

Holy Cross 2008-2009 Year In Review

2008-2009 Statistics

13-20-5 Overall, 10-15-3 Atlantic Hockey (7-8-2 Home, 5-12-3 Away, 1-0-0 Neutral)

No.	Name	GP	Shots					+/-	Penalties				Goals									
			G	A	Pts	Shots	Pct		Pen-Min	Min	Maj	Oth	PP	SH	FG	GW	GT	OT	HT	PN	UA	
14	Jordan Cyr	37	19	13	32	113	.168	-6	15-30	15	0	0	4	1	0	4	1	1	0	0	0	3
12	Brodie Sheahan	37	12	19	31	101	.119	-4	10-20	10	0	0	6	0	0	0	0	0	0	0	0	0
11	Everett Sheen	38	11	14	25	103	.107	-4	15-30	15	0	0	2	1	2	1	1	1	0	0	0	3
15	Jay Silvia	38	11	10	21	83	.133	-2	16-32	16	0	0	4	0	2	2	0	0	0	0	0	4
20	Rob Forshner	28	8	11	19	44	.182	-1	3-6	3	0	0	2	0	1	1	0	0	0	0	0	0
27	Ryan Driscoll	38	7	12	19	57	.123	-3	17-34	17	0	0	3	0	0	0	0	0	0	0	0	0
17	J.P. Martignetti	37	7	9	16	95	.074	+4	27-54	27	0	0	0	1	1	2	0	0	0	0	0	0
22	Mark Znutas	37	4	12	16	60	.067	-10	18-47	16	1	1	1	0	1	1	0	0	0	0	0	0
28	Luke Miller	37	6	9	15	58	.103	+1	8-24	7	0	1	1	0	1	1	0	0	0	0	0	0
3	Matt Celin	35	5	7	12	51	.098	0	11-22	11	0	0	1	0	0	1	0	0	0	0	0	0
5	Kyle Atkins	37	1	10	11	48	.021	-4	5-10	5	0	0	0	0	0	0	0	0	0	0	0	0
19	Andrew Cox	33	2	7	9	50	.040	+3	13-26	13	0	0	0	0	0	0	0	0	0	0	0	0
6	Matt Clune	36	2	6	8	28	.071	0	15-30	15	0	0	0	0	0	0	0	0	0	0	0	0
2	Mike Daly	35	2	5	7	32	.062	-7	12-27	11	1	0	2	0	0	0	0	0	0	0	0	0
23	Marty Dams	37	2	5	7	31	.065	+4	13-26	13	0	0	0	0	1	0	0	0	0	0	0	1
24	Peter Lorinser	32	3	3	6	39	.077	-6	1-2	1	0	0	1	1	0	0	0	0	0	0	0	1
8	Gianni Baldassari	38	2	3	5	17	.118	-9	10-20	10	0	0	0	0	1	0	0	0	0	0	0	0
26	Dewey Thomson	16	1	2	3	17	.059	-6	1-2	1	0	0	0	0	0	0	0	0	0	0	0	0
1	Ian Dams	17	0	2	2	0	.000	0	0-0	0	0	0	0	0	0	0	0	0	0	0	0	0
7	Matthew Davis	31	0	2	2	23	.000	-8	7-14	7	0	0	0	0	0	0	0	0	0	0	0	0
18	Jamie Jelinek	19	0	2	2	27	.000	-5	2-4	2	0	0	0	0	0	0	0	0	0	0	0	0
10	Joe Brock	8	1	0	1	21	.048	-2	1-2	1	0	0	0	0	0	0	0	0	0	0	0	0
	Team	38	0	0	0	0	.000	0	6-12	6	0	0	0	0	0	0	0	0	0	0	0	0
	Holy Cross	38	106	163	269	1098	.097	-65	226-474	222	2	2	27	4	10	13	2	2	0	0	12	
	Opponents	38	130	219	349	1133	.115	+65	253-553	244	5	4	39	9	28	20	3	3	1	0	11	

No.	Name	GP-GS	Minutes	GA	Avg	Saves	Pct	W	L	T	Sho	PP	SH	EN	PEN	SOG
1	Ian Dams	17-15	930:48	49	3.16	429	.897	7	7	1	1	16	5	0	0	0
35	Adam Roy	24-23	1378:08	76	3.31	574	.883	6	13	4	1	23	3	0	0	0
	Empty Net	19-0	14:44	5	0.00	0	.000	0	0	0	0	0	1	5	0	0
	Holy Cross	38-0	2323:40	130	3.36	1003	.885	13	20	5	2	39	9	5	0	0
	Opponents	38-0	2323:40	106	2.74	992	.903	20	13	5	2	27	4	3	0	0



**2008-2009 Captain
Marty Dams**

2008-2009 Final Atlantic Hockey Standings

Team	Conference			Overall	
	W-L-T	Pts.	Pct.	W-L-T	Pct.
# & Air Force	20-6-2	42	.750	28-11-2	.707
# RIT	20-6-2	42	.750	23-13-2	.632
Mercyhurst	17-8-3	37	.661	22-15-3	.588
Bentley	15-11-2	32	.571	19-17-2	.526
Canisius	12-12-4	28	.500	15-16-6	.486
Army	10-12-6	26	.464	11-19-6	.389
Holy Cross	10-15-3	23	.411	13-20-5	.408
Sacred Heart	9-16-3	21	.375	11-23-4	.342
Connecticut	8-18-2	18	.321	9-26-2	.270
AIC	5-22-1	11	.196	5-28-2	.171

- AHA Regular Season Co-Champion
&- AHA Tournament Champion

For 2009-2010 results, go to page 35.

Holy Cross Head Coach Paul Pearl



Paul Pearl is in his 15th season at the helm of the Holy Cross ice hockey program and is just the fifth head coach in the history of ice hockey at Holy Cross. On January 21, 2006, with a 3-2 victory at Dartmouth, Pearl became the school's all-time winningest coach with the 168th victory of his career.

Pearl has forged a 214-207-48 record at Holy Cross over 14 years and has been the man behind the bench in seven of the nine most successful seasons in Holy Cross history, while he has had three teams post 20-plus win seasons.

Along with 13 post-season appearances in 14 years, Pearl led the Crusaders to their first two NCAA Tournament appearances in 2003-04 and 2005-06, while he coached the Crusaders to their first ever NCAA Tournament win with the 4-3 overtime victory over Minnesota in Grand Forks, N.D., on March 24, 2006.

In 2005-06, Pearl led the Crusaders to a school single season record 27 victories, as the team posted an overall record of 27-10-2. Holy Cross also claimed the Atlantic Hockey regular season and tournament titles.

During the 2003-04 campaign, the Crusaders tallied a 22-10-4 overall record. Holy Cross swept the Atlantic Hockey tournament, and captured two shutout victories en route to the title, including the 5-0 playoff win versus American International (3/13/04) and in the 4-0 championship game win over Sacred Heart (3/20/04).

In 1998-99, the Crusaders earned a 22-9-4 mark and the MAAC Hockey Championship. It was the first time in the school's history that the hockey program won its conference championship.

In Pearl's first season (1994-95), he inherited a team that had one winning season in its eight previous years. He guided the squad to a 15-10 record, including an 11-4 mark at the Hart Center and an ECAC Tournament berth.

Over the years, Pearl has coached several talented athletes, including 1999 MAAC Goalie of the Year Scott Simpson, 2002 MAAC Offensive Player of the Year and NHL player Patrick Rissmiller, 2003-04 Atlantic Hockey Defensive Forward of Year Greg Kealey, 2003-04 Atlantic Hockey Individual Sportsmanship honoree Tim Coskren and 2005-06 All-American Tyler McGregor, Holy Cross' Division I all-time points leader James Sixsmith and the 2006-07 Atlantic Hockey Defenseman of the Year Jon Landry. Not only have Pearl's athletes received numerous accolades, but the coach himself has earned several honors, such as the 2003-04 Atlantic Hockey Coach of the Year award, the 2001-02 MAAC Coach of the Year

The Paul Pearl File

Born: February 7, 1967

High School: Winthrop High School

Hometown: Wakefield, Mass.

College: Holy Cross, 1989; MBA University of Connecticut, 1994

Holy Cross Playing Career: 125 games, 14 goals, 63 assists (as a defenseman)

Family: Wife, Karen; son, Robert; daughter, Katheryn



award, the 1997-98 ECAC East Coach of the Year award and the 1997-98 New England Hockey Writers Coach of Year honors.

Pearl also served Holy Cross in the capacity of baseball coach from 1998-2001. He coached the first two teams to ever reach the Patriot League baseball playoffs at Holy Cross and was twice named Patriot League Coach of the Year.

A 1989 graduate of Holy Cross, Pearl served as an assistant coach at the University of Connecticut from 1992-94. While at Connecticut, Pearl helped lead the Huskies to an impressive mark of 34-15-5 and a pair of ECAC Tournament appearances. Pearl also served as assistant coach at Brown University, gaining valuable recruiting experience in the United States and Canada.

Prior to serving as an assistant at Connecticut, Pearl directed the ice hockey program at the Portsmouth Abbey School in Portsmouth, R.I., for two seasons. He works extensively with USA Hockey in the Massachusetts Satellite program and has served as assistant coach several times, including the Massachusetts Select 17 squad that captured gold at the St. Cloud Festival in Minnesota.

As a four-year letterwinner for the Crusaders, he played in 125 games as a defenseman, tallying 14 goals and 63 assists. Pearl led Holy Cross with 25 assists as a senior captain on the 1988-89 squad. During his four-year playing-career, Holy Cross won 63 games and qualified for the ECAC East Tournament twice.

Paul and his wife Karen have two children, Robert and Katheryn. They reside in Wakefield, Mass.

Pearl's Coaching File

Years	School	Position
1990-1992	Portsmouth Abbey School	Head Coach
1992-1994	Connecticut	Assistant Coach
1994-1996	Holy Cross	Head Coach
1996-1997	Brown	Assistant Coach
1997-Present	Holy Cross	Head Coach

Pearl's Coaching Honors

- 1998 ECAC East Coach of the Year
- 1998 New England Writer's Association Coach of the Year
- 2002 MAAC Coach of the Year
- 2004 Atlantic Hockey Coach of the Year

Holy Cross Head Coach Paul Pearl

Pearl's Collegiate Head Coaching Record

Season	School	Overall		Conference			Postseason Accomplishments
		W-L-T	Pct.	W-L-T	Pct.	Place	
1994-1995	Holy Cross	15-10-0	.600	10-7-0	.588	Seventh	ECAC East Quarterfinals
1995-1996	Holy Cross	13-11-2	.538	9-8-2	.526	11th	ECAC East Quarterfinals
1997-1998	Holy Cross	16-8-2	.654	13-4-2	.737	Third	ECAC East Quarterfinals
1998-1999	Holy Cross	22-9-4	.686	19-6-3	.732	Second	MAAC Champions
1999-2000	Holy Cross	8-24-3	.271	8-16-3	.352	Seventh	MAAC Quarterfinals
2000-2001	Holy Cross	8-22-2	.281	8-16-2	.346	Ninth	
2001-2002	Holy Cross	17-12-5	.574	14-7-5	.635	Third	MAAC Quarterfinals
2002-2003	Holy Cross	17-18-1	.486	14-11-1	.558	Third	MAAC Semifinals
2003-2004	Holy Cross	22-10-4	.667	17-4-3	.771	First	Atlantic Hockey Champions / NCAA Tournament
2004-2005	Holy Cross	16-14-6	.528	12-7-5	.604	Fourth	Atlantic Hockey Semifinals
2005-2006	Holy Cross	27-10-2	.718	19-7-2	.714	First	Atlantic Hockey Champions / NCAA West Regional Finals
2006-2007	Holy Cross	10-20-5	.357	9-14-5	.411	Sixth	Atlantic Hockey Quarterfinals
2007-2008	Holy Cross	10-19-7	.375	9-15-4	.393	Ninth	Atlantic Hockey Quarterfinals
2008-2009	Holy Cross	13-20-5	.408	10-15-3	.411	Seventh	Atlantic Hockey Quarterfinals
Career	14 Seasons	214-207-48	.507	171-137-40	.549		Two NCAA Tournaments One NCAA Tournament Victory One MAAC Championship Two Atlantic Hockey Championships

Q&A With Paul Pearl

What is your coaching philosophy?

"I like the Shawn Walsh line, 'Recruit offense and teach defense.' We like to get a higher skilled type of player here, someone who can skate and handle the puck. We feel like we can take care of the defensive part. The size part we can take care of in the weight room with coach (Jeff) Oliver. We are going to go after each game and hopefully win each one. Our philosophy is the same as it was 15 years ago. We want to get better each day; be it at practice, a film session or a game."

What type of players do you recruit?

"We like to bring in intelligent players, both academically and on the ice. It is important that he has good hockey sense, skates well and is a good teammate."

Why should a student-athlete attend Holy Cross?

"Holy Cross is a perfect blend of academics and athletics. To be here on a beautiful campus, dealing with some of the best professors in the country and to be playing for a good Division I ice hockey program. The Holy Cross experience for a student-athlete is up there with any in the country."

How important is scheduling?

"Playing out of league games against some of the top teams in the country spices up the regular season. I do like in-season tournaments. Those are exciting to play in and make regular-season games a little bit more meaningful."

What are the strengths of the staff?

"Our staff is very versatile, Rob (Godfrey) and I played defense, and Brian (Akashian) and Jason (Smith) played forward. We hit all the areas on a team. We have four guys who understand Holy Cross and the balance you have to endure as a student-athlete. All four of us are passionate, not just about winning hockey games, but winning hockey games at Holy Cross. We know the traditions we have established here for our student-athletes and want to continue them for many years to come."



The Pearl Family: Katie, Paul, Karen and Bobby.

Holy Cross Coaching Staff



Brian Akashian '01 Assistant Coach Eighth Season

Brian Akashian is in his eighth season as an assistant coach at his alma mater. A former Crusader captain, Akashian's responsibilities for the Holy Cross hockey program include working with the Crusader defense and assisting with special teams. Before returning to Holy Cross, Akashian spent one season as a graduate assistant at Suffolk University (ECAC Northeast,

NCAA Division III) while attending law school.

A four-year letterwinner with the Crusaders from 1997-2001 as a forward under head coach Paul Pearl, Akashian appeared in 102 games for Holy Cross and helped lead the Crusaders to the MAAC Championship in 1999. Following his junior season, Akashian was named the recipient of the Crusaders' Seventh Player Award (given to a Holy Cross hockey player who performed above expectations as voted by his teammates) after leading the team in goals with 15. During his career at Holy Cross, he tallied 20 goals and 18 assists for 38 points and served as co-captain his senior year.

Akashian has instructed and been a coach at several of New England's premier hockey camps. He has served as an instructor at the Milton Academy Hockey School and the All-American Hockey Camp. Akashian also works with USA Hockey in the Massachusetts Satellite program and has served as a coach of the Northeast team in Massachusetts Amateur Sports Foundation's Bay State Games.

Akashian, who earned his Juris Doctorate in 2004 from Suffolk University Law School, is married to the former Lauren Murphy '00, who was a captain and standout swimmer for the Crusaders. The Akashians reside in Lowell with their son Ned.



Brian Akashian



Rob Godfrey



Jason Smith Assistant Coach Third Season

Jason Smith is in his third season as an assistant coach at Holy Cross. Smith serves as the recruiting coordinator and works with all positions with an emphasis on forwards.

Smith came to Holy Cross from Babson College, where he was as an assistant coach and recruiting coordinator for four seasons. Babson won the 2007 ECAC East Championship earning

its first NCAA Tournament appearance since 1993. In total Babson reached the ECAC East Finals in three of the four seasons Smith was a part of the program. He previously served as an assistant coach and recruiting coordinator for Salem State College for four years.

A native of West Yarmouth, Mass., Smith graduated from Salem State in 1998 where he was a three-year member of the hockey team and was a captain as a junior and senior. Smith led the team in scoring in the 1996-97 season. He also played at UMass-Amherst in the 1993-94 season.

Smith and his wife Karen, reside in Braintree, Mass., with their daughters Allyson and Ashley.



Rob Godfrey '07 Assistant Coach Third Season

Rob Godfrey is in his third season on the Holy Cross staff and his second as an assistant coach. He was the director of hockey operations in 2007-2008. As an assistant coach with the Crusaders, his responsibilities include recruiting and working with all positions with an emphasis on defense.

A native of Thunder Bay, Ontario, and a 2007 graduate of Holy Cross, Godfrey had an outstanding career as a defenseman for the Crusaders. He played in 121 career games with nine goals and 25 assists for 34 points, including four goals and seven assists for 11 points as a senior and four goals and 12 assists for 16 points as a junior. In 2005-06, Godfrey was named the Atlantic Hockey Best Defensive Defenseman, while he received the Glenn "Spike" Crane Memorial Award and the Seventh Player Award. As a senior, he served as the team's assistant captain and received the Dr. James M. Stewart Memorial Award which is the Coaches Award given for commitment, leadership and performance.

All-Time Assistant Coaches

Michael Addesa (1974-1976)	Rob Godfrey (2008-2010)
Brian Akashian (2002-2010)	Albie O'Connell (2006-2007)
Paul Allen (1978-1979)	Bob Saunders (1976-1979)
Peter Belisle (1996-1997)	Garry Scott (1999-2000)
Bill Bellerose (1977-1988)	Bob Skinner (1968-1974)
John Binkoski (2002-2007)	Jason Smith (2007-2010)
Mike Brennan (2001-2002)	Jim Stewart (1988-1999;
Bill Butler (1973-1974)	2000-2002)
Terrence Butt (1998-2004)	Peter Van Buskirk (1990-1996;
Brian Coyle (1976-1978)	1997-2000)
Jack Doherty (1988-1990)	Kyle Wallack (2004-2006)
John Gillis (1988-1996)	Brent Wild (2000-2001)

Holy Cross Support Staff



Brian Atkins
Asst. Athletic Trainer
First Season

Brian Atkins is in his first year as the athletic trainer for the men's ice hockey team. He also works with the Holy Cross football team, while assisting with a number of other sports.

Prior to his time with the Crusaders, Atkins spent two years as a graduate assistant athletic trainer at Cornell University, where he worked on a daily basis with the men's lacrosse and

sprint football squads. He also handled winter event coverage and worked with Cornell's summer sports schools.

Previously, Atkins was an athletic training student at the State University of New York at Cortland, working with the women's gymnastics, cross country and football teams. He also spent time assisting with Cornell's men's lacrosse and football teams during his time as an undergraduate.

A certified and licensed member of the National Athletic Trainers' Association, Atkins received his bachelor's degree in athletic training from SUNY Cortland in 2007, and his master's degree in exercise and sport sciences from Ithaca College in 2009.



Bryan Hill
Head Equipment Manager
First Season

Bryan Hill is in his first year as the head equipment manager at the College of the Holy Cross. He handles the equipment needs for all 27 of the Crusaders' varsity athletic teams.

Hill came to Holy Cross from the State University of New York at Albany, where he served as an assistant equipment manager for two and a half years. He was previously a student assistant

to the Albany equipment manager for three and half years, during his days as an undergraduate. In addition, Hill assisted the equipment staff at the New York Giants training camp from 2005-2008.

A certified member of the Athletic Equipment Managers' Association, Hill earned his bachelor's degree in urban studies from Albany in 2006.



Jeff Oliver
Strength & Conditioning Coach
14th Season

Jeff Oliver is in his 14th season as the head strength & conditioning coach for the College of the Holy Cross. Prior to his time with the Crusaders, Oliver spent two seasons at Boston University as an assistant strength coach. He has also served as the strength and conditioning coordinator for the Worcester IceCats, the American Hockey League affiliate of the St.

Louis Blues organization.

Oliver graduated from Boston College in 1988 with a bachelor's degree in business administration, and was selected to receive the Thomas Scanlon Memorial Award for Scholarship, Leadership and Community Service. He was a four-year letterwinner on the Eagles' football team, went on to play for the New York Jets from 1989-1990, then finished his career as an offensive lineman for the Barcelona Dragons of NFL Europe.

He earned his master's degree in education from Boston University in 1996 and is also a Certified Strength and Conditioning Specialist. Oliver and his wife, Kate, have four children (Peter, Corinne, Claudia and Keating), and reside in Worcester.



Jim Wrobel
Asst. Media Relations Director
Fifth Season

Jim Wrobel is in his fourth year as an assistant director of athletic media relations and is in his fifth overall year at Holy Cross. He serves as the department's primary media contact for the men's ice hockey team, in addition to working with the men's and women's lacrosse, men's and women's rowing and volleyball squads.

Wrobel became a full-time member of the Holy Cross athletic media relations staff in August of 2006, after spending the previous year as an intern in the department.

Prior to his time at Holy Cross, Wrobel spent one year as an athletic media relations assistant at the University of Massachusetts, where he worked with the men's soccer, baseball, women's rowing, swimming & diving and water polo teams. He also spent four years as a student assistant in the media relations office at UMass, working with the water polo teams while assisting with several other sports.

A native of Medway, Mass., Wrobel earned his bachelor's degree in sport management from UMass in 2000.



Patrick Collins
Video Coordinator



Kat Sutton
Administrative Assistant