colleges*, compiled by the staff of the *Yale Daily News*, the three best things about attending Holy Cross are: "the professors, the beautiful campus and the connections with classmates."
- The *Fiske Guide to Colleges* cites Holy Cross' small class sizes and beautiful campus as "award winners."

STUDY ABROAD

Students looking to broaden their Holy Cross experience have an excellent opportunity to do so through the Study Abroad program. Year-long programs provide qualified students with exciting and fully credited extensions of the college's curriculum at participating universities in: Australia, Austria, Cameroon, England, France, Germany, Greece, Ireland, Italy, Japan, Mexico, Peru, Scotland, Spain and Russia. One-semester programs are also available in China and Sri Lanka. Third-year students in good academic standing live with host families, and take courses and exams alongside foreign students in their native language. Deepening the cultural experience, students complete an independent study project in the local community to ensure close interaction with the people of their chosen countries.

COMMUNITY-BASED LEARNING

Through a generous endowment established by its namesake, Joseph P. Donelan II, the Donelan Office of Community-Based Learning provides a directorship to establish connections between courses across the college curriculum with internship sites in the greater Worcester area. In keeping with the college's social mission to prepare students to be "men and women for others," Community-Based Learning enables students to be of service to the community while enhancing their understanding of course material.



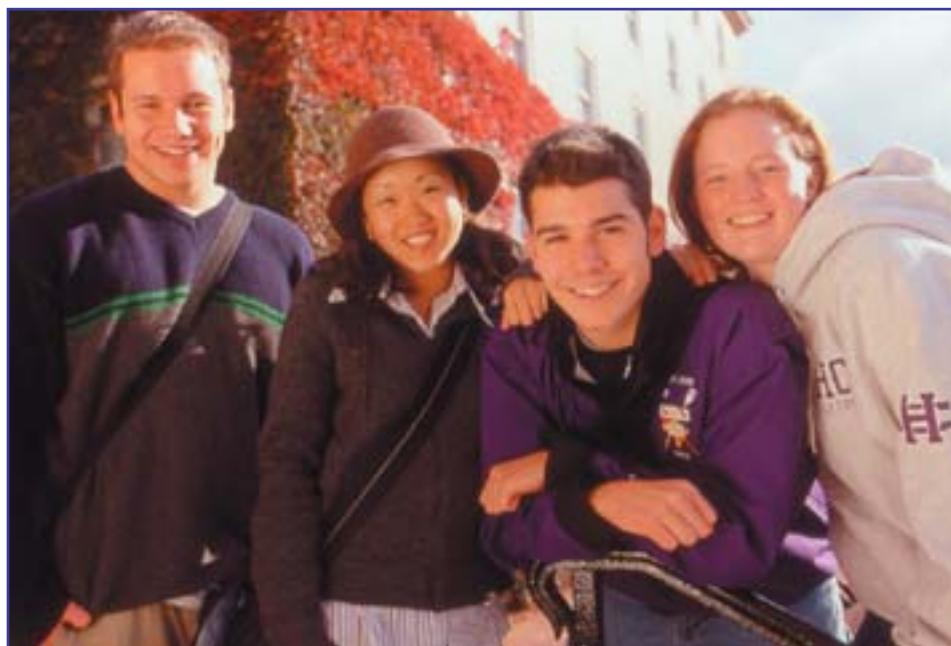
STUDENT LIFE

Holy Cross has three performance theaters, two art galleries, a concert hall, ballroom, dance studio and a movie theater. There are more than 100 student groups and organizations on campus, including:

Aerobics
 Allies
 Alternate College Theatre
 American Medical Student Association
 American Sign Language Club
 Amnesty International
 Appalachia Service Project
 Asian Students In Action
 Association of Bisexuals, Gays & Lesbians
 Ballroom Dance
 Baseball Club
 Best Buddies
 Biology Society
 Bishop Healy Multicultural Society
 Black Student Union
 Bocce Club
 Campus Activities Board
 Campus Christian Fellowship
 Caribbean African Student Assembly
 Chamber Singers
 Class Officers
 College Choir
 College Democrats
 College Republicans
 Color Guard
 COMPASS
 CrossTones (a cappella group)
 Dance Ensemble
 Delilahs (a cappella group)
 Eco-Action
 Equestrian Club
 Executive Cabinet
 Fellowship of Christian Athletes
 Figure Skating Club
 Fools on the Hill (a cappella group)
 French Club
 German Club
 Gerontology Society
 Gesso (art society)
 Golf Club
 Goodtime Marching Band
 Habitat for Humanity (domestic & international)

Helping Area Youth Embrace Spirituality Retreat Team
 Holy Cross Orchestra
 Hot Steppers
 House Councils
 Ice Hockey Club (men)
 Individuals of All Nations Developing Indian Appreciation
 Institute for Children with Cancer & Blood Disorders
 International Student Union
 Investing Club
 Italian Club
 Jazz Ensemble
 Judicial Advisors
 Judicial Council
 Knitting Club
 Lacrosse Club (women)
 Latin American Student Organization
 Light Opera Company
 Literary Society
 Math-Computer Science Club
 Model United Nations
 Multicultural Peer Educators
 Multiethnic Identity Xploration
 Muslim Endeavor to Create Cultural Awareness
 National Society of Collegiate Scholars
 Nutrition, Exercise & Eating Disorders Peer Educators
 Off the Record (a cappella group)
 Orientation Leaders (summer & fall)
 Pax Christi
 Philosophy Club
 Physics Society

Poetry Circle
 Psychology Club
 Purple Key Society
 Purple Patcher (yearbook)
 Racquetball Club
 Relationship Peer Educators
 Religious Education Instructors
 Resident Assistants
 Rugby Football Club (women)
 Russian Club
 Sailing Club
 Senate
 Sexual Health Awareness Peer Educators
 Sir Thomas More Prelaw Society
 Ski Team
 Soccer Club
 Spanish Club
 Student Ambassadors Developing External Relations
 Student Budget Committee
 Student Coalition on Hunger & Homelessness
 Student Programs for Urban Development
 Students for Life
 Tae Kwon Do
 The Crusader (student newspaper)
 Ultimate Frisbee
 Varsity Litter Team
 WCHC 88.1 FM (radio station)
 Wilderness Outing Club
 Women's Forum
 Young Off-campus Youth Organization



ALUMNI/AE OF DISTINCTION



Holy Cross aims to make a positive difference in society not only through teaching and service, but through our alumni. In fulfilling its mission, the College educates people who go on to become leaders in their fields.

DAVID P. ANDERSON '51

Sports columnist, The New York Times; winner of a Pulitzer Prize in 1981

MARY G. BERNER '81

President and CEO, Fairchild Publications

REP. TIMOTHY H. BISHOP '72

Member of the U.S. House of Representatives, Democrat from New York

LEIGH ANNE BRODSKY '80

Executive vice president, Nickelodeon Consumer Products

JOSEPH A. CALIFANO '52

President and chairman, The National Center on Addiction & Substance Abuse; former U.S. Secretary of Health, Education and Welfare

RABBI NORMAN M. COHEN '72

Rabbi, Bet Shalom Congregation

BILLY COLLINS '63

Former Poet Laureate, consultant in poetry to the Library of Congress, 2001-2003

ROBERT J. COUSY '50

Basketball legend and NBA Hall of Famer; led the Boston Celtics to an unprecedented five straight NBA titles

ANTHONY S. FAUCI, M.D. '62

Director, National Institute of Allergy and Infectious Diseases (NIAID), National Institutes of Health

STANLEY E. GRAYSON '72

President and Chief Operating Officer, M.R. Beal and Company, NY, NY

JULIE A. HALPIN '84

CEO, The Geppetto Group, advertising company specializing in products for children

JOHN P. HAMILL '61

Chairman of the Board, Sovereign Bank of New England

THOMAS W. HEINSOHN '56

Former Boston Celtics player and coach; NBA Hall of Famer

JOHN H. "JACK" HIGGINS '76

Editorial cartoonist for the *Chicago Sun-Times*; winner of a Pulitzer Prize in 1989

DIANE JEMMOTT '77

Executive Vice President, Carmen Group, Inc.



**TOM
HEINSOHN**

ALUMNI/AE OF DISTINCTION



EDWARD P. JONES '72

2004 Pulitzer Prize-winning author of *The Known World*

CAPT. JOSEPH P. KERWIN, M.D. USN (RET) '53

First medical doctor in space; senior vice president, Wyle Laboratories

PAUL O. LECLERC '63

President and CEO, New York Public Library

CHRISTOPHER J. MATTHEWS '67

Host of NBC's "The Chris Matthews Show" and MSNBC's "Hardball"

JOSEPH E. MURRAY, M.D. '40

Nobel laureate 1990 for the first successful kidney transplant; professor emeritus of surgery, Harvard Medical School

JOYCE A. O'SHAUGHNESSY, M.D. '78

Leading breast cancer researcher and practitioner at Texas Oncology, P.A.; associate director for clinical research and co-director, Breast Cancer Research, at U.S. Oncology; director, Chemoprevention Research

JAMES DAVID POWER III '53

Chairman and CEO, J.D. Power & Associates, consumer ratings of the automobile industry

MARY DONAHUE QUINLAN '76

Vice president and NY advertising director, Network of City Business Journals

MOST REV. GEORGE E. RUEGER '53

Retired Auxiliary Bishop of Worcester, Mass.

MARY PAT RYAN '78

Executive vice president of marketing, Sirius Satellite Radio

DANIEL E. SHAUGHNESSY '75

Sports columnist, *The Boston Globe*; author of "The Curse of the Bambino"

WILLIAM J. "BILL" SIMMONS III '92

Columnist for Espn.com's "Page 2" and *ESPN The Magazine*

HON. CLARENCE THOMAS '71

Associate Justice, U.S. Supreme Court

MARY MURPHY WESTOVER '85

CFO, Greylock Management Corp.

ROBERT C. WRIGHT '65

Vice Chairman and Executive Officer, General Electric Company; Chairman and CEO, NBC Universal

MARY AGNES "MAGGIE" WILDEROTTER '77

President and CEO, Citizens Communications



**CLARENCE
THOMAS**

STRENGTH & CONDITIONING



Opened in 1997, the Carol and Park B. Smith Wellness Center is a two-story facility which was built as an addition to the Hart Recreation Center. The wellness center provides state-of-the-art fitness equipment for varsity athletes and all other members of the Holy Cross community.

A \$1.5-million gift from Carol and Park B. Smith (Class of 1954) kicked off the campaign to fund the facility. "Everyone today agrees that fitness is very important," Smith said in 1997. "I'm confident that this new Wellness Center — whose facilities will be second-to-none — will provide a real benefit to current and future Holy Cross students, teachers and staff."

With 15,000 square feet, the wellness center provides over four times more space than the college previously had for varsity and community exercise and training, and centralizes athletic equipment and facilities once found in five locations in three campus buildings.

On the first level, the center houses a highly versatile strength and conditioning center for Holy Cross' varsity student-athletes. There are areas for speed development programs, as well as for strength and endurance conditioning. The space, which is able to accommodate as many as 60 people at a time, enables Holy Cross' larger sports teams to work out together, thereby enhancing team unity.

The second floor has been designed for use by all students, faculty and staff. It has two sections: one for aerobic training, and the other for cardiovascular, variable-resistance and strength training. A diverse selection of equipment accommodates users ranging from beginners to advanced athletes. Its south-facing wall is mostly glass, allowing most users a view of the practice fields and the rolling hills of central New England.



The center also offers programs that explore the connections between fitness and wellness, to help students learn how good health can complement and enhance other aspects of their educational experience. An advisory board comprising physicians, fitness and strength trainers, faculty members, psychologists, nutritionists, a college chaplain and others are responsible for creating and coordinating programming for the center.

Holy Cross head strength and conditioning coach Jeff Oliver believes that the wellness center is of the utmost importance to Crusader athletic teams.

"Over the past two decades, college coaches have turned increasingly to strength and conditioning to gain an edge over their opponents," Oliver said. "And while football may have been the first to grasp the concept, we now train athletes from every varsity sport. The wellness center has been a huge boon to our program."

With 6,500 square feet of the center devoted solely to varsity athletes, Oliver and his staff are able to accommodate a much larger number of athletes at one time, allowing teams to train together at times more convenient to their busy schedules as student-athletes.

The state-of-the-art equipment in the wellness center includes:

- Eight multi-purpose power racks, each with over 600 pounds of free weights.
- Seven Olympic lifting platforms with over 375 pounds of rubberized free weights.
- More than 3,000 pounds of dumbbells.
- Eighteen pieces of aerobic equipment.
- Three full sets of plyometric boxes.
- A number of free weight-loaded pieces of equipment to accommodate injured athletes.

"Thanks to the generous donation from the Smiths," Oliver said, "This facility is state of the art."



THE CITY OF WORCESTER



Worcester, the economic and social center of central Massachusetts, is New England's third-largest city with a population of 175,500. Holy Cross is one of the area's 13 colleges and universities, which together make an enormous impact on the area's culture and economy. Boston, Springfield, Hartford and Providence are all about a one-hour drive. New York City is about three hours away; Cape Cod and the Atlantic Ocean are less than two hours from Worcester; and the mountains of Vermont and New Hampshire can be reached in about three hours. Skiing is available at nearby Wachusett Mountain, and water sports enthusiasts can enjoy the hundreds of rivers and lakes in the area, including Lake Quinsigamond.

First incorporated as a township in 1722, this settlement 40 miles west of Boston soon became an important transportation center on the Boston Turnpike, linking the capital city with New York and the west. One of America's first internal commercial waterways, the Blackstone Canal, linked the town with Providence to the south and gave direct access to the Atlantic Ocean.

Primarily an industrial city through the mid-20th century, Worcester has emerged as an educational, medical, health care, cultural and entertainment center. An expanded business and commercial base, and the recent addition of a variety of high-technology



companies and growing biotechnology research parks, have made Worcester attractive to expanding companies. Downtown Worcester stands on the brink of a dramatic renaissance with a new hotel attached to the convention center, a new courthouse and major housing and retail projects all in the works.

Worcester is nonetheless predominantly residential in character. More than 1,200 acres of city-owned parkland are found within its 38 square miles. Half of the entire city budget goes for educational purposes, testimony to the values of its inhabitants. Its parklands are among the oldest in the nation, as are its library and music festival. Worcester is a city proud of its past and secure in its future.

Worcester is home to the DCU Center, a 13,000-seat arena that features big-name rock bands; Mechanics Hall, a world renowned venue for opera, jazz, blues and classical concerts; and the Worcester Art Museum, internationally known as one of the finest small museums in the United States. Other museums include the Higgins Armory Museum, a repository of Medieval arms and armor; the Ecotarium, which combines the features of a science museum, a planetarium and a zoo; the headquarters of the American Antiquarian Society; and the Worcester Historical Museum.

After a \$40 million restoration project, the historic Union Station now serves visitors and commuters via MBTA regional service and Amtrak national service.

Worcester has world-class dining, ethnic restaurants, diners, coffee houses, bookstores, shopping, parks and recreation — all within easy reach of campus.





COLLEGE ADMINISTRATION

REV. MICHAEL C. MCFARLAND, S.J., PRESIDENT



On July 1, 2000, Rev. Michael C. McFarland, S.J., became the 31st president of the College of the Holy Cross.

Prior to becoming president, Fr. McFarland was Dean of the College of Arts

and Sciences at Gonzaga University in Spokane, Wash. He was at Gonzaga for four years, where he was also a professor of computer science.

Born in Boston in 1948, Fr. McFarland lived for a time in California and later graduated from Xavier High School (now closed) in Concord, Mass. He completed his bachelor's degree in physics at Cornell University in 1969. He later earned a master's degree and Ph.D. in electrical engineering (computer engineering) at Carnegie Mellon University.

Fr. McFarland joined the Jesuits in 1975. He studied at the Weston School of Theology in Cambridge, Mass., and earned a master's degree in divinity and Th.M. in social ethics. He was ordained in the St. Joseph Memorial Chapel at Holy Cross in 1984.

Subsequently, he worked as a consultant for two years at the AT&T Bell Laboratories, doing research in computer-aided design of digital systems. He continued his research while teaching at Boston College for 10 years as an associate professor of computer science. In addition to creating new courses in ethics and computers, computer architecture and digital systems, he created a laboratory for digital electronics and developed tutorial materials for a course on computers in management.

Fr. McFarland has published articles in the Proceedings of the IEEE (the Institute of Electrical and Electronics Engineers); the IEEE Transactions on Computers; the IEEE Transactions on Computer-Aided

Design of Integrated Circuits and Systems; Formal Methods for System Design; the Journal of Systems and Software; Computer; and Technology and Society. He was an associate editor of the IEEE Transactions on Computer-Aided Design of Integrated Circuits and Systems for three years and has been on numerous program committees for conferences such as the Design Automation Conference, the International Conference on Computer Design, the International Conference on Computer-Aided Design and the

High-Level Synthesis Workshop.

In addition to his duties as Holy Cross' president, Fr. McFarland sits on numerous local boards, including the Worcester Catholic Charities Board, the Worcester Municipal Research Bureau and the Board of Trustees at the University of Scranton.

Recently, Fr. McFarland oversaw the most successful capital campaign in school history, raising a total of \$216.3 million.

Fr. McFarland enjoys running six days each week in his free time.

OFFICERS OF THE COLLEGE



Frank Vellaccio
Senior Vice President



Timothy R. Austin
*Vice President for
Academic Affairs and
Dean of the College*



William Durgin
*Treasurer and Chief
Investment Officer*



Michael Lochhead
*Vice President for
Administration and
Finance*



Jacqueline Peterson
*Vice President for
Student Affairs and
Dean of the Students*



Michael C. Perry
*Vice President for
Development and
Alumni Relations*



ATHLETIC ADMINISTRATION

RICHARD M. REGAN, JR., DIRECTOR OF ATHLETICS



Richard M. Regan, Jr., is now in his 12th year as the director of athletics at Holy Cross in 2009-2010. Regan, whose tenure began on July 1, 1998, became just the fourth Holy Cross athletic director in the last 50 years. "He is smart, full of energy, skilled in financial management and fully committed to Holy Cross," said then Holy Cross president Fr. Gerard Reedy, S.J., at the time of Regan's hiring.

Regan's first 11 years have been productive ones for the Crusaders. During this period of time, 18 Holy Cross teams have advanced to NCAA tournament play — including at least one team in each of his first nine seasons. The women's basketball team has been to the postseason in seven of the last 11 years (six NCAA appearances and a WNIT berth in 2002), while the field hockey (1998 and 2000) and women's soccer (2000) programs have also made NCAA appearances. Regan's tenure has also seen the first-ever NCAA appearances for the men's ice hockey (2004 and 2006), men's soccer (2002) and women's lacrosse (2006 and 2007) teams. In 1999, Regan hired Ralph Willard as the men's basketball coach, a move which revitalized the program. The Crusaders have advanced to postseason play in five of the last nine years, and became the first Patriot League team ever to advance to the NCAA tournament in three consecutive seasons (2001, 2002 and 2003).

Success is not measured only by wins and losses, but by other gains as well. In an effort to further increase the number of Crusader teams coached by full-time staff members, Regan announced the appointment of full-time coaching positions in track, volleyball, women's lacrosse and softball. Gender equity has been a major focus of Regan's administration and he introduced the college's first two new varsity sports in more than 15 years — women's ice hockey and women's golf.

Improvements to the athletics facilities have also been part of Regan's focus. The new Linda Johnson Smith Stadium is home to not only the men's and women's soccer teams, but its unique two-sided stands and press facilities provide an additional benefit to home events for field hockey and outdoor track and field. In 2009, a new synthetic turf facility was opened for use by the football, men's lacrosse and women's lacrosse teams.

The baseball team opened a new on-campus stadium beginning in the fall of 2005. And there have been improvements to other facilities as well, such as the softball field, the men's ice hockey locker room, and a video room for the men's and women's basketball teams.

In addition to his duties on campus, Regan has become involved in college athletic policy on a national scale. From 1999-2004, he served a term as a Division I-AA representative on the NCAA Division I Management Council. The Management Council, comprised of 49 athletic administrators and faculty athletic representatives from around the nation, reports directly to the NCAA's Division I Board of Directors. The council is responsible for adopting operating bylaws and rules to govern Division I, interpreting Division I bylaws, reviewing recommendations from the Division I conferences and universities, and developing and implementing the Division I budget.

Prior to returning to Worcester in July of 1998, Regan worked for NFL International and NFL Europe (formerly the World League of American Football). He joined

the New York office of the World League in 1991 and was based in London beginning in 1992. Over the next several years he lived in London and Edinburgh, and served as managing director of the Scottish Claymores, vice president of European operations and chief operating officer.

When the World League went through a reorganization following the 1992 season, National Football League commissioner Paul Tagliabue appointed Regan as managing director of NFL International, Ltd., to oversee and develop the NFL's business interests throughout Europe. In that role, he was instrumental in establishing NFL International in Europe and planning and executing the NFL's American Bowl series of international games in London, Dublin, Barcelona and Berlin.

Regan held the post of managing director of Monarch International, Inc., a licensing and financial consulting firm, for three years before joining the World League.

After graduating from Holy Cross in 1976, Regan spent nine years working for Arthur Andersen & Company in its Boston, Mass., offices, rising to the level of senior manager. He then moved to the NFL with the New England Patriots, where he served in the role of Vice President of Finance from 1985-1988.

His ties to Mount St. James run deep, as he is the third generation of his family to attend Holy Cross. He is the son of Richard M. Regan (Class of 1950), and the grandson of Harold J. Regan (Class of 1917). Regan's sisters, Mary (Class of 1977) and Ann (Class of 1980), also graduated from Holy Cross. His daughter, Deirdre, graduated from Holy Cross in 2006.

Born in Providence, R.I., Regan and his wife, Judi, have three daughters — Jennifer, Deirdre and Colleen.



ATHLETIC ADMINISTRATION



BILL BELLEROSE **ASSOCIATE A.D.**

Bill Bellerose is in his 18th year as associate director of athletics and business manager at Holy Cross in 2009-2010, a position he has held since November of 1992. A 1977 graduate of Holy Cross with a dual degree in Economics and Accounting, Bellerose handles the day to day financial support of individual teams and the athletic department. He is

responsible for preparing and administering the budgets for all 27 varsity sports. Bellerose also handles equipment inventories, and much of Holy Cross' travel and ticket operations.

Prior to his current appointment, Bellerose was the college's purchasing director for four years, coordinating purchases for all departments on campus. From 1988 through 1993, Bellerose also served as the head coach of the Crusader men's ice hockey team. He previously spent time as an assistant coach of the squad from 1977-1988.

During his days as an undergraduate, Bellerose was a member of the ice hockey team. He still ranks eighth all-time in career points (152) and 10th all-time in career goals scored (71). In 2002, Bellerose was inducted into the Holy Cross Varsity Club Hall of Fame.

Bellerose and his wife, Susan, reside in Shrewsbury, Mass., with their son, William, Jr. (a Holy Cross sophomore), and daughter, Lauren.



ROSEMARY SHEA **ASSOCIATE A.D.**

Now in her 23rd year at Holy Cross in 2009-2010, Rosemary Shea joined the athletic staff shortly after earning a bachelor's degree in English from Holy Cross in 1987. Since 1990 she has served as the athletic department's compliance officer, with responsibility to assure that the college's staff, coaches, and student-athletes understand and comply with

NCAA rules and regulations. She monitors eligibility and academic progress for all Holy Cross student-athletes and coordinates an ongoing rules education program for coaches and staff members.

In 2000, Shea was promoted to associate athletic director and added the duties of scheduling for men's sports. She also assists the director of athletics with the overall management of the men's athletic programs.



ANN ZELESKY **ASSOCIATE A.D.**

In her 21st year at Holy Cross in 2009-2010 is Worcester native Ann Zelesky, who is responsible for the administration and scheduling for all the women's programs. In 1995, Zelesky was promoted to associate athletic director.

Zelesky joined the Crusaders in April of 1989 after a highly-successful 13-year coaching career at St. Peter-Marian High School in Worcester.

Zelesky's girl's basketball squads posted a 272-54 record, winning eight Central Massachusetts titles, seven district championships and one state crown. Her softball teams were 253-21, capturing 10 Central Massachusetts titles, nine district crowns and five state championships. Zelesky, who also served as St. Peter-Marian's athletic director for nine years, was twice named Massachusetts Coach of the Year for both basketball and softball, and has been inducted into the New England Basketball Hall of Fame.

A 1973 graduate of Worcester State College, Zelesky played volleyball, basketball, field hockey and softball. She began her coaching career at Worcester State following her graduation. Zelesky, who resides in Worcester, has two sons (Brian and Kevin) who are both enrolled at Holy Cross.



FRANK MASTRANDREA **ASSISTANT A.D.**

Frank Mastrandrea is in his 17th year at Holy Cross in 2009-2010, and was named assistant athletic director for marketing and media relations for Crusader athletics in August of 2000. A 1988 graduate of Holy Cross with a bachelor's degree in English, Mastrandrea oversees all marketing and media relations efforts for the athletic department, including all

television, radio and internet coverage of all of the athletic programs.

Mastrandrea previously served as the college's director of athletic media relations from 1993-2000. While serving as the director, Mastrandrea was responsible for the publicity and promotion of the school's 27 varsity sports, with his major focus on the football and men's basketball programs.

Mastrandrea earned his law degree from the University of Connecticut School of Law in 1991, and worked for the firm of Updike, Kelley & Spellacy as a litigator from 1991-1993.

He and his wife, Joan, reside in Shrewsbury, Mass., with their son, Jacob.

ATHLETIC DEPARTMENT STAFF



Kelly Atchue
Athletic Secretary



Brian Atkins
Athletic Trainer



Charles Bare
Media Relations



Anthony Cerundolo
Athletic Trainer



Meredith Cook
Media Relations



Janet Fahnstock
Athletic Secretary



Jeremy Frisch
Strength/Conditioning



Scott Gallon
Athletic Trainer



Linda George
Business Office



Rob Godfrey
Equipment



Scott Graham
Fundraising



Lu-Ann Hennessy
Athletic Secretary



Bryan Hill
Equipment



Jen Kagno
Promotions/Events



Bob Neville
Hart Center



Jeff Oliver
Strength/Conditioning



Nancy Olson
Athletic Secretary



Anna Poulter-Hendrickson
Media Relations/Compliance



Lillian Williams
Athletic Secretary



Jim Wrobel
Media Relations

THE PATRIOT LEAGUE



In its second decade of combining academic and athletic excellence, the Patriot League sponsors championships in 23 men's and women's sports. Initially started as an NCAA Division I-AA football conference in 1986, the Patriot League became an all-sport conference in 1990 and includes American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy as full members, and Fordham and Georgetown as associate members in football. These institutions are among the oldest and most prestigious in the nation and their alumni have, and continue to, play leadership roles in shaping our country.

Since 1998, the Patriot League has ranked first each year among all Division I conferences awarding athletic aid in the NCAA Graduation Rate Report. The league finished at the top spot with 96 percent of its teams reporting a graduation rate of 85 percent or higher in the most recent data. In addition, 76 Patriot League teams earned NCAA Academic Performance Program Public Recognition Awards after posting academic progress rate scores in the top 10 percent of all squads in their respective sports.

The Patriot League's mission is simple: to provide successful competitive athletic experiences while maintaining high academic standards, and to prepare its student-athletes to be leaders in society.

During the 2008-2009 academic year, Patriot League student-athletes and teams accomplished the following:

- Holy Cross quarterback Dominic Randolph led the football championship subdivision in passing yards, total offense and completions per game in 2008, while also finishing as a finalist for the Walter Payton Award.
- Colgate's Jordan Scott finished his career as the all-time Division I leader in carries (1,240), while breaking the Patriot League record and placing fifth in football championship subdivision history in rushing yardage (5,621).

PATRIOT LEAGUE STAFF

Carolyn Schlie Femovich Executive Director
Joanna Kreps Associate Executive Director
Richard Wanninger Associate Executive Director
Grisel Ortiz-Ludovico Executive Assistant & Business Manager
Darlene Gordon Director of Championships & Business Operations
Matt Doherty Media Relations Director
Patrick Janssen Assistant Media Relations Director
Patrick Muffley Assistant Director for Sports Management & Compliance

THE PATRIOT LEAGUE
3773 Corporate Parkway, Suite 190
Center Valley, PA 18034
www.patriotleague.com
Phone: (610) 289-1950
Fax: (610) 289-1952



- Scott became the eighth player in football championship subdivision history and the first from the Patriot League with four 1,000-yard rushing seasons in his career.
- Holy Cross' Brett McDermott and Colgate's Nick Hennessey and Steve Jonas all signed National Football League free agent contracts.
- Hennessey became the first Patriot Leaguer since 2004 to earn consensus All-America honors in football, with his selection by each of the four major organizations.
- American men's basketball senior Garrison Carr became the second player to win back-to-back Tournament Most Valuable Player honors, and set a league record with 302 career three-pointers.
- American men's basketball senior Derrick Mercer became the first player in league history to finish his career with at least 1,200 points and 500 assists, and was named an honorable mention Associated Press All-American.
- Holy Cross men's basketball freshman R.J. Evans was named a Mid-Major Freshman All-American.
- Three Patriot League men's basketball players were named NABC All-District selections, the most for the league since 1995.
- The Lehigh women's basketball team was one of 14 NCAA Tournament participants to record a perfect graduation rate.
- The Patriot League finished 17th in the final women's basketball RPI rating, the highest mark in league annals. The eight teams also combined for the best non-league mark ever with a 61-59 record.
- Two Patriot League women's basketball teams made the postseason, with Lehigh playing in the NCAA Tournament and American in the WNIT.
- Holy Cross men's soccer player Jerry Dickinson was awarded a Fulbright Grant to work and study in South Africa.
- Army became the first Patriot League team to advance to the finals of an NCAA baseball regional, and also the first to win two regional games by beating Texas State and Boston College.
- Lehigh advanced to the finals of its NCAA softball regional, knocking off Florida A&M and Texas A&M in elimination games before falling to top-seed Florida.
- American's Irene Schickhardt and Christine Fingerhuth were both named NFHCA Division I All-Americans in field hockey.

THE PATRIOT LEAGUE



- Four Patriot League men's lacrosse players were selected to the USILA All-America team, including Colgate's Brandon Corp on the first team.
- Navy junior Adam Meyer received All-America honors by finishing in fifth place in the consolation final at the 2009 NCAA men's swimming and diving championship.
- Navy's Erica Ziel became the fourth female student-athlete to earn the Patriot League Scholar-Athlete award in cross country, indoor track and field and outdoor track and field in the same academic year.
- Bucknell won its 15th overall and women's Patriot League Presidents' Cup trophy, while Army won the men's trophy for the first time since 2005.
- Army's Ben Koenigsfeld became the first baseball student-athlete to earn a pair of first team all-league honors in the same season, and also the first to win both the Pitcher of the Year and Tournament Most Valuable Player award in the same year.
- Army men's soccer goalkeeper A.J. Glubzinski was a first team All-Senior All-America selection and Lowe's Senior CLASS award finalist.
- Navy's Amy Watson competed in the NCAA cross country championship.
- Navy's Lizzie Barnes was one of 58 student-athletes nationally to receive an NCAA Postgraduate Scholarship and was also a first team All-Senior All-America selection.
- American hosted first and second round matches in the NCAA volleyball championship.
- Twelve Patriot League student-athletes, including seven from Lehigh, received Arthur Ashe Jr. Sports Scholar awards.
- Bucknell rowing senior Page Kannor and Army baseball sophomore Kevin McKague each appeared in Sports Illustrated's "Faces in the Crowd".
- Navy junior Adam Meyer received All-America honors by finishing in fifth place in the consolation final at the 2009 NCAA men's swimming and diving championship. Erik Hunter and Jonathan Galinski also represented Navy at the event.
- Colgate senior Emily Murphy and Navy juniors Thuy-Mi Dinh and Tara Chapmon all competed at the NCAA women's swimming and diving championship.
- Bucknell's Andrew Cohen set a record with a score of 208 at the Patriot League golf championship, and was named Golf World's College Player of the Week for his effort.
- Corp and Navy's Andy Tormey were named to the All-Senior All-America team, with Tormey on the first team.

PATRIOT LEAGUE HISTORY

1986: The Colonial League is founded and begins full round-robin play in football only. Lafayette College associate professor Alan Childs is named the executive director.

1989: Carl Ulrich is appointed as the first full-time executive director.

1990: The Colonial League changes its name to the Patriot League, which becomes an all-sport conference sponsoring 22 sports, 11 for women and 11 for men. Membership includes Bucknell University, Colgate University, Fordham University, the College of the Holy Cross, Lafayette College, Lehigh University and the United States Military Academy.

1991: The United States Naval Academy joins the league as a full-time member.

1993: Constance H. Hurlbut is named executive director of the league, becoming the first woman and youngest person to be selected as the leader of an NCAA Division I conference.

1995: Fordham resigns its full membership, but remains in the league as an associate member in football.

1996: A change in league policy is adopted to allow basketball scholarships beginning with the class entering in the fall of 1998. In addition, Fairfield and Ursinus begin play as associate members in field hockey.

1997: The league basketball television package is created, which has grown to as many as 12 games per season on ESPN, College

Sports Television and DirecTV. In addition, Towson begins play as an associate member in football.

1999: Carolyn Schlie Femovich is selected as the fourth executive director of the league. In addition, Villanova joins as an associate member in women's lacrosse and Hobart in men's lacrosse.

2000: The Patriot League celebrates its 10th anniversary as an all sports conference. The league policy regarding merit aid is expanded to include all sports except football, beginning with the class entering in the fall of 2001.

2001: American University joins the league as a full member, while Georgetown joins as an associate member in football.

2003: The U.S. Naval Academy increases participation from 12 sports to 18 by joining the Patriot League in men's lacrosse, men's swimming and all cross country and track & field programs.

2004: Women's rowing is added as the league's 23rd championship sport.

2005: The Patriot League celebrates its 20th anniversary as a football conference.

2007: The Patriot League unveils a broadband package for men and women's basketball. Over 100 regular-season and tournament games are streamed. A two-year agreement for a basketball TV package with ESPNU begins.