

Holy Cross Field Hockey 2005



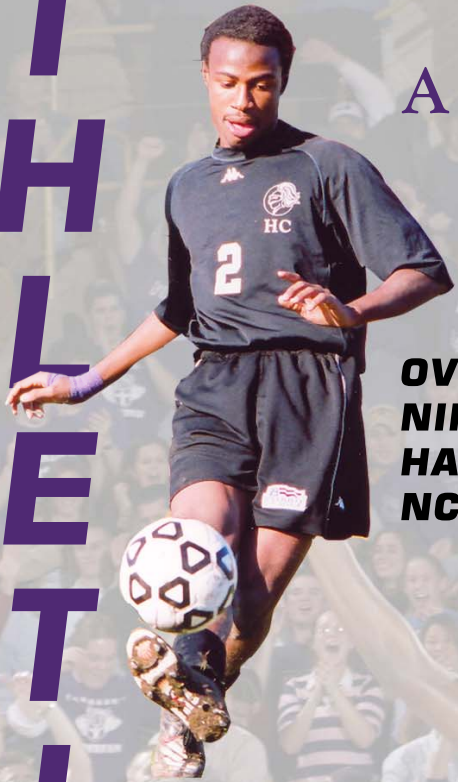
NCAA CHAMPIONS

HOLY CROSS



A Tradition Of Excellence

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**OVER THE PAST SIX YEARS
NINE CRUSADER TEAMS
HAVE ADVANCED TO THE
NCAA TOURNAMENT**



**HOLY CROSS HAS CAPTURED
SIX CONFERENCE TITLES
OVER THE PAST THREE SEASONS**



**HOLY CROSS HAS WON THREE
NATIONAL CHAMPIONSHIPS
IN ITS STORIED HISTORY**

FIELD HOCKEY QUICK FACTS

Location: Worcester, MA 01610
 Founded:1843
 Enrollment:2,700
 Color:Royal Purple
 Nickname:Crusaders
 Affiliations:NCAA Div. I, Patriot League
 Home Field (Surface):..... Hart Center Astro turf Field (Artificial Turf)

President: Rev. Michael C. McFarland, S.J.
 Director of Admissions:Ann McDermott '79
 Office Phone:(508) 793-2443
 Director of Financial Aid:Lynne M. Myers
 Office Phone:(508) 793-2265
 Director of Athletics:..... Richard M. Regan, Jr. '76
 Associate Director of Athletics: Bill Bellerose '77
 Associate Director of Athletics: Ann Zelesky
 Associate Director of Athletics: Rose Shea '87
 Assistant Director of Athletics:Ralph Willard '67
 Asst. AD/Marketing & Media Relations:..... Frank Mastrandrea '88
 Manager of Events and Promotions: Jennifer Kagno
 Athletic Trainer: Amanda Wolf
 Director Athletic Media Relations: Charles Bare
 Asst. Director of Athletic Media Relations (FH Contact): Brianne Mallaghan
 Office Phone:(508) 793-2583
 Fax Phone:(508) 793-2309
 Web Site www.goholycross.com

FIELD HOCKEY INFORMATION

Head Coach:Meg Galligan (Boston College '78)
 Career Record/Years 204-211-12/24 years
 Record at Holy Cross 176-194-10/20 years
 Field Hockey Office Phone:.....(508) 793-2319
 EMail address.....mgalliga@holycross.edu
 Assistant Coach:..... Ali Hawk ('99)
 2004 Overall Record:..... 11-8
 2004 Patriot League Record/Finish:3-2/3rd
 Letterwinners Returning/Lost: 13/8
 Starters Returning/Lost: 7/4
 Tri-Captains:Kelly Bogue, Jenna Cook, Sony Kuhn

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MASCOT & COLOR

“CRUSADERS” - The name “Crusader” was first associated with Holy Cross in 1884 at an alumni banquet in Boston, where an engraved Crusader mounted on an armored horse appeared at the head of the menu. The name was rediscovered by Stanley Woodward, a sports reporter for the *Boston Herald*, when he used the term “Crusader” to describe the Holy Cross baseball team in a story written in 1925. The name appealed to the Holy Cross student body, which held a vote later in that year to decide whether this cognomen or one of the other two currently in use - “Chiefs” and “Sagamores”- would be adopted. *The Tomahawk* of Oct. 6, 1925, reported that the results of the ballot were: Crusaders 143, Chiefs 17, Sagamores 7.

PURPLE - The official color for the College of the Holy Cross is purple, which comes from the motto “In Hoc Signo Vincas” on the purple labarum (military standard) of King Constantine the Great (born about 275 A.D., died in 337 A.D.)

THE MISSION STATEMENT - DEPARTMENT OF ATHLETICS COLLEGE OF THE HOLY CROSS

The Mission of the Athletic Department of the College of the Holy Cross is to promote the intellectual, physical, and moral development of students. Through Division I athletic participation, our young men and women student-athletes learn a self-discipline that has both present and long-term effects; the interplay of individual and team effort; pride and self-esteem in both victory and defeat; a skillful management of time; personal endurance and courage; and the complex relationships between friendship, leadership, and service. Our athletics program, in the words of the College Mission Statement, calls for “a community marked by freedom, mutual respect, and civility.”

Besides teaching these virtues, a few sports played at Holy Cross have the added value of focusing alumni and student support and enhancing our reputation locally and nationally. While Holy Cross continues to commit itself to accomplishment in these sports, which are a rich part of our tradition, we choose to do so in a way that complements the pursuit of academic excellence.

Holy Cross is committed to the guiding principles of the Patriot League, of which we are a founding member: presidential control of athletics; the cultivation of the ideal scholar-athlete; and participation in a wide variety of sports. Commitment to the last principle assures that the College sponsors, in a very evident way, gender equity.

The Department of Athletics is also committed to compliance with all College policies and regulations involved in Division I membership in the National Collegiate Athletic Association and the Eastern College Athletic Conference. As a member of the NCAA, Holy Cross also advocates student-athlete welfare, diversity, gender equity, sportsmanship, and ethical conduct in its athletic programs.

The 2005 Holy Cross Field Hockey Media Guide is published by the College of the Holy Cross Athletic Association. All rights are reserved. EDITOR & DESIGN: Brianne Mallaghan AS-SISTANT EDITORS: Charles Bare, Frank Mastrandrea PHOTOGRAPHY: C.W. Pack Sports, Carlisle Stockton Sports Photography, Holy Cross Athletic Media Relations and Holy Cross Public Affairs. PRINTED: Holy Cross Graphic Arts Department. On the cover: 2005 Tri-Captains Kelly Bogue, Jenna Cook, Sony Kuhn. On the back: Senior Renee DiDonato.



Head Coach Meg Galligan



Meg Galligan 21st Season

Overall Record At Holy Cross: 176-194-10 (.476)
Patriot League Tournament Appearances: 10
Patriot League Tournament Champions: 3
Patriot League Regular Season Championships: 2
Patriot League Coach of the Year: 3

Meg Galligan, the winningest coach in the history of Holy Cross field hockey, is in her 21st year as head coach. Galligan, who inherited a Division I program in its infancy in 1985, has transformed the Holy Cross program into a perennial winner.

Galligan coached her eighth-consecutive Patriot League Tournament team in 2004, posting a 3-2 mark in conference play. In 2003, Galligan's #2 ranked Crusaders were defeated by #1 ranked American 1-0 in the Patriot League Championship game. In 2001 and 2002, Galligan led the Crusaders to consecutive Patriot League regular season titles. In 2000, her team captured its first regular season title with a perfect 6-0 record and third tournament title in four years. The three-time Patriot League Coach of the Year ('92, '97 & '00) has guided HC to five appearance in the PL Championship game in the past seven years while posting a 46-13 cumulative record against PL competition. During the 1997, 1998 and 2000 seasons her teams advanced to NCAA Play-In games. She led her squad to a second-consecutive Patriot League Championship in 1998 and the most wins, 16, in the school history. In addition, her team finished the season with a national RPI ranking of 18 out of 73 teams.

In 1993, Galligan guided her team to a 12-6-1 mark earning a spot in the ECAC Tournament. The Crusaders have also qualified for the four-team Patriot League Tournament seven times in the last eight seasons. During her 20 year tenure, Galligan has compiled an overall record of 176-194-10.

Galligan also served as head coach of the Holy Cross women's lacrosse team for ten years (1986-95). She was honored as the 1992 Patriot League Lacrosse Coach of the Year after guiding the Crusaders to an 8-5 record, the program's most successful finish in over a decade. Following the completion of the 1995 lacrosse season, she gave up the reins to devote her full attention to the field hockey program. Galligan began her coaching career at Georgetown University in 1981 where she compiled a 15-7-2 mark over two seasons. She then assumed the position of head field hockey and lacrosse coach at Babson College for two seasons (1983-85).

A 1978 graduate of Boston College, Meg enjoyed a highly successful collegiate career. In addition to setting several scoring records for the Eagles, she earned Most Valuable Player honors as a senior captain. She has been selected to



the Northeast and National Festival Tournaments. Galligan has served on the NFHCA Ethics Committee and has been a staff member with the Olympic Development Program for 12 years while serving as a head coach for six years. Since the fall of 2000 she has been a member of Division I Northeast Regional Committee and the All-American Committee. Galligan is also the chairperson of the Patriot League field hockey coaches committee and served as an ECAC field hockey committee member from 1995-98. In 1988 and 2004, she directed trips to Europe where the HC team competed against international competition. Last October, Galligan was inducted into her high school Athletics Hall of Fame. It was the Newton Country Day School of the Sacred Heart's first ever hall of fame induction.

Galligan and her husband Peter reside in Needham, Mass. with their nine-year old daughter Cori.



Assistant Coach Alicia Roberts Hawk

**Alicia Roberts Hawk
First Season
Holy Cross '99**



A member of the Patriot League All-Decade Team and the 1998 Patriot League Scholar Athlete of the Year, Ali Roberts Hawk, joins head coach Meg Galligan on the Holy Cross staff for the 2005 season. Hawk graduated from Holy Cross in 1999 and was a four-year letterwinner with the Crusaders. As a junior, she was the Patriot League's top scorer and a Second Team All-League selection. She was also named to the Regional All-American Second Team and was selected to the National Academic Squad.

She served as team captain during her senior season and was the 1998 Patriot League Offensive Player of the Year. A First Team All-League selection, she also earned Patriot League Tournament MVP honors and was a First Team Regional All-American pick. Hawk led the Patriot League in scoring for the second straight season and earned a Top 10 national ranking in goals scored. In addition, Hawk was selected as the team MVP and totaled more than 100 points throughout her career. She was also named to the Division I North/South Senior All-Star Team.

During her time at Holy Cross, Hawk led her teams to two Patriot League Tournament titles.

Originally from Argentina, Hawk earned a degree in History with a concentration in Latin American Studies from Holy Cross in 1999. In 2002, she earned a master's degree in Latin American and Caribbean Studies from Indiana University, where she also served as team manager for the field hockey team.

Hawk and her husband Charles reside in Holden, Mass.



As a senior, Hawk led the Crusaders to their second Patriot League Tournament Championship and a program-record 16 wins in 1998.



2005 Preview

With 13 letterwinners and seven starters returning from last year, including three of the top four scorers on the team, the 2005 Holy Cross Crusaders are full of talent and full of hope of raising the program's fourth Patriot League title in the last nine years. "We have a solid group of versatile athletes and we are excited about the depth that they will bring to our system this year," said head coach Meg Galligan.

FORWARDS: A Second Team All-Regional pick and First Team All-Patriot League selection, senior tri-captain **Jenna Cook** is anticipated to continue being a major scoring threat in 2005. Currently ranked seventh in both career goals and career points on the all-time scoring charts, Cook led the team in both points (33) and assists (nine), while scoring 12 goals, including three game-winners in 2004. "Jenna is a pure forward who brings endless energy and aggressiveness to the front line," said Galligan. "She has great touches on the ball and has superb spatial awareness, allowing her to direct our attack into shooting position."

The Crusaders also return their top scorer from a year ago in junior All-League performer, **Tara Welch**. Welch is also expected to be a consistent scoring threat this season. Last year, she led the team with 14 goals and was second on the team in points (31). "Tara is just as adept at deceptive passing as she is to putting the ball in the back of the net," said Galligan. "She is a real competitor and has great instincts to score. Her versatility and knowledge of the game also give us the option to use her to our advantage in the midfield."

Sophomores **Carolyn Connelly**, **Sara O'Coin** and **Eli Skovron** all made significant progress in the Spring and will compete for starting jobs in the Fall. According to Galligan, O'Coin is emerging on the scene as a front line threat. "Sara gained a lot of confidence in the off-season



and showed her defenders in one v. one situations by using her excellent speed to her advantage." Connelly and Skovron will give the team options on both the front and midlines. "CC' and Eli made great strides in the Spring by improving their stick skills and showing their ability to make tactical decisions."

Newcomer **Ashley Gutowski** is expected to contribute to the team's depth at both the forward and midfield positions.

MIDFIELDERS AND BACKS: It will be difficult to replace the 2004 Patriot League Co-Defensive Player of the Year and All-Region selection in Cat Kerman, but the 2005 Crusaders return seasoned veterans **Kelly Bogue**, **Renee DiDonato** and **Susie Whelan** to lead the midfield and backline.

Bogue, who will serve as a tri-captain this season, is back on track after recovering from a knee injury a year ago. "Kelly's natural explosive speed and confidence are back intact," said Galligan. "She has a clear understanding of the game and will offer leadership with her directive talk in the backfield."

Like Bogue, DiDonato and Whelan will also return to the lineup with a lot of game experience, both having started all 19 games for the Crusaders last season. "Renee is a steady player who gets the job done. She is low and quick and concentrates well on the task at hand and she is able to help in the midfield or on the back line," said Galligan. "Susie has a great deal of experience and talent. She has raised her game to a level where she can make an impact on the field under pressure. She is quick and aggressive and has a sparkplug presence."

Junior **Laura Cohen** will also bring a veteran presence to the midfield, after starting all 19 games for HC last season. "Laura is a very smart player who has great vision and poise. She can play a small game but is best with her power hits. She is able to initiate fast break



2005 Preview

situations by threading balls through defensive walls to our front line.”

Sophomore **Katie Rowleson** has the potential to earn a starting position in the midfield and is versatile enough to play up front. “Katie made a dramatic improvement in the off-season with her skills and assertiveness. Her agility and quickness will offer attack momentum for her teammates this year.” Sophomores **Lauren Coletta** and **Kim Powell** both showed improvements in the Spring, which Galligan expects to pay off this season. “Laura and Kim both have a great work ethic and they will no doubt be able to put their natural defensive instincts to good use as their skills and tactics continue to improve.

Freshmen **Kristin Schulz**, **Jessie Cullen** and **Liz Morris** will also add depth on the mid and backlines.

GOALKEEPERS: Returning in the cage for the Crusaders in 2005 is All-League performer **Sony Kuhn**. Kuhn, who will serve as tri-captain this season, led the League in shutouts (8) and was second in the League in goals against average (1.47) last season. Nationally, she finished seventh in save percentage (0.818) and was 19th in saves (126). “Sony is a natural leader who offers

confidence in the net. She has a clear understanding of the game and does a good job of directing her defense. We trust her in our cage.”

Freshman **Erin Singleton** is a much-needed second goalkeeper for the Crusaders. “Erin is coming in with a lot of experience beyond her own

high school program. She will add immediate depth and strength to our goalkeeping,” said Galligan.



2005 Holy Cross Roster

No.	Name	Yr.	Pos.	Hometown/High School
1	Carolyn Connelly	So.	F/M	Greenland, N.H./Portsmouth
2	Lauren Coletta	So.	M/B	Mendon, Mass./Nipmuc Regional
3	Tara Welch	Jr.	F/M	New Boston, N.H./Goffstown Area
4	Liz Morris	Fr.	M/B	West Chester, Pa./West Chester East
5	Ashley Gutowski	Fr.	F/M	Conway, N.H./A. Crosby Kennett
6	Katie Rowleson	So.	F/M	Webster, N.H./Bishop Brady
9	Renee DiDonato	Sr.	M/B	Columbus, Ohio/Upper Arlington
10	Laura Cohen	Jr.	M/B	Summit, N.J./Kent Place
11	Kelly Bogue	Sr.	M/B	Haverford, Pa./Sacred Heart
15	Jessie Cullen	Fr.	M/B	Norwich, Vt./Hanover
16	Susie Whelan	Jr.	M/B	Acton, Mass./Acton-Boxboro
18	Eli Skovron	So.	F/M	Exeter, N.H./Exeter
19	Sara O’Coin	So.	F/M	Worcester, Mass./Notre Dame Academy
21	Kristin Schulz	Fr.	F/M	Fairfield, Conn./Fairfield
22	Jenna Cook	Sr.	F/M	Walpole, Mass./Walpole
23	Kim Powell	So.	M/B	Chapel Hill, N.C./Chapel Hill
27	Erin Singleton	Fr.	GK	Amesbury, Mass./Amesbury
28	Sony Kuhn	Sr.	GK	Cincinnati, Ohio/Ursula Academy

Head Coach: Meg Galligan (21st Season, Boston College ‘78)

Assistant Coach: Ali Hawk (First Season, Holy Cross ‘99)

2005 Captains: Kelly Bogue ‘06, Jenna Cook ‘06, Sony Kuhn ‘06



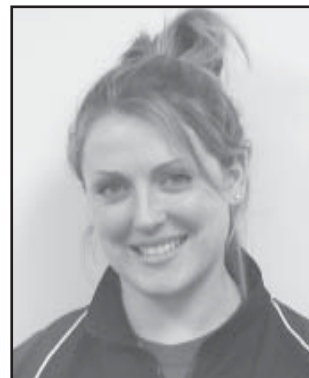
2005 Team Captains

KELLY BOGUE

11

Year: Senior
 Position: Midfield/Back
 Hometown: Haverford, Pa.
 High School: Sacred Heart
 Major: Political Science
 Minor: Economics

BOGUE'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2002	3-0	0	0	0	0	0	0	0
2003	13-13	2	0	0	0	0	51	1
2004	19-19	1	0	0	0	0	72	0
Career	38-32	3	0	0	0	0	123	1



JENNA COOK

22

Year: Senior
 Position: Forward
 Hometown: Walpole, Mass.
 High School: Walpole
 Major: Visual Art Studies

COOK'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2002	19-0	13	3	3	9	0	6	0
2003	20-20	60	16	2	34	7	11	0
2004	19-19	67	12	9	33	3	30	0
Career	58-30	140	31	14	76	10	47	0



SONY KUHN

28

Year: Senior
 Position: Goalkeeper
 Hometown: Cincinnati, Ohio
 High School: Ursula Acad.
 Major: Biology

KUHN'S CAREER STATISTICS								
YR	GP-GS	MIN	GA	GAA	SV	SV %	W-L	SHO
2002	1-0	15:00	0	0.00	0	.000	0-0	0
2003	5-0	115:04	5	3.04	10	.667	0-2	0
2004	19-19	1330:00	28	1.47	126	.818	11-8	8
Career	25-19	1460:04	33	1.58	136	.804	11-10	8



2005 Team Captains

KELLY BOGUE

2004: Started all 19 games in a defensive role...Recorded 72 interceptions, which was third best on the team...Tallied a season-high nine interceptions at Dartmouth (10/31)...Registered 22 tackles...**2003: Holy Cross Most Improved** award...Played and started 13 games before suffering a season-ending injury... Recorded 51 interceptions and 41 tackles... Posted one defensive save. **2002:** National Academic squad...Patriot League Academic honor roll... Played in three games. **HIGH SCHOOL:** Voted Captain her senior year... Named All-League her junior and senior year... Earned All-State First Team honors.



**KELLY BOGUE,
2005 TRI-CAPTAIN**



**JENNA COOK,
2005 TRI-CAPTAIN**

JENNA COOK

2004: NFHCA Division I All-Region Second Team...First Team All-Patriot League...

Led HC in points (33) and assists (9)...Second on the team in goals (12), including three game-winners...Finished the season ranked in the League Top 10 in eight different

categories...**2003: First Team All-Patriot League...** Started in all 20 games... Lead team in scoring with 16 goals and two assists for 34 points... Her 16 goals rank third for most goals in a season by any HC player... Two-time *Patriot League Offensive Player of the Week* (9/22, 10/6)... Her seven game-winning goals led the team and the conference and four game-winners in league games also led the PL. **2002: Holy Cross Rookie of the Year...** Played in 19 games... Posted three goals and three assists, fourth on the squad in scoring... Named *Patriot League Rookie of the Week* (Sept. 30), after scoring her first collegiate goal in a 3-1 win over Colgate... Had a goal and assist in the 5-0 win over Sacred Heart (10/25).

HIGH SCHOOL: Captain her senior year... Massachusetts "Best of 60 Senior" selection... All-League her junior and senior year... *Boston Globe* All-Scholastic in 2001... *Boston Herald* All-Scholastic in 2000 and 2001... Leading scorer in the state in 2000... Regional All-American... Varsity starter on the 1999 and 2001 team that won the State Championship... Holds Walpole school record for career goals and assists.

SONY KUHN

2004: CoSida/ESPN The Magazine Academic All-District League...Led the league in shutouts (8) and shutouts league in goals against average (1.47), and fourth in both saves (126) and saves per game (6.63)...Ranked seventh nationally in save percentage (0.818) and ranked 19th in saves (126)...*Patriot League Defensive Player of the Week* (10/4, 10/25)...*ECAC Goaltender of the Week* (10/27)... NFHCA DI National Academic squad...Patriot League Academic honor roll...One of just two student-athletes to earn a perfect 4.00 GPA during the season...**2003:** NFHCA DI National Academic squad...PL Academic team...Saw action in five games... Recorded three saves in a career-high 38 minutes versus Brown (10/29). **2002:** NFHCA DI National Academic squad...PL Academic team ... Appeared in one game...**HIGH SCHOOL:** All-League First Team... Selected to the Ohio All-Star team... Named team's MVP in 2001... Received the school's Scholar-Athlete Award... Member of the Under-19 Ohio at the National Futures Tournament.



**SONY KUHN,
2005 TRI-CAPTAIN**



2005 Returning Players

RENEE DiDONATO

9



Year: Senior
 Position: Midfield/Back
 Hometown: Columbus, Ohio
 High School: Upper Arlington
 Major: Biology

DiDONATO'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2002	3-0	0	0	0	0	0	0	0
2003	12-0	1	0	0	0	0	11	0
2004	19-19	3	0	1	1	0	39	1
Career	34-19	4	0	1	1	0	50	1

2004: Started all 19 games...recorded her first collegiate assist against Providence (9/8)...tallied 39 interceptions, 21 tackles and one defensive save...NFHCA Division I National Academic squad ...Patriot League Academic honor roll...**2003:** NFHCA DI National Academic squad...Patriot League Academic honor roll...Played in 12

games... Recorded 11 interceptions and five tackles. **2002:** National Academic squad...Patriot League Academic honor roll Played in three games. **HIGH SCHOOL:** Captain her senior year... All-State selection her junior and senior year... Named the 2001 team's "Best Offensive Player".

LAURA COHEN

10



Year: Junior
 Position: Midfield
 Hometown: Summit, N.J.
 High School: Kent Place
 Major: Spanish

COHEN'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2003	12-0	1	0	0	0	0	6	0
2004	19-19	25	2	2	6	1	52	0
Career	31-19	26	2	2	6	1	58	0

2004: Started all 19 games...Recorded two goals and two assists for six points...Scored first collegiate goal against Providence (9/8)... tallied 52 interceptions and 35 tackles...**2003:** Played in 12 games with one shot... Registered six interceptions and 12 tackles... **HIGH SCHOOL:** Captain her senior year at Kent Place... Earned All-

Conference, All-County and All-North Jersey honors her junior and senior year... Was named All-State as a senior and was also a member of the 2002 and 2003 U-19 NJ team at the National Futures Tournament.

TARA WELCH

3



Year: Junior
 Position: Forward
 Hometown: New Boston, N.H.
 High School: Goffstown Area
 Major: Economics

WELCH'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2003	20-7	31	7	3	17	2	20	1
2004	18-18	49	14	3	31	4	29	0
Career	38-25	80	21	6	48	6	49	1

2004: *Second Team All-Patriot League*...Led HC in goals (14), including four game-winners...Ranks second on the team in points (31)...PL Player of the Week (9/13)...Ranked second in the League in goals and goals per game (0.82)...Ranked fourth in the PL in points and fifth in points per game...NFHCA DI National Academic team...Patriot League Academic team...**2003:** Played in 20 games, starting seven... Posted seven goals and three assists, third on the

squad in scoring...Patriot League *Rookie of the Week* (Sept. 8 & Sept. 26), after scoring her first collegiate goal in her first collegiate game against Siena (9/3)...Her seven goals are the most by any HC freshman player since Jes Gulino '01 scored 11 goals in 1997. **HIGH SCHOOL:** Elected captain in her senior season... Started for the 2001 state championship team... Named All-League and All-State her senior year... Selected All-Metro her junior and senior year.



2005 Returning Players

SUSIE WHELAN

16



Year: Junior

Position: Midfield/Back

Hometown: Acton, Mass.

High School: Acton-Boxborough

Major: Visual Art Studies

WHELAN'S CAREER STATISTICS

YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2003	20-20	4	0	0	0	0	70	3
2004	19-19	17	5	0	10	2	54	1
Career	39-39	21	5	0	10	2	94	4

2004: Started all 19 games...Finished fourth on the team in scoring with five goals and 10 points...tallied 54 interceptions (fifth) and 31 tackles (fourth)...**2003:** Only freshman player to start all 20 games... Tallied second-most interceptions on the team with 70 and ranked sixth on the squad with 36 tackles... Collected three defensive saves. **HIGH SCHOOL:** Elected captain her senior

year... Voted team MVP in both her junior and senior campaigns... Named All-League her junior and senior year... The state's "Best of 60" selection, she started for the 2002 state championship squad... A 2001 Junior Olympics participant and member of the 2002 and 2003 U-19 team, and 2001 and 2000 U-16 Mass squads at the National Futures Tournament.

LAUREN COLETTA

2



Year: Sophomore

Position: Midfield/Back

Hometown: Mendon, Mass.

High School: Nipmuc Reg.

Major: Biology

COLETTA'S CAREER STATISTICS

YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2004	10-0	0	0	0	0	0	8	0
Career	10-0	0	0	0	0	0	8	0

2004: Appeared in 10 games...recorded eight interceptions and three tackles...NFHCA DI National Academic team...Patriot League Academic team...**HIGH SCHOOL:** Three-time MVP and two-time team captain... Conference Player of the Year her junior and

senior seasons... All-Conference in 2001, 2002 and 2003... *Worcester Telegram & Gazette* All-Star in 2002 and 2003... Massachusetts "Best of 60" All-Star Team... Holds Nipmuc Regional HS record for most goals (64).

CAROLYN CONNELLY

1



Year: Sophomore

Position: Foward/Midfield

Hometown: Greenland, N.H.

High School: Portsmouth

Major: Undeclared

CONNELLY'S CAREER STATISTICS

YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2004	12-0	3	1	0	2	0	1	0
Career	12-0	3	1	0	2	0	1	0

2004: Appeared in 12 games...Scored first collegiate goal against URI (10/24)...Registered four tackles and one interception ...**HIGH SCHOOL:** Voted captain in her senior season... Earned New Hampshire All-State accolades in her sophomore, junior and senior seasons... Named to the *Boston Globe* All-Scholastic Team her

in 2002 and 2003... Member of the New Hampshire All-State Senior Twin Team in 2003 and three-time team member for New Hampshire at the National Futures Tournament... Also a member of the dive team and captained the spring track team.



2005 Returning Players

SARA O'COIN

19



Year: Sophomore
 Position: Forward/Midfield
 Hometown: Worcester, Mass.
 High School: Notre Dame Academy
 Major: Undeclared

O'COIN'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2004	9-0	2	1	0	2	0	1	0
Career	9-0	2	1	0	2	0	1	0

2004: Appeared in nine games...Scored first collegiate goal at Georgetown (10/17)...**HIGH SCHOOL:** Varsity starter on back-to-back Division I. State Championship teams... *Worcester Telegram &*

Gazette All-Star Team... Massachusetts "Best of 60" All-Star Team... Led Central Massachusetts in points scored in 2003.

KIM POWELL

23



Year: Sophomore
 Position: Midfield/Back
 Hometown: Chapel Hill, N.C.
 High School: Chapel Hill
 Major: Undeclared

POWELL'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2004	11-0	0	0	0	0	0	2	0
Career	11-0	0	0	0	0	0	2	0

2004: Appeared in 11 games...recorded three tackles and two interceptions...**HIGH SCHOOL:** Captain her senior year... Voted

Team MVP... Two-time First Team All-Conference selection... Starter on the 2000 State Championship team and State Runner-Up in 2002 and 2003.

KATIE ROWLENSON

6



Year: Sophomore
 Position: Forward/Midfield
 Hometown: Webster, N.H.
 High School: Bishop Brady
 Major: Undeclared

ROWLENSON'S CAREER STATISTICS								
YR	GP-GS	SH	G	A	PTS	GWG	INT	DS
2004	5-0	0	0	0	0	0	1	0
Career	5-0	0	0	0	0	0	1	0

2004: Appeared in five games...recorded one interception...**HIGH SCHOOL:** Elected captain in her junior and senior seasons... 2003 New Hampshire Player of the Year... Earned Second Team All-State honors as a freshman... Earned First Team All-State accolades her sophomore, junior and senior seasons... Selected to the Twin

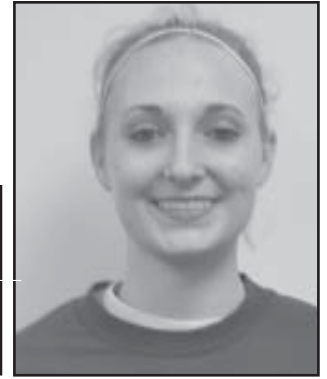
State Team in 2003... 2004 member of Team New Hampshire at the National Futures Tournament... Received the New Hampshire High School Women's Athletic Academic Award in 2004... Also a member of the ice hockey team and captain of the lacrosse team.



2005 Returning Players/Newcomers

ELI SKOVRON

18



Year: Sophomore
 Position: Forward/Midfield
 Hometown: Exeter, N.H.
 High School: Exeter
 Major: Undeclared

SKOVRON'S CAREER STATISTICS								
YR	G/GS	SH	G	A	PTS	GWG	INT	DS
2004	11-1	4	0	0	0	0	1	0
Career	11-1	4	0	0	0	0	1	0

2004: Appeared in 11 games...Made one start...recorded four shots and three shots on goal...had one interception and one tackle...**HIGH SCHOOL:** Captain her senior year... Three-year team member for New Hampshire at the National Futures Tournament... *Boston Globe*

All-Scholastic Team and All-State her senior year... Selected to the Twin State Team in 2003... Also a three-year starter on the varsity lacrosse team... Member of the National Honor Society and Latin Honor Society.

JESSIE CULLEN 15

Year: Freshman
 Position: Midfield/Back
 Hometown: Norwich, Vt.
 High School: Hanover

High School: Captain Junior and Senior Year...four-year starter... two-time MVP...First Team All-State (Soph., Jr., Sr.)... Twin State All-Star NH Team 2004...Scholar-Athlete award 2004.

ASHLEY GUTOWSKI 5

Year: Freshman
 Position: Forward/Midfield
 Hometown: Conway, N.H.
 High School: A. Crosby Kennett

High School: Captain Senior year...First Team All-State 2004... Second Team All-State 2003...National Futures Tournament 2004 ...Scholar-Athlete award 2004...Twin State All-Star NH Team 2004.

LIZ MORRIS 4

Year: Freshman
 Position: Midfield/Back
 Hometown: West Chester, Pa.
 Highschool: West Chester East

High School: First Team All-League 2004...Team Defensive MVP award...Scholar-Athlete award 2004.

KRISTIN SCHULZ 21

Year: Freshman
 Position: Forward/Midfield
 Hometown: Fairfield, Conn.
 Highschool: Fairfield

High School: Captain Senior year...four-year starter...First Team All-State 2004...First Team All-League 2004, 2002...Conn. Post MVP 2004...Second Team All-State 2002...Conn. State Championship team 2004... National Futures Tournament 2005, 2004, 2003... Scholar-Athlete award 2004.

ERIN SINGLETON 27

Year: Freshman
 Position: Goalkeeper
 Hometown: Amesbury, Mass.
 Highschool: Amesbury

High School: Captain Senior year...Massachusetts 'Best of 60' 2004... two-year All-Star...Coaches Award 2004...Regional All-American 2004...selected to B Camp 2004...Junior Olympics 2003... National Futures Tournament 2003, 2004.



2004 Statistics

NO.	PLAYER	OVERALL									LEAGUE GAMES			
		G/GS	SOG	G	A	PTS	GWG	INT	TAC	DS	G/GS	G	A	PTS
22	Jenna Cook	19/19	50	12	9	33	3	30	15	0	5/5	2	2	6
3	Tara Welch	18/18	41	14	3	31	4	29	14	0	4/4	1	1	3
8	Christina Zorzi	17/17	19	7	5	19	1	14	10	0	4/4	2	0	4
16	Susie Whelan	19/19	10	5	0	10	2	54	31	1	5/5	2	0	4
4	Cat Kerman	19/19	16	2	3	7	0	75	61	1	5/5	0	0	0
10	Laura Cohen	19/19	12	2	2	6	1	52	35	0	5/5	1	0	2
5	Laura Potts	19/19	7	0	2	2	0	55	26	1	5/5	0	2	2
1	Carolyn Connelly	12-0	2	1	0	2	0	1	4	0	4/0	0	0	0
7	Meg Ryan	10/1	7	1	0	2	0	3	5	0	4/1	1	0	2
19	Sara O'Coin	9-0	2	1	0	2	0	1	0	0	3/0	0	0	0
9	Renee Didonato	19/19	2	0	1	1	0	39	21	1	5/5	0	0	0
17	Torrey Shillieto	2/1	0	0	1	1	0	0	1	0	0/0	0	0	0
15	Caitlin Moynihan	19/19	1	0	0	0	0	92	41	1	5/5	0	0	0
11	Kelly Bogue	19/19	0	0	0	0	0	72	22	0	5/5	0	0	0
18	Eli Skovron	11/1	3	0	0	0	0	1	1	0	5/1	0	0	0
23	Kim Powell	11/0	0	0	0	0	0	2	3	0	3/0	0	0	0
12	Christina Sweeney	13/1	1	0	0	0	0	1	0	0	1/0	0	0	0
2	Lauren Coletta	10/0	0	0	0	0	0	8	3	0	1/0	0	0	0
5	Katie Rowlenson	5/0	0	0	0	0	0	1	0	0	0/0	0	0	0
21	Caitlin Kelly	2/0	0	0	0	0	0	4	0	0	0/0	0	0	0
HOLY CROSS		19	174	45	26	116	11	534	293	5	5	9	5	23
OPPONENT TOTALS		19	139	28	17	73	8			8	5	6	2	14
GOALKEEPERS		G/GS	MIN	GA	GAA	SVS	SV%	SHO	W-L					
Sony Kuhn		19/10	1330:00	28	1.47	126	.818	8	11-8					
<i>Patriot League Stats</i>		5/5	350:00	6	1.20	46	.885	3	3-2					
OPPONENT TOTALS		19	1320:00	45	2.39	133	.747	3	8-11					
<i>PL Opponent Totals</i>		5	350:00	9	1.80	41	.820	1	2-3					

2004 Results (11-8, 3-2 PL)	
8/31	SIENA W, 3-0
9/3	QUINNIPIAC W, 5-0
9/5	at Yale..... W, 3-2
9/8	PROVIDENCE..... W, 4-1
9/11	at NortheasternL, 4-0
9/19	VERMONT W, 4-0
9/25	at Colgate *L, 2-1
9/29	BOSTON COLLEGE....L, 3-2
10/2	at Lehigh * W, 2-0
10/6	at FairfieldL, 1-0
10/9	BUCKNELL * W, 3-0
10/10	MAINE L, 4-1
10/16	at American *L, 4-0
10/17	at Georgetown..... W, 5-0
10/23	LAFAYETTE * W, 3-0
10/24	RHODE ISLAND..... W, 4-0
10/31	at Dartmouth.....L, 2-1
11/2	BROWN..... W, 2-1
11/6	at Colgate \$.....L, 4-2
BOLD CAPS - Home Games	
* - Patriot League Game	
\$ - Patriot League Tournament (at Colgate)	

2004 FINAL PATRIOT LEAGUE STANDINGS				
Team	PATRIOT		OVERALL	
	W-L	Pct.	W-L	Pct.
#!American	5-0	1.000	19-3	.864
*Colgate	3-2	.600	12-8	.600
*Holy Cross	3-2	.600	11-8	.579
*Lehigh	2-3	.400	9-10	.473
Bucknell	1-4	.200	6-13	.316
Lafayette	1-4	.200	4-14	.222
# - Patriot League regular season champions				
* - clinched Patriot League Tournament berth				
! - Patriot League Tournament champions				

2004 PATRIOT LEAGUE TOURNAMENT

at Colgate University, Nov. 6-7

Semifinal Round
 #1 American def. #4 Lehigh, 4-0
 #2 Colgate def. #3 Holy Cross, 4-2

Championship Game
 #1 American def. #2 Colgate, 3-0

NCAA Tournament - First Round
 at Maryland
 American def. Iowa, 2-1

NCAA Tournament - Second Round
 at Maryland
 No. 3 Maryland def. American, 2-0



Tradition of Excellence

PATRIOT LEAGUE SUCCESS

The Holy Cross Field Hockey program has established itself as one of the top programs in the East by claiming three Patriot League Championships (1997, 98 and 00), which earned them three appearances in the NCAA Play-in series, and making five PL Championship Game appearances in the past eight years. From 1997-2004, Head Coach Meg Galligan has compiled a 46-13 record against

HC finished the season ranked in the top 20 nationally for Scoring Defense in four of the past five years.

Patriot League competition and in addition, led her 1998 team to the most wins in school history (16), and national ranking of 18th. In 2000, Coach Galligan was named the league's coach of the year for the third time in her career and her 1997 team was awarded the *Team Award of Excellence* by the Commonwealth of Massachusetts Governor's Committee on Physical Fitness

in recognition of Holy Cross' portrayal of teamwork, discipline, determination, loyalty and pride.

HISTORICAL SUCCESS

Under the direction of head coach Meg Galligan, the Holy Cross field hockey team has created a tradition of unparalleled success. Ten Patriot League Tournament appearances in the last 11 years in addition to a season-best 16 victories in 1998 all culminated into consecutive championship seasons in 1997 and 1998 and then again in 2000.

In the past 11 seasons, Holy Cross has compiled a 121-94-1 mark with the programs most successful run coming during the 1998-00

HC placed in the Top 20 Nationally for both Margin of Victory and Winning Percentage in three of the last five years.

stretch where a 38-23 record marked the best three-year period in the history of the program. The 1993 campaign laid the groundwork for future accomplishments. For the first time in ten seasons of Division I competition, Holy Cross accomplished its best record to date at 12-7-1 and gained a berth in the prestigious ECAC Division I Tournament. The 1994 campaign was equally as impressive. The skilled Crusader defense yielded only 16 goals in 20 games en route

to a second-consecutive 12-7-1 record. Holy Cross also established a school record by shutting out nine opponents. The highlight of the campaign was a 2-1 upset of Patriot League rival Lafayette which assured Holy Cross of a berth in the inaugural Patriot League Tournament.

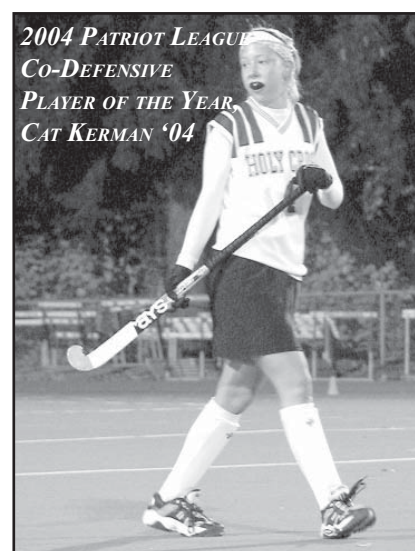
In 1995, the Crusaders earned their second-consecutive league tournament berth after finishing tied for second. The 1996 season proved to be a rebuilding year for Coach Galligan; however, the experience gained by that young squad paid tremendous dividends for the 1997 and 1998 seasons with back-to-back league championships. The 1997 season saw the Crusaders begin the season with five-consecutive victories and earn the number two seed in the Patriot League Tournament with a 4-2 league mark. By defeating Lafayette, 2-1, in the Championship game Holy Cross captured its first league

crown and hosted the NCAA Play-In game against Ball State, which resulted in a loss. The Crusaders seemed to carry the previous year's momentum into the Fall of 1998, winning nine of its first 11 games, highlighted by a school-record, seven-game win streak. HC captured its second-consecutive Patriot League title and a trip to the NCAA Play-In. After a rebuilding year in 1999, the Crusaders claimed their third Patriot League title

and first regular season title with a perfect 6-0 record in 2000. Holy Cross finished its impressive season ranked second in the nation in team defense and 11th in winning percentage and margin of victory, having received top-20 votes throughout the season. The Crusaders started the 2001 season by winning nine of their first 10 games en route to their second-consecutive regular season title. HC tied for fourth in the Nation in team defense, 14th in margin of victory and tied for 18th in winning percentage in 2001. In fact at one point during the season, that squad was ranked 20th nationally. In 2002, HC rallied from a 1-4 start to the season to finish 10-10 overall, highlighted by a 3-1 upset victory over nationally ranked (#19) Syracuse on the Hart AstroTurf Field. The Crusaders made their second consecutive appearance in the PL Championship Game in 2003 with a 13-7 record which included an impressive five-game winning streak and 5-1 record in the conference. In 2004, Holy Cross clinched the third-seed in the Patriot League Tournament with a 3-2 record, before falling to eventual runner-up Colgate.

ACADEMIC SUCCESS

As impressively as HC's student-athletes have performed on the field, their accomplishments in the classroom may be more impressive. Ali Roberts '99 was named the 1998 Patriot League Field Hockey Scholar-Athlete while 38 Holy Cross players have been selected to the national academic squad over the last 11 years. In addition, Holy Cross student-athletes have annually earned places on the Patriot League's Academic Honor Roll by earning a varsity letter and a 3.2 grade-point average, including an astounding 17 in 1996. HC Alumni Kati Griffith, Sarah Cox, Julie Silva, Meg Barry, Jillian LeClair, Heather Yanusas and Cat Kerman are the only four-time honorees.



2004 PATRIOT LEAGUE
Co-DEFENSIVE
PLAYER OF THE YEAR
CAT KERMAN '04

Holy Cross had 11 players selected to the Patriot League Academic Honor Roll and 10 to the Division I National Academic Squad last season.



Honors and Awards

NATIONAL ALL-AMERICA

2002 Liz Tutella, (Third)

NE REGIONAL ALL-AMERICA

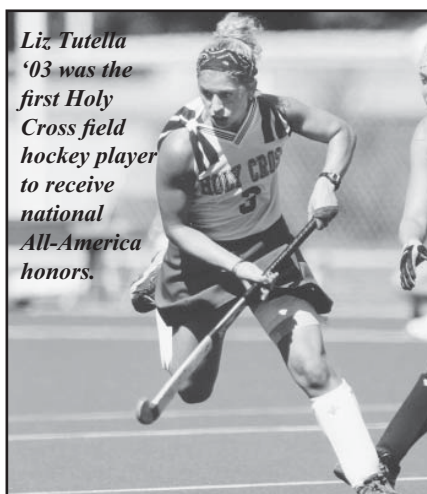
1990 Elizabeth Dennin, (Second)
 1992 Chantal Lacroix, (Second)
 1993 Michele Gagne, (Second)
 Chantal Lacroix, (First)
 1994 Julie Elmore, (Second)
 Michele Gagne, (First)
 1995 Julie Elmore, (Second)
 1997 Ali Roberts, (First)
 1998 Ali Roberts, (Second)
 1999 Annie Lavigne, (First)
 2000 Annie Lavigne, (First)
 Lifon Huynh, (Second)
 2001 Lifon Huynh, (First)
 Jennifer Corsilli, (Second)
 Liz Tutella, (Second)
 2002 Jennifer Corsilli (Second)
 Liz Tutella (First)
 2003 Jillian LeClair (First)
 Jennifer Corsilli (Second)
 2004 Jenna Cook (Second)
 Cat Kerman (First)

NORTH-SOUTH SENIOR ALL-STAR

1994 Michele Gagne
 1996 Meredith Ellavsky
 1997 Marian Lemos
 1998 Ali Roberts

NATIONAL ACADEMIC SQUAD

Sara Barrett (2002)
 Meg Barry (2002)
 Stephanie Bielagus (2002, 2003)
Kelly Bogue (2002)
 Marybeth Clark (1999, 2000, 2001)
Lauren Coletta (2004)
 Kristen Cortiglia (1999)
 Sarah Cox (1997, 1998)
 Kate Dawson (1993)
Renee Didonato (2002, 2003, 2004)
 Julie Elmore (1994, 1995)



Liz Tutella '03 was the first Holy Cross field hockey player to receive national All-America honors.

Michelle Fecteau (1996, 1998, 1999)
 Kati Griffith (1994, 1995, 1996)
 Kelly Holmes (1999, 2000, 2001)
 Erin Hoye (1994)
 Caitlin Kelly (2004)
 Cathleen Kerman (2003, 2004)
Sony Kuhn (2002, 2003, 2004)
 Jillian LeClair (2000, 2001, 2002, 2003)
 Kim Lally (1997)
 Annie Lavigne (1999, 2000)
 Megan McCloskey (1998)
 Yuki Minami (1993)
 Caitlin Moynihan (2002, 2003, 2004)
 Laura Potts (2003, 2004)
 Ali Roberts (1996, 1997)
 Meg Ryan (2004)
 Colleen Schmitt (1998, 1999, 2000)
 Julie Silva (2000, 2001, 2002)
 Liz Tutella (2000, 2001)
Tara Welch (2004)
Susie Whelan (2003)
 Heather Yanusas (2000, 2002, 2003)
 Christina Zorzi (2001, 2002, 2003, 2004)

PATRIOT LEAGUE

PLAYER OF THE YEAR

1993 Chantal Lacroix
 1994 Michele Gagne (O)
 1995 Julie Elmore (D)
 1996 Meredith Ellavsky (Co-D)
 1998 Ali Roberts (O)
 2000 Colleen Schmitt (O)
 Annie Lavigne (D)
 2001 Lifon Huynh (D)
 2004 Cat Kerman (Co-D)

PATRIOT LEAGUE

ROOKIE OF THE YEAR

1993 Kathryn Kelly
 1997 Jes Gulino
 2000 Jennifer Corsilli (Co-)

PATRIOT LEAGUE

COACH OF THE YEAR

Meg Galligan (1992, 1997, 2000)

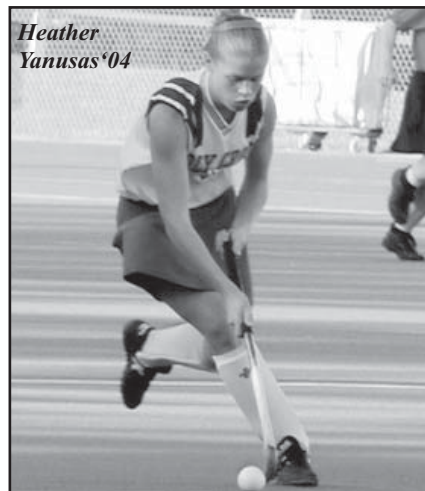
PATRIOT LEAGUE

SCHOLAR-ATHLETE

1998 Ali Roberts

ALL-PATRIOT LEAGUE

1990 Susan Campo
 Kristin Cieri
 Elizabeth Dennin
 1991 Kristin Cieri
 Nora Tracey
 1992 Michele Gagne
 Chantal Lacroix
 Nora Tracey
 1993 Michele Gagne
 Chantal Lacroix
 Liz Walsh



Heather Yanusas '04

1994 Susan Cameron
 Laurie Colarusso
 Michele Gagne
 1995 Meredith Ellavsky
 Julie Elmore
 Stacy Franklin
 1996 Meredith Ellavsky (First)
 Kati Griffith (First)
 Kate Sitterly (Second)
 1997 Marian Lemos (First)
 Alyssa Williams (First)
 Ali Roberts (Second)
 1998 Ali Roberts (First)
 Sarah Cox (First)
 Annie Lavigne (Second)
 Kim Ferguson (Second)
 1999 Annie Lavigne (First)
 Lifon Huynh (Second)
 Maquel Salley (Second)
 Kate Sitterly (Second)
 Colleen Schmitt (Second)
 2000 Annie Lavigne (First)
 Colleen Schmitt (First)
 Jennifer Corsilli (Second)
 Kim Ferguson (Second)
 Jes Gulino (Second)
 Lifon Huynh (Second)
 Liz Tutella (Second)
 2001 Jennifer Corsilli (First)
 Lifon Huynh (First)
 Liz Tutella (First)
 Jillian LeClair (Second)
 Heather Yanusas (Second)
 2002 Liz Tutella (First)
 Heather Yanusas (First)
 Jennifer Corsilli (Second)
 Cat Kerman (Second)
 Jillian LeClair (Second)
 2003 **Jenna Cook (First)**
 Jillian LeClair (First)
 Heather Yanusas (First)
 Cat Kerman (Second)
 2004 **Jenna Cook (First)**
 Cat Kerman (First)
 Sony Kuhn (Second)



Team Awards and Records

Caitlin Moynihan (First)
Tara Welch (Second)

ECAC PLAYER OF THE WEEK

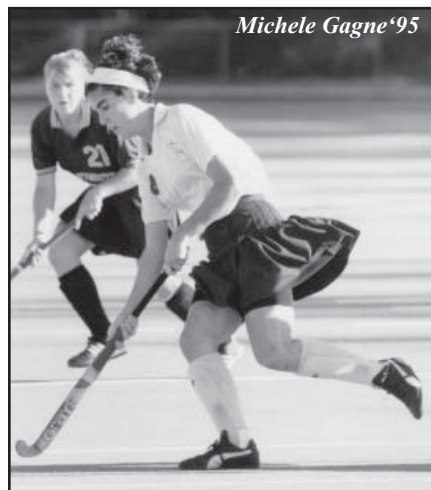
2004 **Sony Kuhn, 10/27 (GK)**

TEAM MVP

1991 Kristin Cieri
1992 Nora Tracey
1993 Chantal Lacroix
1994 Michele Gagne
1995 Julie Elmore
1996 Meredith Ellavsky
1997 Marian Lemos,
Alyssa Williams
1998 Ali Roberts
1999 Maquel Salley
2000 Annie Lavigne
2001 Lifon Huynh
2002 Liz Tutella
2003 Jillian LeClair
2004 Cat Kerman

TEAM MOST IMPROVED

1991 Liz Walsh
1992 Erin Hoyer
1993 Stacy Franklin
1994 Meredith Ellavsky
1995 Kati Griffith
1996 Stephanie Taylor
1997 Maura McGonagle
1998 Megan McCloskey
1999 Alice Edwards
2000 Mary Beth Clark, Julie Silva
2001 Meg Barry
2002 Caitlin Moynihan
2003 **Kelly Bogue**
2004 **Renee Didonato**



Michele Gagne '95

Michele Gagne is the only Holy Cross Field Hockey player to be inducted into the Hall of Fame (2003). A two-time Northeast Regional All-American, Gagne is also a member of the Patriot League All-Decade Team.

TEAM ROOKIE OF THE YEAR

1991 Laurie Colarusso
1992 Lori-Ann Lima
1993 Kathryn Kelly
1994 Marian Lemos
1995 Kate Sitterly
1996 Kim Lally
1997 Annie Lavigne
1998 Lifon Huynh
1999 Liz Tutella
2000 Jillian LeClair
2001 Cat Kerman
2002 **Jenna Cook**
2003 **Susie Whelan**
2004 **Lauren Coletta**

TEAM UNSUNG HERO

1991 Tara Schaffer
1992 Lisa O'Neill
1993 Liz Walsh
1994 Erin Hoyer
1995 Stacy Franklin
1996 Chris Kelley
1997 Erin O'Hara
1998 Sarah Cox
1999 Kate Sitterly
2000 Megan McCloskey
2001 Kelly Holmes, Melissa Ivers
2002 Julie Silva
2003 Kristina Dodier
2004 Caitlin Moynihan, Laura Potts

HOLY CROSS HALL OF FAME

2003 Michele Gagne '95

HOLY CROSS NORTON PRIZE

1991 Susan Campo '91
1997 Kati Griffith '97
1998 Marian Lemos '98
1999 Ali Roberts '99

HOLY CROSS COONEY AWARD

2001 Annie Lavigne '01

HOLY CROSS MEEGAN AWARD

1979 Jeanne L. DelSignore '79
1980 Janet M. McHugh '80
1983 Mary C. Fitzgerald '83
1994 Chantal Lacroix '94
2003 Liz Tutella '03

HOLY CROSS LAWLOR AWARD

1979 Jeanne DelSignore '79

INDIVIDUAL RECORDS

MOST GOALS

GAME:

4, Liz Tutella vs. Dartmouth, 2002
4, Simone Sliby vs. Fairfield, 1985
3, Heather Yanusas vs. Sacred Heart, 2002



Lifon Huynh '02

3, Jes Gulino vs. Fairfield, Hofstra, 1997
3, Kate Sitterly vs. Boston College, 1996
3, Michele Gagne vs. UMass-Lowell, 1994
3, Gagne vs. Rhode Island, 1992
3, Elizabeth Dennin vs. Bentley, BC, and Lowell, 1990
3, Chantal Lacroix vs. C.W. Post, 1993
3, Colleen Schmitt vs. Vermont, 2000
3, Julie Silva vs. Ursinus, 2000
3, Mary Beth Clark vs. Lafayette, 2000

SEASON:

19, Ali Roberts, 1998
19, Michele Gagne, 1994
19, Elizabeth Dennin, 1990
17, Colleen Schmitt, 2000
16, Jenna Cook, 2003
15, Michele Gagne, 1992
14, Tara Welch, 2004
14, Ali Roberts, 1997
13, Liz Tutella, 2002
13, Annie Lavigne, 1998
12, Jenna Cook, 2004
12, Elizabeth Dennin, 1988
12, Michele Gagne, 1993

CAREER:

48, Michele Gagne '95
41, Elizabeth Dennin '91
41, Liz Tutella '03
40, Ali Roberts '99
40, Colleen Schmitt '01
36, Kate Sitterly '99
31, Jenna Cook '06
29, Jes Gulino '01
21, Tara Welch '07
21, Annie Lavigne '01
21, Susan Campo '91
20, Maura O'Brien '89

MOST ASSISTS

GAME

5, Milne Crean vs. Fairfield, 1985



Holy Cross Records

- 4, Colleen Schmitt vs. Colgate, 1999
 3, Stacy Franklin vs. C.W. Post, 1993
 3, Sue Cameron vs. C.W. Post, 1993
 3, Beth Tracey, 1988

SEASON

- 17, Colleen Schmitt, 1999
 10, Ali Roberts, 1997
9, Jenna Cook, 2004
 9, Jillian LeClair, 2003
 9, Michelle Fecteau, 1998
 8, Heather Yanusas, 2002
 8, Stacy Franklin, 1994
 8, Jes Gulino, 2000
 8, Heather Yanusas, 2003
 7, Beth Tracey, 1988
 7, Simone Sliby, 1987
 7, Milne Crean, 1985
 7, Stacy Franklin, 1993
 7, Liz Tutella, 2001

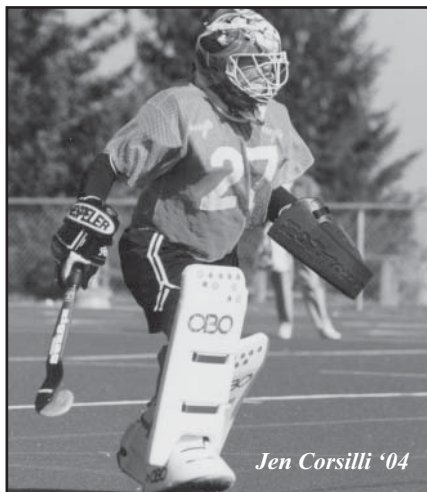
CAREER

- 24, Colleen Schmitt '01
 23, Heather Yanusas '04
 20, Jillian LeClair '04
 20, Ali Roberts '99
 19, Liz Tutella '03
 18, Stacy Franklin
 16, Jes Gulino '01
 15, Heather Yanusas, '04
 15, Simone Sliby '88
 15, Annie Lavigne '01
 15, Lifon Huynh '02

MOST POINTS

GAME

- 9, Simone Sliby vs. Fairfield, 1985
 8, Liz Tutella vs. Dartmouth, 2002
 7, Heather Yanusas vs. Sacred Heart
 2002
 7, Chantal Lacroix vs. C.W. Post, 1993
 6, Jes Gulino vs. Fairfield and
 Hofstra, 1997
 6, Kate Sitterly vs. BC, 1996



Jen Corsilli '04

- 6, Elizabeth Dennin vs. Fairfield,
 1988; BC, Lowell, and Bent-
 ley, 1990

- 6, Michele Gagne vs. URI, 1992;
 Lowell, 1994
 6, Colleen Schmitt vs. Vermont, 2000
 6, Julie Silva vs. Ursinus, 2000
 6, Mary Beth Clark vs. Lafayette,
 2000

SEASON

- 42, Ali Roberts, 1998
 39, Elizabeth Dennin, 1990
 38, Colleen Schmitt, 2000
 38, Ali Roberts, 1997
 38, Michele Gagne, 1994
 35, Colleen Schmitt, 1999
34, Jenna Cook, 2003
33, Jenna Cook, 2004
31, Tara Welch, 2004
 31, Liz Tutella, 2002
 30, Michele Gagne, 1992 and 1993
 30, Anne Lavigne, 1998
 29, Liz Tutella, 2001
 27, Liz Tutella, 2000
 27, Elizabeth Dennin, 1988
 27, Susan Campo, 1990

CAREER

- 104, Colleen Schmitt '01
 102, Michele Gagne '95
 101, Liz Tutella '03
 100, Ali Roberts '99
 89, Elizabeth Dennin '91
 83, Kate Sitterly '99
76, Jenna Cook '06
 74, Jes Gulino '01
 57, Annie Lavigne '01
 52, Susan Campo '91
 49, Maura O'Brien '89

MOST DEFENSIVE SAVES

GAME

- 7, Michelle Cargen
 vs. Colgate, 1990
 5, Michelle Cargen
 vs. Bucknell, 1990

SEASON

- 40, Michelle Cargen, 1990
 16, Michelle Cargen, 1989
 16, Wendy Barker, 1988
 14, Chantal Lacroix, 1992

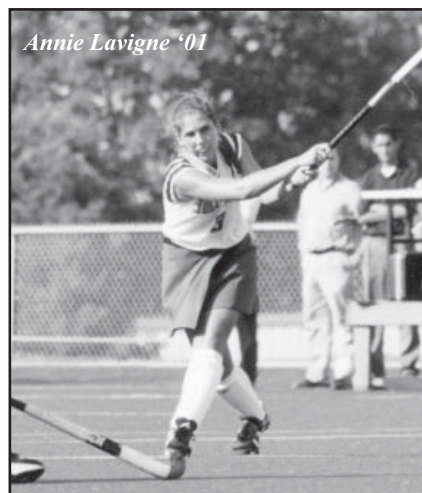
CAREER

- 58, Michelle Cargen '91
 30, Chantal Lacroix '94
 29, Wendy Barker '89

MOST INTERCEPTIONS

SEASON

- 259, Chantal Lacroix, 1993
 251, Laurie Colarusso, 1993



Annie Lavigne '01

- 231, Laurie Colarusso, 1994
 189, Milne Crean, 1985
 185, Meredith Ellavsky, 1996
 177, Kati Griffith, 1996
 171, Sarah Cox, 1997
 170, Kelly Cummings, 1996
 169, Jillian LeClair, 2001
 159, Maura McGonagle, 1998
 154, Annie Lavigne, 1998

CAREER

- 662, Laurie Colarusso '94
 553, Chantal Lacroix '93
 520, Annie Lavigne '01
 482, Meredith Ellavesky '96
 449, Jillian LeClair '04
 427, Kati Griffith '96
 420, Lifon Huynh '02
 390, Sue Cameron '94
 388, Michelle Fecteau '99
 382, Marian Lemos '97
 378, Kelly Cummings '96
 343, Sarah Cox '98

BEST SAVE PERCENTAGE

SEASON

- 90.6%, Kelly Ladendorf, 1989
 89.9%, Julie Elmore, 1994
 89.9%, Cheryl Lane, 1993
 89.2%, Julie Elmore, 1995
 88.0%, Kelly Ladendorf, 1988

CAREER

- 89.8%, Julie Elmore '96
 86.3%, Cheryl Lane '94
 85.0%, Kelly Ladendorf '90
 81.8%, Jen Corsilli '04
 80.98%, Maquel Salley '00

GOALS AGAINST AVERAGE

SEASON

- 0.78, Julie Elmore, 1994
 0.83, Jen Corsilli, 2000
 1.24, Cheryl Lane, 1993



Holy Cross/Patriot League Records

1.47, *Sony Kuhn, 2004*
 1.49, Julie Elmore, 1995
 1.49, Maquel Salley, 1998

CAREER

1.09, Julie Elmore '96
 1.24, Jen Corsilli '04

MOST SHUTOUTS

SEASON

9, Jennifer Corsilli, 2000
 9, Julie Elmore, 1994
8, *Sony Kuhn, 2004*
 8, Julie Elmore, 1995
 6, Cheryl Lane, 1993
 6, Jennifer Corsilli, 2001
 5, Maquel Salley, 1998,
 5, Kelly Ladendorf, 1989

CAREER

22, Jennifer Corsilli '04
 17, Julie Elmore '96
 12, Cheryl Lane '94
 10, Maquel Salley '00
 8, Kelly Ladendorf '90
 7, Maquel Salley '00

TEAM RECORDS

MOST GOALS:

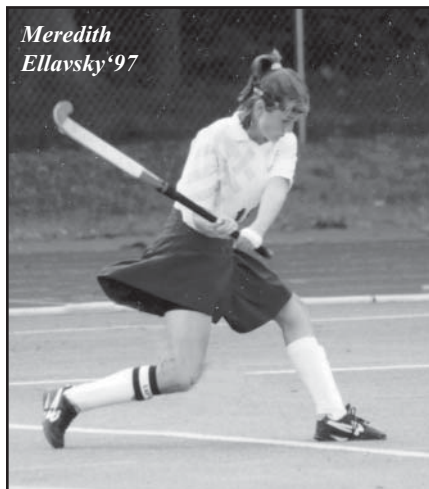
GAME: 8, vs. Colgate, 1999
 7, vs. Fairfield, 1988, 1985
 7, vs. Vermont, 2001

SEASON:

59, 1998
 47, 2000
 47, 1997
 46, 1990
 46, 2003
 45, 2004

MOST WINS:

SEASON: 16, 1998



Meredith Ellavsky '97

14, 2000
 13, 2003
 12, 2001
 12, 1994
 12, 1993
 11, 2004

MOST

CONSECUTIVE WINS

SEASON: 7, 1998
 6, 2000
 6, 2001

MOST SHUTOUTS

SEASON: 9, 2000
 9, 1994
 8, 2004
 8, 1995
 6, 1993
 6, 2001

FEWEST GOALS ALLOWED

SEASON: 16, 1994
 18, 2000
 19, 2001
 25, 1993
 28, 1992, 2002, 2004

PATRIOT LEAGUE INDIVIDUAL RECORDS

MOST POINTS:

SEASON:
 6. 42, Ali Roberts, 1998
 8. 39, Elizabeth Dennin, 1990
 9. 38, Colleen Schmitt, 2000
 38, Ali Roberts, 1997
 38, Michele Gagne, 1994

CAREER:

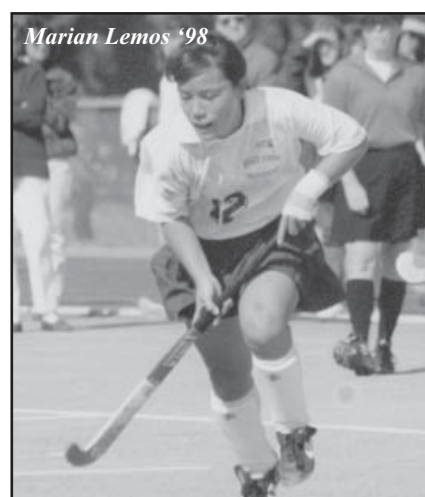
3. 104, Colleen Schmitt, 97-00
 5. 102, Michele Gagne, 92-95
 6. 101, Liz Tutella, 99-02
 7. 100, Ali Roberts, 95-98
 10. 83, Kate Sitterly, 95-98

MOST GOALS:

SEASON:
 4. 19, Ali Roberts, 1998
 19, Michele Gagne, 1994
 19, Elizabeth Dennin, 1990
 8. 17, Colleen Schmitt, 2000
 10. 15, Michele Gagne, 1992

CAREER:

2. 48, Michele Gagne, 92-95
 5. 41, Liz Tutella, 99-02
 6. 40, Colleen Schmitt, 97-00
 40, Ali Roberts, 95-98
 8. 36, Kate Sitterly, 95-98



Marian Lemos '98

MOST ASSISTS:

SEASON:
 2. 17, Colleen Schmitt, 1999
 8. 10, Ali Roberts, 1997

CAREER:

6. 24, Colleen Schmitt, 97-00
 8. 20, Ali Roberts, 95-98

GOALIE SAVES:

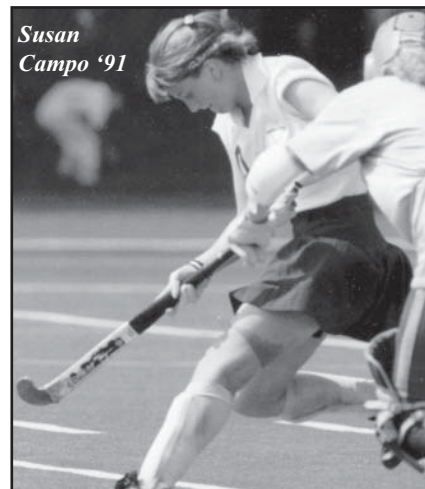
SEASON:
 4. 254, Cheryl Lane, 1993
 5. 240, Julie Elmore, 1995

CAREER:

7. 439, Jen Corsilli, 00-04

GOALS AGAINST AVG.:

SEASON:
 3. 0.78, Julie Elmore, 1993
 4. 0.83, Jen Corsilli, 2000
 6. 1.02, Jen Corsilli, 2001



Susan Campo '91



Year-by-Year Records

YEAR	COACH	WON	LOST	TIED	PCT
1983 @	Kathy Gibbons	5	13	0	.278
1984	Kathy Gibbons	3	12	0	.200
1985	Meg Galligan	3	10	2	.267
1986	Meg Galligan	4	12	1	.265
1987	Meg Galligan	2	16	1	.132
1988	Meg Galligan	8	11	0	.421
1989	Meg Galligan	4	11	3	.305
1990	Meg Galligan	9	10	0	.474
1991	Meg Galligan	5	14	0	.263
1992	Meg Galligan	8	9	1	.472
1993^	Meg Galligan	12	7	1	.625
1994\$	Meg Galligan	12	7	1	.625
1995\$	Meg Galligan	8	11	0	.421
1996	Meg Galligan	6	12	0	.333
1997\$*!	Meg Galligan	11	10	0	.524
1998\$*!	Meg Galligan	16	5	0	.762
1999\$	Meg Galligan	8	11	0	.421
2000%\$*!	Meg Galligan	14	7	0	.667
2001%\$	Meg Galligan	12	6	0	.667
2002\$	Meg Galligan	10	10	0	.500
2003\$	Meg Galligan	13	7	0	.650
2004\$	Meg Galligan	11	8	0	.578
22 Seasons	2 Coaches	184	219	10	.457

COACHING CAREER RECORDS

KATHY GIBBONS - 2 SEASONS
8-25-0 (.242)
MEG GALLIGAN - 20 SEASONS
176-194-10 (.476)



Holy Cross won its first Patriot League Title in 1997.

@ - First year of Division I Competition
^ - ECAC Tournament
! - NCAA Tournament Play-in Game

* - Patriot League Tournament Champions
% - Patriot League Regular Season Champions
\$ - Patriot League Tournament

PATRIOT LEAGUE YEAR-BY-YEAR

YEAR	COACH	WON	LOST	TIED	PCT
1990	Meg Galligan	2	2	0	.550
1991	Meg Galligan	0	4	0	.000
1992	Meg Galligan	2	2	0	.500
1993	Meg Galligan	3	1	0	.750
1994	Meg Galligan	2	2	0	.500
1995	Meg Galligan	2	2	0	.500
1996	Meg Galligan	2	4	0	.333
1997	Meg Galligan	4	2	0	.667
1998	Meg Galligan	5	1	0	.833
1999	Meg Galligan	3	3	0	.500
2000	Meg Galligan	6	0	0	1.000
2001	Meg Galligan	6	1	0	.857
2002	Meg Galligan	4	2	0	.667
2003	Meg Galligan	5	1	0	.833
2004	Meg Galligan	3	2	0	.600
14 Seasons		49	29	0	.628

GALLIGAN IN THE PATRIOT LEAGUE

14 SEASONS
OVERALL RECORD: 49-29-0 (.628)



In 2000, HC won its first-ever regular season title with a perfect 6-0 record and capped off an impressive season with its third Patriot League Championship.



Patriot League



The Patriot League, which was founded on the principles of admitting athletes who are academically representative of their class, is in its second decade of academic and athletic achievement. Participation in athletics at Patriot League institutions is viewed as an important component of a well-rounded education.



AU EAGLES

The Patriot League began as a successful Division I-AA football conference in 1986. Full League members include American, Army, Bucknell, Colgate, Holy Cross, Lafayette, Lehigh and Navy. Associate members include Fordham (football), Georgetown (football) and Villanova (women's lacrosse).

These member institutions are among the oldest and most prestigious in the nation. Alumni from Patriot League colleges and universities have played a leadership role in the shaping of our country.



In the classroom, the League's full-member institutions, individually and collectively, consistently rank among the top Division I programs in the NCAA Graduation Rates Report. In the most recent report on NCAA Graduation Rates, the Patriot League ranked first among all Division I conferences in student-athlete graduation rates and second in overall student graduation rates.



League members have also distinguished themselves on the field of play. Patriot League sponsors championship competition in 23 sports (11 for men; 12 for women). Championship teams from 13 sports are guaranteed advancement into the NCAA Championships or CCA play-in championships:



CAROLYN SCHLIE FEMOVICH
COMMISSIONER
PATRIOT LEAGUE

baseball, men's and women's basketball, field hockey, football, men's golf, men's lacrosse, men's and women's soccer, softball, men's and women's tennis and volleyball.

In the league's history more than 150 teams have been selected for post-season play in the NCAA, ECAC or National Invitational tournaments. The League also boasts 55 student-athletes who have qualified for NCAA Championships, the pinnacle of collegiate individual competition. A total of 155 Patriot League student-athletes have earned All-America honors. During the past three academic years, 53 of the Patriot League's 66 Scholar-Athletes of the Year also received All-League status for their exemplary athletic performance. Additionally, 19 of the Scholar-Athletes honored were named Players of the Year or Performers of the Meet in their respective sport.

In the league's history, 121 Patriot League student-athletes have been recognized as CoSIDA Academic All-Americans, while more than 8,000 more have qualified for the League's Academic Honor Roll by accumulating a 3.2 grade-point average and earning a varsity letter. Twenty-three student-athletes have received NCAA Postgraduate Scholarships. Additionally, Patriot League student-athletes have earned two Fulbright Scholarships, a Luce Foundation Scholarship, a Marshall Scholarship, two NACDA/Disney Scholarships, four National Football Foundation Scholarships and three ECAC/Robbins Scholar-Athlete of the Year awards among their many accomplishments.



First Team

Name	Yr	Pos.	School
Maureen Daniel	Jr.	M	American
Camila Infante	So.	F	American
Javiera Villagra	Jr.	M	American
Jacque DeMarco	So.	GK	Colgate
Ashley Schneider	Sr.	F	Colgate
Kath Shelley	Sr.	M	Colgate
Jenna Cook	Jr.	F	Holy Cross
Cat Kerman	Sr.	M	Holy Cross
Caitlin Moynihan	Sr.	D	Holy Cross
Sheila Clabby	Sr.	F	Lehigh
Krista Jamieson	Sr.	M	Lehigh



Second Team

Name	Yr	Pos.	School
Maggie Hall	Fr.	M	American
Denise Infante	Fr.	D	American
Heather Maranzano	Jr.	M	American
Callista Costopoulos	So.	M/D	Bucknell
Corin Inderbitzin-Brooks	Sr.	D	Bucknell
Liz Jordan	Jr.	GK	Bucknell
Alex Kyzmir	So.	F/M	Bucknell
Courtney Collins	Sr.	D	Colgate
Dana Shaner	Jr.	M	Colgate
Sony Kuhn	Jr.	GK	Holy Cross
Tara Welch	So.	F	Holy Cross
Jenna Bratz	Jr.	D	Lafayette
Amanda Eggleston	Jr.	M	Lafayette
Missy Farrand	Sr.	F	Lafayette
Mary Beth Kuenne	Jr.	D	Lehigh

2004 PATRIOT LEAGUE ALL-LEAGUE TEAMS



OFFENSIVE PLAYER OF THE YEAR

Camila Infante, So., F, American

CO-DEFENSIVE PLAYERS OF THE YEAR

Cat Kerman, Sr., M, Holy Cross
Kathy Shelley, Sr., M, Colgate

ROOKIE OF THE YEAR

Maggie Hall, Fr., M, American

GOALKEEPER OF THE YEAR

Jacque DeMarco, So., GK, Colgate

COACH OF THE YEAR

Cathy Foto, Colgate, 16th Season



College Administration

REV. MICHAEL C. MCFARLAND, S.J., PRESIDENT

On July 1, 2000, Rev. Michael C. McFarland, S.J. became the 31st president of the College of the Holy Cross.

Founded in 1843, Holy Cross is the oldest Catholic college in New England. *Barron's Profiles of American Colleges* ranks the College in a select group of the nation's 50 "most competitive" institutions of higher learning. Among America's top liberal arts colleges, Holy Cross is the only one that embraces a Catholic, Jesuit identity.

Prior to becoming president, Fr. McFarland was the Dean of the College of Arts and Sciences at Gonzaga University in Spokane, Washington. He was at Gonzaga for four years, where he was also a professor of computer science.

Fr. McFarland taught at Boston College from 1986 to 1996. As associate professor of computer science he created new courses in ethics and computers, computer architecture and digital systems. He created a laboratory for digital electronics and developed tutorial materials for a course on computers in management. He served as department chair for three years during his tenure at BC.

Born in Boston in 1948, Fr. McFarland lived for a time in California and later graduated from Xavier High School (now closed) in Concord, Mass. He completed his bachelor's degree in physics at Cornell University in 1969.

He earned a master's degree and Ph.D. in electrical engineering (computer engineering) at Carnegie Mellon University. He worked as a consultant from 1985-86 at the AT&T Bell Laboratories, doing research



in computer-aided design of digital systems. He continued his research at Bell Laboratories while he was teaching at Boston College.

Fr. McFarland has published articles in the *Proceedings of the IEEE* (the Institute of Electrical and Electronics Engineers), the *IEEE Transactions on Computers*, the *IEEE Transactions on Computer-Aided Design of Integrated Circuits and Systems*, *Formal Methods for System Design*, the *Journal of Systems and Software*, *Computer*, and *Technology and Society*. He was an associate editor of the *IEEE Transactions on Computer-Aided Design of Integrated Circuits and Systems* for three years and has been on numerous program committees for conferences such as the Design Automation Conference, the International Conference on Computer Design, the International Conference on Computer-Aided Design and the High-Level Synthesis Workshop.

Fr. McFarland joined the Jesuits in 1975. He studied at the Weston School of Theology in Cambridge, Mass., and earned a master's in divinity and Th.M. in social ethics. He was ordained in the St. Joseph Memorial Chapel at Holy Cross in 1984.

Fr. McFarland enjoys running six days each week in his free time and is a loyal Crusader sports fan.

OFFICERS OF THE COLLEGE



Frank Vellaccio
Senior Vice President



Stephen C. Ainlay
Chief Academic Officer



Michael Lochhead
Vice President for
Administration and Finance



**Jacqueline Dansler
Peterson**
Vice President for Student
Affairs and Dean of Students



Paul E. Sheff
Vice President for
Development and Alumni
Relations



William R. Durgin
Treasurer and Chief
Investment Officer



Athletic Department



RICHARD M. REGAN, JR., '76
DIRECTOR OF ATHLETICS

Richard M. Regan, Jr. '76 is now in his eighth year as the Director of Athletics at Holy Cross.

Regan, whose tenure began on July 1, 1998, became just the fourth Holy Cross Athletic Director in the last 50 years. "He is smart, full of energy, skilled in financial management and fully committed to Holy Cross," said then Holy Cross president Fr. Gerard Reedy, S.J. at the time of Regan's hiring.

Regan's first seven years have been productive ones for the Crusaders. During this period of time, 13 Holy Cross teams have advanced to NCAA tournament play – including at least one team in each of his seven seasons. The women's basketball team has been to the post-season in six

of the last seven years (five NCAA appearances, and a WNIT berth in 2002), while the field hockey (1998 and 2000) and women's soccer (2000) programs have also made NCAA appearances. Regan's tenure has also seen the first-ever NCAA appearances for the men's soccer (2002) and men's ice hockey (2004) teams. In 1999, Regan hired Ralph Willard as the men's basketball coach, a move which revitalized the program. The Crusaders have advanced to post-season play in four of the last five years, and become the first Patriot League team ever to advance to the NCAA tournament in three consecutive seasons (2001, 2002, and 2003).

Success is not measured only by wins and losses, but by other gains as well. In an effort to further increase the number of Crusader teams coached by full-time staff members, Regan announced the appointment of a full-time coaching positions in track, volleyball, women's lacrosse and softball. Gender equity has been a major focus of Regan's administration and he introduced the College's first two new varsity sport in more than 15 years — women's ice hockey and women's golf.

Improvements to the athletics facilities have also been part of Regan's focus. A new soccer stadium, set to debut in 2006 will be the home to not only both the men's and women's soccer teams, but its unique two-sided stands and press facilities will provide an additional benefit to home events for field hockey, men's lacrosse, women's lacrosse and outdoor track and field.

The baseball team will play in a new on-campus stadium beginning in 2005. And there have been improvements to other facilities as well, such as the softball field, the men's ice hockey locker room, and a new video room for the men's and women's basketball teams.

In addition to his duties on campus, Regan has become involved in college athletic policy on a national scale. From 1999-2004, he served a four-year term as a Division I-AA representative on the NCAA Division I Management Council. The Management Council, comprised of 49 athletic administrators and faculty athletic representatives from around the nation, reports directly to the NCAA's Division I Board of Directors. The Council is responsible for adopting operating bylaws and rules to govern Division I, interpreting Division I bylaws, reviewing recommendations from the Division I conferences and universities, and developing and implementing the Division I budget.

Prior to returning to Worcester in July of 1998, Regan worked for NFL International and NFL Europe (formerly the World League of American Football). He joined the New York office of the World League / NFL in 1991 and was based in London beginning in 1992. Over the next several

years he lived in London and Edinburgh, and served as Managing Director of the Scottish Claymores, Vice President of European Operations and Chief Operating Officer.

When the World League went through a reorganization following the 1992 season, National Football League Commissioner Paul Tagliabue appointed Regan as Managing Director of NFL International, Ltd., to oversee and develop the NFL's business interests throughout Europe. In that role, he was instrumental in establishing NFL International in Europe and planning and executing the NFL's American Bowl series of international games in London, Dublin, Barcelona and Berlin.

Regan held the post of Managing Director of Monarch International, Inc., a licensing and financial consulting firm, for three years before joining the World League.

After graduating from Holy Cross in 1976, Regan spent nine years working for Arthur Andersen & Company in its Boston, Mass., offices, rising to the level of senior manager. He then moved to the NFL with the New England Patriots, where he served in the role of Vice President-Finance from 1985-1988.

His ties to Mount St. James run deep, as he is the third generation of his family to attend Holy Cross. He is the son of Richard M. Regan '50, and grandson of Harold J. Regan '17. Regan's sisters, Mary ('77) and Ann ('80), also graduated from Holy Cross. His daughter, Deidre, will graduate from Holy Cross in 2006.

Born in Providence, R.I., Regan and his wife, Judi, have three daughters — Jennifer, Deirdre and Colleen.

ATHLETIC DEPARTMENT STAFF



Bill Bellerose '77
Associate A.D.



Ann Zelesky
Associate A.D., SWA



Rosemary Shea '87
Associate A.D.,
Compliance



Frank Mastrandrea '88
Assistant A.D.



Ralph Willard
Assistant A.D., Men's
Basketball Coach



Anthony Cerundolo
Head Athletic Trainer



Linda George
Asst. Business
Manager



Jen Kagno
Manager of Events and
Promotions



Charles Bare
Director Media
Relations



Brianne Mallaghan
Asst. Dir. Media Relations
(Field Hockey contact)



Amanda Wolf
Field Hockey Athletic
Trainer



Jack Moriary
Equipment Manager



Wellness Center

Opened in 1997, the Carol and Park B. Smith Wellness Center is a two-story facility which was built as an addition to the Hart Recreation Center. The Wellness Center provides state-of-the-art fitness equipment for varsity athletes and all other members of the Holy Cross community.

A \$1.5 million gift from Carol and Park B. Smith '54 kicked off the campaign to fund the facility. "Everyone today agrees that fitness is very important," Smith said. "I'm confident that this Wellness center - whose facilities will be second-to-none - will provide a real benefit to current and future Holy Cross students, teachers and staff."

With 15,000 square feet, the Wellness Center provides over four times more space than the College previously had for varsity and community exercise and training, and centralizes athletic equipment and facilities once found in five locations in three campus buildings.

On the first level, the center houses a highly versatile strength and conditioning center for Holy Cross' 650 student-athletes. There are areas for speed development programs, as well as for strength and endurance conditioning. The space, which is able to accommodate as many as 60 people at a time, enables Holy Cross' larger sports teams to work out together, thereby enhancing team unity.

The second floor has been designed for use by all students, faculty and staff. It has two sections: one for aerobic training, and the other for cardiovascular, variable-resistance and strength training. A diverse selection of equipment accommodates users ranging from beginners to advanced athletes. Its south facing wall is mostly glass, allowing most users a view of the practice fields and the rolling hills of central New England.

The center also offers programs that explore the connections between fitness and wellness, and help students learn how good health can complement and enhance other aspects of their educational experience. An advisory board comprising physicians, fitness and strength trainers, faculty members, psychologists, nutritionists, a College chaplain, and others are responsible for creating and coordinating programming for the Center.

With 6,500 square feet of the Center devoted solely to varsity

JEFF OLIVER

Strength & Conditioning Coach

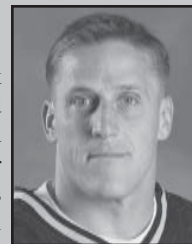
Jeff Oliver enters his 10th season as strength & conditioning coach. Oliver spent two seasons at Boston University as an assistant strength and conditioning coach. Oliver also serves as the strength and conditioning coordinator for the Worcester IceCats, the AHL affiliate of the St. Louis Blues organization.

Oliver graduated from Boston College in 1988 with a Bachelor of Science in Business Administration and was selected to receive the Thomas Scanlon Memorial award for Scholarship, Leadership and Community Service. His playing career did not end with Eagles, however, as Oliver went on to

play for the New York Jets from 1989-90, and finished his career as an offensive lineman for the Barcelona Dragons of the World Football League.

He earned his Masters in Education from Boston University in 1996 and is also a Certified Strength and Conditioning Specialist.

Oliver and his wife Kate have three children; Peter, Corinne and Claudia. They reside in Worcester.



athletes, a much greater number of athletes can be accommodated at one time, and teams can train together at times more convenient to their busy schedules as student-athletes.

The state-of-the-art equipment in the Wellness Center includes eight multi-purpose power racks, each with over 600 pounds of free weights; seven Olympic lifting platforms with over 375 pounds of rubberized free weights, more than 3000 pounds of dumbbells, 18 pieces of aerobic equipment, three full sets of plyometric boxes and a number of free weight-loaded pieces of equipment to accommodate injured athletes.



Recruiting Information

CORRESPONDENCE

It is important for prospective student-athletes to get in touch with head coach Meg Galligan as soon as possible. A simple letter of inquiry into the field hockey program will initiate the recruiting process. The spring of your junior year or early senior year is the most appropriate time to contact coach.

INTERVIEWS

Students are strongly encouraged to have admissions interviews. The office offers interviews from the summer **until January 15**. Alumni interviews in most metropolitan areas are available. Students must first submit an application and indicate they would like an alumni interview before December 31.

EARLY DECISION

Students who are absolutely, 100% confident Holy Cross is their top college choice are encouraged to apply during the Early Decision process.

FINANCIAL AID

All financial aid is awarded on the basis of need. Prospective student-athletes should complete the CSS "Profile Form" in early Fall.

CLEARINGHOUSE

The NCAA mandates that all student-athletes interested in competing at the Division I or II level must be certified through the NCAA Initial Eligibility Clearinghouse. Contact high school coaches, athletics director or guidance counselor for necessary registration forms.

TELEPHONE CALLS

As per NCAA by law 13.1.3.1, institutional staff members may not telephone a prospect (or the prospect's relatives or legal guardians) prior to July 1 following the prospect's completion of the junior year in high school. After July 1, institutional staff members may telephone a prospect once per week (measured Sunday through Saturday). The once-per-week limit applies to the entire institution.

VIDEO TAPES

In an attempt to make an accurate assessment as soon as possible, it is recommended that videotapes be forwarded to head coach Meg Galligan's attention as soon as possible. The video need not be an elaborate production. Some simple game or practice tape is sufficient with you being easily identified.

CONTACTS

As per NCAA by law 13.02.3, a contact is any face-to-face encounter between a prospect or the prospect's parent or legal guardian and an institutional staff member or athletics representative during which any dialogue occurs in excess of an exchange of a greeting. Any such face-to-face encounter that is prearranged or takes place on the grounds of the prospect's high school, or at the site of organized competition or practice involving the prospect's high school, preparatory school, two-year college, or all-star team is considered a contact, regardless of the conversation that occurs. We are limited to three off-campus contacts per prospective student-athlete.

EVALUATIONS

As per NCAA by law 13.02.6.1, an evaluation is any off-campus activity designed to assess the academic qualifications or athletic ability of a prospect, including any visit to a prospect's educational institution (during which no contact occurs) or the observation of a prospect participating in any practice or competition at any size. We are limited in our number of evaluations per prospective student-athlete.

OFFICIAL VISITS

According to NCAA by law 13.7.1.2, a prospect may not make more than five expense-paid visits to NCAA member institutions, regardless of the number of sports in which the prospect is involved. An institution may not provide an expense-paid visit to a prospect who has not presented the institution with a high school (or college) academic transcript and a score from a PSAT, an SAT, a PACTPlus, or an ACT test taken on a national testing date under national testing conditions.

UNOFFICIAL VISITS

According to NCAA by law 13.8.1, a prospect may visit an institution's campus at the prospect's own expense an unlimited number of times and may make an unofficial visit before the prospect's senior year in high school.

ADMISSIONS AND IMPORTANT DATES

ADMISSIONS AND APPLICATIONS:

You can reach our Admissions Office by calling (508) 793-2443. To receive an application, please call or send a written request to: Admissions Office, College of the Holy Cross, 1 College St., Worcester, MA 01610.

CALENDAR:

A typical recruiting calendar for a prospective student-athlete interested in field hockey would go something like this:

** **Spring/Summer of 2005** -- make unofficial visits to schools of interest and contact Head Coach Meg Galligan if Holy Cross falls within your top-five list of potential colleges.

** **Summer of 2005** -- Head Coach Meg Galligan will be in contact regarding student-athlete's interest and possible visit date.

** **December 15** -- Deadline for Admissions Early Decision.

** **January 15** -- Deadline for Admissions Regular Decision.

APPLICATION DEADLINES:

December 15 - Early Decision

December 31 - last day to request alumni interview (application needs to be postmarked by this date)

January 15 - Regular Decision

January 15 - last day for on-campus interviews



About Holy Cross

Holy Cross is renowned for its academic excellence and mentoring-based, liberal arts education in the Jesuit tradition. An exclusively undergraduate institution with just over 2,700 students, Holy Cross is the oldest Catholic college in New England. Founded in 1843 in Worcester, Massachusetts, the campus occupies 174 beautifully landscaped acres, featuring traditional and contemporary architecture, state-of-the-art facilities, and striking views from atop Mount St. James.

Academic life at Holy Cross is serious, challenging, and exciting. Student-professor exchanges in the classroom, as well as in countless informal settings, are at the center of academic life at Holy Cross. With a student-faculty ratio of 11:1, the opportunity for individual attention is readily available. Few classes exceed an enrollment of 40, and most average 19.

Holy Cross professors are widely respected in their academic specialties. Many have national reputations for their research and publications, creative performances, recordings, and exhibitions.

HOLY CROSS AT A GLANCE

Affiliation: Roman Catholic. Established by the Society of Jesus (the Jesuits)

Undergraduate enrollment: 2,718

46% Male / 54% Female

15% Minority and International

Percent out of state: 65%

Number of U.S. states and territories: 48

Number of foreign countries: 18

Student/Faculty ratio: 11 to 1

Number of faculty: 241 full time; 54 part time

Percentage of faculty who hold doctorates or terminal degrees: 94%

Varsity sports: 27

Participants: 711

Intramural sports: 7

Participants: 1,500

Club sports: 13

Participants: 200



Almost all of the nearly 280 full- and part-time faculty members hold doctoral degrees from some of the finest universities here and abroad.

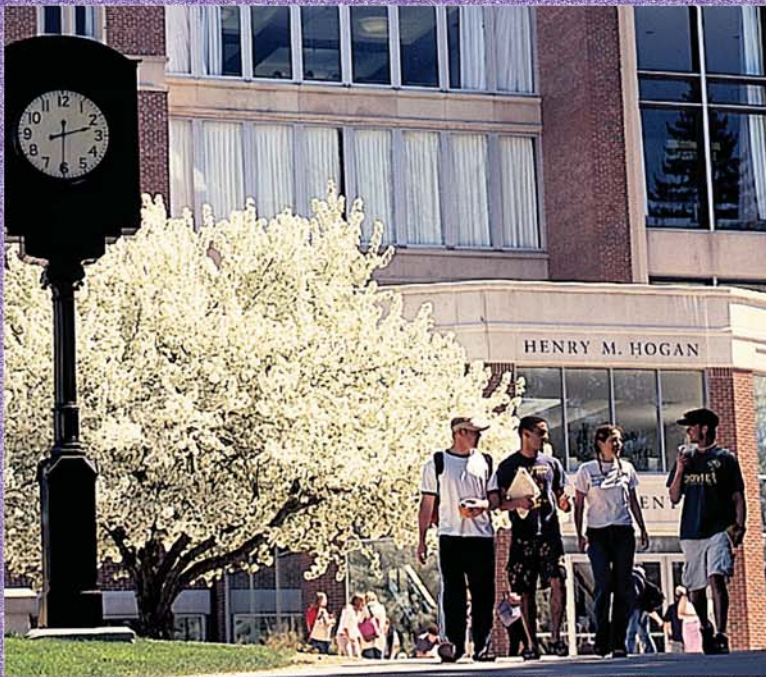
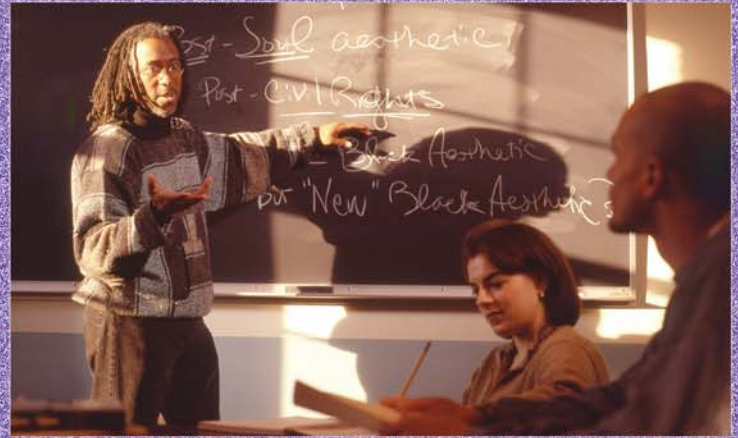
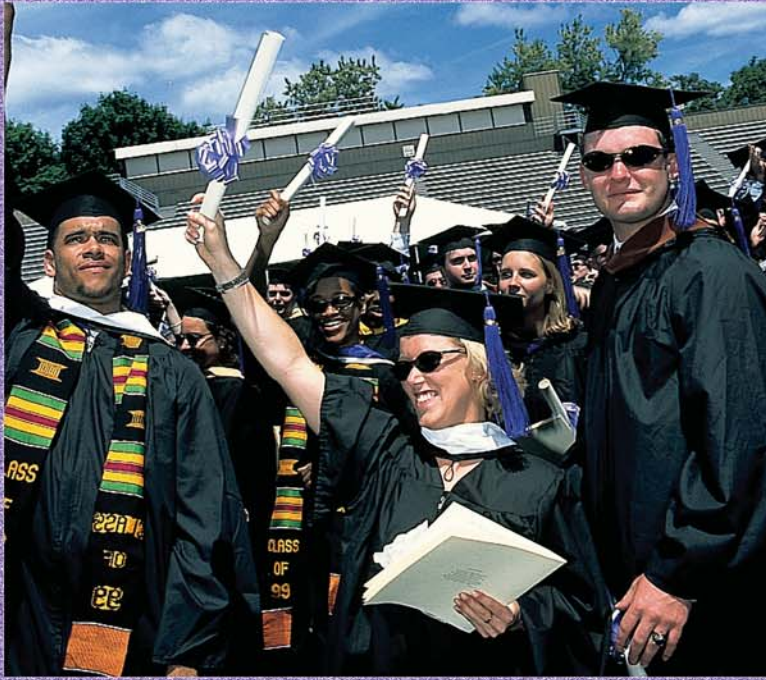
Among the major academic facilities on campus are Dinand Library (which, along with three other specialized libraries on campus, has total holdings of 601,730 volumes); Iris and B. Gerald Cantor Art Gallery (with a regular schedule of world-class exhibitions); Brooks Concert Hall (acclaimed by performers and acoustical experts as one of the finest medium-sized performance spaces in the region); St. Joseph Memorial Chapel (built in 1924 and containing the recently renovated McCooney Chapel on the lower level); Hogan Campus Center (with bookstore, post office, coffee lounge, cafeteria, and pub); Carol and Park B. Smith Hall (housing the Center for Religion, Ethics and Culture and the Rehm Library); the Multimedia Resource Center in Edith Stein Hall; and the science complex in Haberlin, O'Neil and Swords Halls.

Coeducational since 1972, Holy Cross enrolls a student body of proven accomplishment. Almost all graduated in the top 20 percent of their high school classes. Most live in 10 residence halls on campus, all fully connected to the College's computer network. Students, elected by their peers, represent their classmates at faculty meetings, on major College committees, and in a consultative capacity on the appointment and promotion of faculty. There are more than 100 co-curricular offerings on campus and diverse opportunities for innovative academic options such as the First-Year Program, community-based learning, Washington Semester, internships, and full-year study abroad.

Holy Cross integrates faith and knowledge with an emphasis on service, in keeping with the Jesuits' commitment to educate "men and women for others." A distinguishing and all-important characteristic of education at Holy Cross is the emphasis placed upon the service of faith and the promotion of justice. The Office of the College Chaplains advises Student Programs for Urban Development (SPUD), which is the largest student organization on campus. More than 450 students are involved in 37 direct-service programs in Worcester.



This is Holy Cross



One of the best liberal arts colleges in the United States, Holy Cross is highly respected for its superior undergraduate academic programs, accomplished faculty, and the intelligence, imagination and achievements of its students. It is also renowned for its strong, well-supported and enthusiastic commitment to the principle of educating men and women for others, in a community that generates a strong feeling of belonging and a vital sense of loyalty.

Holy Cross Field Hockey

2005 Schedule

August

30 Tue. SIENA..... 6:00 p.m.

September

4 Sun. at Quinnipiac..... 12:00 p.m.

7 Wed. at Providence 7:00 p.m.

10 Sat. **NORTHEASTERN**..... 12:00 p.m.

14 Wed. **RHODE ISLAND** 7:00 p.m.

16 Fri. **HARVARD** 4:00 p.m.

18 Sun. at New Hampshire 1:00 p.m.

21 Wed. **FAIRFIELD**..... 4:00 p.m.

25 Sun. **YALE**..... 1:00 p.m.

October

1 Sat. **COLGATE ***..... 12:00 p.m.

2 Sun. **BOSTON COLLEGE**..... 1:00 p.m.

8 Sat. **LEHIGH *** 12:00 p.m.

9 Sun. **DARTMOUTH**..... 1:00 p.m.

15 Sat. at Bucknell * 12:00 p.m.

16 Sun. at Albany 1:00 p.m.

22 Sat. **AMERICAN *** 12:00 p.m.

26 Wed. at Brown 4:00 p.m.

29 Sat. at Lafayette * 1:00 p.m.

November

5 Sat. Patriot League Semifinals.. TBA

6 Sun. Patriot League Championship ...TBA

* Patriot League Games

BOLD CAPS - Home Games



**PATRIOT
LEAGUE**

